

# The Hellenic Echo

## Volume 25 March 2016 No. 6

### *Holy Trinity's Mission Statement*

*To Worship and glorify God; by promoting the teachings of the Greek Orthodox Faith, to encourage all members' participation through our Greek culture, educational programs, community outreach and fundraising activities while serving God, our community and humanity with love.*



**Holy Trinity Greek Orthodox Cathedral**  
**740 Superior St. Toledo, Ohio 43604**  
**Telephone (419) 243-9189 Fax (419) 243-3799 Kitchen (419) 243-6836**

*Parish website:* [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com)  
*Email:* [htgoctol@sbcglobal.net](mailto:htgoctol@sbcglobal.net) *Festival website:* [www.toledogreekfest.com](http://www.toledogreekfest.com)

**Office Hours** Monday-Friday 9:00 am- 5:00 p.m.

**Sunday Services** Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Church School Following Holy Communion

**Week Day Divine Liturgy** Orthros 9:30 a.m. Divine Liturgy 10:15 a.m.

**Evening Vespers Divine Liturgy** 6:00 p.m. Consult Echo Calendar or Weekly Bulletin for times.

### **Clergy**

*Rev. Fr. Eleftherios (Larry) Legakis, cell (502)619-0800 home (419)517-9931*  
*[priestholytrinity@gmail.com](mailto:priestholytrinity@gmail.com)*

### **Support Staff**

**Office Manager** - Carole Faoiz      **Grounds and Maintenance** - Terry Timmons

**Chanters** - Kevin Haddad & Elaine Lillios

**Choir Director** - JoAnne Chrysochoos      **Organist** – Chris J. Zervos

### **Parish Council Members**

**President** – Dennis Lawrence, 17; **Vice-President** – E. T. Yakumithis 17; **Treasurer** – Paul Sieben 18;  
**Asst. Treasurer** – Ed Harwood, 16 - **Secretary** – Steven Papadimos, 18;  
**Asst. Secretary**- Peter Papadimos 16; Joyce Anagnos – 17; Kathy Chaka 16 - Mike George 16  
Steven Jenkins 18; Tom Photos – 17; - Kypros Proestos 17;  
George Sares – 18; Maria Tzanakis 16; – Manuel Yakumithis 18

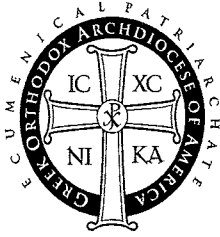
### **Parish Ministries**

**Philoptochos President:** Susie Doukides  
**Church School Director:** Dr. Susan Sieben  
**Altar Boy Captain:** Alex Pechlivanos  
**Adult and Youth Greek School:** Dawn Anagnos  
**GOYA Presidents:** Alex Pechlivanos & Maria Cook

**Youth:** Maria Tzanakis  
**Prosfora:** Connie Mynihan  
**Koliva:** Helen Matthews  
**Greek Dance Directors:** Persilla Zervos, Maria Tzanakis, Jan Theodorou Bollin & Ted Voudouris  
**Young at Heart President:** Becky Skiadas

**AHEPA President:** Thomas Photos  
**Daughters of Penelope President:** Maria Rosales  
**Maids of Athena President:** Maria Cook  
**Bookstore:** Margaret Hunt  
**Liturgical Readers:** Yanula Stathulis & Basil Apostolou  
**Friends of the Metropolis:** Dr. G.J. Biernacki  
**Cookbook - Olives Feta Phylo & More:** Pam Martin  
**Greek Kitchen:** Ann Mulopulos & Pauline Biernacki  
**Greek Luncheons:** Dr. Gerald J. Biernacki  
**Website:** Gene Haberman

*Celebrating 100 Years 1915-2015*  
*"Honor The Past and Embrace The Future"*



## **Holy Trinity Greek Orthodox Cathedral Metropolis of Detroit**



Fr. Larry Legakis, Cathedral Dean

740 N. Superior St. Toledo, Ohio 43604 Phone: 419 243-9189 Fax: 419 243-3799

Web: [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com) E-mail: [htgoctol@sbcglobal.net](mailto:htgoctol@sbcglobal.net)

Festival web: [www.toledogreekfest.com](http://www.toledogreekfest.com)

Dear Parish Family and Friends,

Not too long ago I lost my wedding ring. It was, as one would understand, very upsetting. The kids and I looked and looked and could not find it. The next day I went out and looked again and again I could not find it. A friend came over with a metal detector and again we could not find it. Eventually another friend came with a metal detector and we finally found it! I was so happy to find it and relieved. On a spiritual level humanity has lost something as well. What did we lose? We lost a strong unity and relationship with God. We may have lost other relationships during the year as well. This is why our Savior was sent to us to help regain what was lost. On March 15<sup>th</sup> we begin another Lenten Journey. We begin another journey to strengthen our relationship with Christ and one another.

Great Lent is our time to work on rebuilding or strengthening our relationships. First, with God. We do this by setting aside time for Him. We are asked to focus *more* on that relationship by being present in Church *more*, by absenting from certain foods *more*, and by reaching out to those who are need *more*. As we focus on God then other relationships heal and grow stronger as well. Saint Dorotheos of Gaza tells us how this happens:

*"Imagine a circle with its center and radii or rays going out from this center. The further these radii are from the center the more widely they are dispersed and separated from one another; and conversely, the closer they come to the center, the closer they are to one another.*

*Suppose now that this circle is the world, the very center of the circle is God, and the lines going from the center to the circumference or from the circumference to the center are the paths of men's lives. Then here we see the same.*

*Insofar as the Saints move inward within the circle towards its center, wishing to come near to God, then, in the degree of their penetration, they come closer both to God and to one another; moreover, inasmuch as they come nearer to God, they come nearer to one another, and inasmuch as they come nearer to one another, they come nearer to God. It is the same with drawing away ....*

*Such is the property of love; inasmuch as we are outside and do not love God, so each is far from his neighbor. But if we love God, inasmuch as we come near to Him by love of Him, so we become united by love with our neighbors, and inasmuch as we become united by love with our neighbors, so we become united with God." (Saint Dorotheos of Gaza, Directions on Spiritual Training, 4)*

My parish family and friends I pray that we remember to take this opportunity to grow closer to our Lord. To regain the relationship with Him that may have been lost and weakened over the year. I pray we remember that as we approach God with a humble and open heart we not only gain unity with Him but with all those around us. A Blessed Lent!

In Christ,

*Larry Legakis*  
Father Larry Legakis

# March 2016

## Holy Trinity Cathedral

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																										
<div>Feb 2016</div> <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29							<b>1</b> Byzantine Music Fellowship 7pm	<b>2</b> Bible Study 10:00 a.m. & 6:30 p.m. Youth Greek School 4-6 Adult 6-9pm	<b>3</b> Ahepa & Daughters of Penelope joint meeting 7 dinner 6pm	<b>4</b>	<b>5</b> 1st Saturday of Souls Orthros 9:30am Divine Liturgy 10:15am Daughters of Penelope Fundraiser Designer Purse Bingo 12 Noon
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<b>6</b> GOYA Lunch meeting Orthros 9:00am Divine Liturgy 10:00am Youth Sunday & Hellenic Dance Company Breakfast	<b>7</b> Parish Council meeting 7pm	<b>8</b> Byzantine Music Fellowship 7pm	<b>9</b> Bible Study 10:00 a.m. & 6:30 p.m. Youth Greek School 4-6 Adult 6-9pm	<b>10</b>	<b>11</b>	<b>12</b> 2nd Saturday of Souls Orthros 9:30am Divine Liturgy 10:15am Michigan Area Goya Retreat																																										
<b>13</b> HOPE/JOY meeting 5:30-7pm Oratorical Festival Orthros 9:00am Divine Liturgy 10:00am	<b>14</b> Great Lent Begins-Great Compline 6:00 pm Philoptochos Board Meeting 7pm	<b>15</b> Byzantine Music Fellowship 7pm	<b>16</b> Bible Study 10:00 a.m. & 6:30 p.m. Pre-Sanctified Divine Liturgy 6pm Youth Greek School 4-6 Adult 6-9pm	<b>17</b>	<b>18</b> Confession 4pm 1st Salutations 5pm Lenten Retreat	<b>19</b> 3rd Saturday of Souls Orthros 9:30am Divine Liturgy 10:15am																																										
<b>20</b> Orthros 9:00am Divine Liturgy 10:00am Sunday of Orthodoxy Great Vespers @ St. George (Woodley) Orthodoxy Sun.	<b>21</b> Great Compline 6:00 pm Philoptochos Regular Mtg. 7pm	<b>22</b> Byzantine Music Fellowship 7pm	<b>23</b> Bible Study 10:00 a.m. & 6:30 p.m. Pre-Sanctified Divine Liturgy 6pm Youth Greek School 4-6 Adult 6-9pm	<b>24</b> Young At Heart 6pm	<b>25</b> Orthros 9:30am Div. Lit. 10:15am Confession 6pm 2nd Salutations 7pm Annunciation	<b>26</b>																																										
<b>27</b> Greek Independence Day Celebration Orthros 9:00am Divine Liturgy 10:00am	<b>28</b> Great Compline 6:00 pm	<b>29</b> Byzantine Music Fellowship 7pm	<b>30</b> Bible Study 10:00 a.m. & 6:30 p.m. Pre-Sanctified Divine Liturgy 6pm Youth Greek School 4-6 Adult 6-9pm	<b>31</b>	<div>Apr 2016</div> <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </table>	S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
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# April 2016

## Holy Trinity Cathedral

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<b>3</b> GOYAL lunch meeting Orthros 9:00am Divine Liturgy 10:00am  Parish Assembly	<b>4</b> Parish Council meeting 7pm	<b>5</b> Byzantine Music Fellowship 7pm	<b>6</b> Bible Study 10:00 a.m. & 6:30 p.m.  Youth Greek School 4-6 Adult 6-9pm	<b>7</b> Daughters of Penelope meeting 6pm	<b>8</b> Confession 6pm 4th Salutions 7pm	<b>9</b> Set up for Plaki Dinner																																																																																				
<b>10</b> HOPE/JOY meeting 5:30-7pm  Orthros 9:00am Divine Liturgy 10:00am  Philoptochos Plaki Luncheon	<b>11</b> Philoptochos Board Meeting 7pm	<b>12</b> Byzantine Music Fellowship 7pm	<b>13</b> Bible Study 10:00 a.m. & 6:30 p.m.  Youth Greek School 4-6 Adult 6-9pm	<b>14</b>	<b>15</b> Akathist Hymn 7pm	<b>16</b>																																																																																				
<b>17</b> Greek Independence Day Parade Detroit  Orthros 9:00am Divine Liturgy 10:00am	<b>18</b> Philoptochos Regular Mtg. 7pm	<b>19</b> Byzantine Music Fellowship 7pm	<b>20</b> Bible Study 10:00 a.m. & 6:30 p.m.  Preparation of Shut-in Boxes  Youth Greek School 4-6 Adult 6-9pm	<b>21</b>	<b>22</b>	<b>23</b> Cathedral Clean-Up DOP Bake Sale  Orthros 9:30am Divine Liturgy 10:15am Lazarus																																																																																				
<b>24</b> Bridgroom Service 7pm  Daughters of Penelope Bake Sale  Orthros 9:00am Divine Liturgy 10:00am  Palm Sunday	<b>25</b> Bridgroom Service 7pm  Holy Monday	<b>26</b> Bridgroom Service Kassiani's Hymn 7pm  Holy Tuesday	<b>27</b> Holy Unction 3 & 7pm  Pre-Sanctified D.L. 9:30am  Holy Wednesday	<b>28</b> Div. Lit. of the Institution of The Eucharist 7:30am Drama of the Crucifixion The 12 Gospels 7pm  Holy Thursday	<b>29</b> Royal Hrs. 10am Youth Retreat Descent from the Cross 2pm Lamentations & Epiptaphio Procession 7:30pm  Holy Friday	<b>30</b> Divine Liturgy 9:30am Vigil Proceeding the Resurrection 11:15pm Resurrection Service 12 midnight  Holy Saturday																																																																																				

## CHURCH REGISTRY

### HOSPITALIZED

Jim Mitsopoulos

### MARCH WEDDING ANNIVERSARIES

#### *Congratulations to:*

Ilias & Ourania Bekos – 47 years  
George & Margie Sares – 36 years  
Clyde & Carolyn Trumball – 16 years  
Emmanuel T. & Kelly Yakumithis – 14 years

### MEMORIAL SERVICES

Fr. Chris W. Hadgigeorge – 40 Days  
Charles Mihos – 1 year  
Steve Mihos – 6 months  
*May Their Memory Be Eternal*

### MEMORIAL GIFTS

#### IN MEMORY OF FR. CHRIS W. HADGIGEORGE

Mr. & Mrs. Jack Adams  
Mr. & Mrs. Basil Apostolou  
Dr. Paula Apostolou  
Mr. & Mrs. Al Brogan  
Mr. & Mrs. Bart Brotsos  
Mrs. Phyllis Bundros  
Mr. & Mrs. Tony Capranica  
Mrs. Dorothy Cassudakis  
Mr. & Mrs. Bryan Chaka  
Dr. & Mrs. Nicholas Checkles  
Mr. & Mrs. Christopher Diaz  
Mr. George Dimit  
Mr. & Mrs. Andrew Dionyssiou  
Dr. & Mrs. Panos Doukides  
Mr. & Mrs. Gus Georgakopoulos  
Mrs. Soultana Grether  
Mr. Chris Grevis  
Mr. & Mrs. Gene Haberman  
Mr. & Mrs. Richard Hartford  
Holy Trinity Greek School Students  
Mr. & Mrs. Georgios Kaburis  
Mr. & Mrs. William Kakmis  
Mrs. Mary Kanios  
Mr. & Mrs. James Lagos  
Ms. Lea MacLaren  
Mr. & Mrs. Tom Manton  
Ms. Cynthia McElroy  
Ms. Maureen McJilton  
Dr. & Mrs. George Markakis

Mrs. Maria Melas  
Mr. & Mrs. John Mitchell  
Mrs. Elpis Moraitis  
Mr. & Mrs. Dean Nikolaides  
Mr. Steve & Dr. Chris Kanios Papadimos  
Mrs. Crystal Rogers  
Mr. & Mrs. George Sares  
Mr. & Mrs. Pete Spanoudis  
Mrs. Rose Mary Spillson  
Ms. Katina Stamadianos  
Mr. & Mrs. Chris Theodorou  
Mr. & Mrs. Alex Tokles  
Toledo Hospital NC Lab Microbiology  
Mary & Cynthia Trifon  
Mr. & Mrs. John S. Tsagaris  
Mr. Arris Veronie  
Mr. Christopher Veronie  
Dr. Linda Veronie Fruehstorfer  
Drs. Dimitrios & Ursula Xanthakos  
Young at Heart Members

#### IN MEMORY OF VIRGINIA GREVIS

Dr. Paula Apostolou  
Mr. Chris Grevis  
Mrs. Irene Kaufman  
Mr. & Mrs. James Martin  
Mr. & Mrs. Alex Tokles

#### IN MEMORY OF STEVE MIHOS

Mrs. Maria Melas  
Mrs. Evangelia Mihos  
Mr. & Mrs. George Mihos  
Mrs. Despina Pelphey

#### IN MEMORY OF DEMETRIOS KARAHALIOS

Ms. Dao Chang  
Christos & Aleca Kamilaris  
Christos & Janet Kamilaris  
Mr. & Mrs. George Kamilaris  
Mrs. Maroulla Kamilaris & Athena  
Mr. & Mrs. Bill Karahalios  
Andy & Chris Markos

#### IN MEMORY OF SOTIRIS KAMILARIS

Christos & Aleca Kamilaris  
Mr. & Mrs. George Kamilaris  
Mrs. Maroulla Kamilaris & Athena

**IN MEMORY OF CHARLES MIHAS**

Dr. & Mrs. Paul Kallis  
Mrs. Roula Manton  
Mrs. Maria Melas  
Evangelia Mihos  
Mr. & Mrs. Vasilios Vogiatzis

**IN MEMORY OF ANASTASIOS  
STATHOPOULOS**

Mr. & Mrs. Bart Brotsos

**IN MEMORY OF FRANCES ADAMS**

Mr. John Adams

**IN MEMORY OF GUS ANDREWS**

Mr. & Mrs. Gordon Borrell

**IN MEMORY OF JOHN MELAS**

Mr. & Mrs. Chris Tenedios

**IN MEMORY OF TINA SOPHIA BARRON**

Mrs. Antonia Tom

**IN MEMORY OF IVI DIACOU SAYERS**

Mr. & Mrs. Gordon Borrell

**IN MEMORY OF ELENA YAKUMITHIS**

Mr. & Mrs. Michael Yakumithis

**IN MEMORY OF NAFSIKA PROESTOU**

Mr. & Mrs. Gordon Borrell

**IN MEMORY OF VASILIKI ROSSOPOULOU**

Mr. & Mrs. Richard Hartford

**IN MEMORY OF PAULINE COUNTY  
ADAMS**

Mr. & Mrs. Alex Tokles  
Mrs. Antonia Tom

**IN MEMORY OF JANE ROBINSON**

Mr. & Mrs. Charles Resch

**IN MEMORY OF JESSALYN CHURCHILL**

Mr. & Mrs. Charles Resch

**IN MEMORY OF VENETA OBERHAUS**

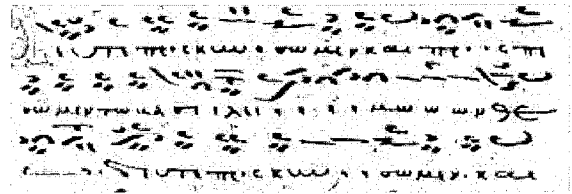
Mrs. Faye Grevis



*The family of Father Chris Hadgigeorge wishes to acknowledge and thank all of you for your outpouring of love and support during this difficult time. We thank His Eminence Metropolitan Nicholas, Father Larry, and all the participating Clergy, Parish Council, the Psalm Readers, the Choir, and Philoptochos for helping us in so many ways.*

*May His Memory Be Eternal.*

***Byzantine Music Fellowship***



Did you know that Byzantine hymnology is built on eight tones called the "Oktoechos" (Οκτώηχος)? Every church service contains unique hymns and specific melodies written in these tones. Join us to explore the Oktoechos and other services in Greek and English. We will begin by learning hymns from the Salutation service. We will practice together, learn various hymns for each week, and then chant together as a group. All willing voices are welcome!

Mini FAQ: Do I need to read Greek? No! Reading Greek is not needed to participate. Do I need to read music? No! Reading music is not needed to participate. Just bring your enthusiasm and desire to sing praises to our Lord. How is this different than joining the choir? This group will explore and learn music for services other than liturgy, so we will not sing the hymns the choir sings on Sundays. We will also sing acapella – without the organ.

Classes are Tuesday evenings 7pm in the Community Center. We will meet for 1hr. If you have questions please talk to Elaine Lillios or email her at [elillios@gmail.com](mailto:elillios@gmail.com)

### *The President's Message by Denny Lawrence*

I am honored to have been selected as Parish Council President this year and look forward as we gather together in God's name, to enjoy each other's company, to share our values and ideas and to celebrate the simple things in life.

In 2015 we completed an eight year journey to pay off the Community Center mortgage. Many outside our community were amazed we were able to complete this task in time for our 100<sup>th</sup> anniversary celebration. Once again, we have shown when our community works together, we can accomplish important goals that make a difference.

We also hosted a memorable 100<sup>th</sup> Anniversary celebration in our Community Center. This was a spectacular event and the culmination of a year-long series of activities to celebrate our first 100 years. Concurrent with our anniversary celebration, we also experienced a 100-year torrential storm with six inches of rain in twelve hours and continuous 40 to 50 mile per hour winds. This storm identified repairs that we need to make to our Community Center and Cathedral.

First, we must repair leaks in the community center roof over the kitchen and storage area. The roof repair was approved by Parish Assembly last fall and Parish Council has selected a contractor. We expect to sign the roof repair contract and complete repairs to the Community Center roof before our festival this fall.

Next, we need to identify what repairs are needed to stop water leaks in our Cathedral dome, the south bell tower and north wall. Parish Council representatives have met with several contractors to determine the cause of the leaks. We believe repairs to the Cathedral will need to take place over several years. Our goal this year is to develop a repair plan and its associated cost for Parish Assembly review this fall.

Now that we have retired our Community Center mortgage, we need to refocus our efforts on stewardship. Stewardship is among the most important spiritual responsibilities of each Orthodox Christian. It enables the church – the Body of Christ – to fulfill its mission. We ask you to make a commitment to support our Parish and its ministries. Your commitment card provides confirmation on your part to support the needs of our parish. If you have not done so, please complete a commitment card and return it to the parish office as soon as possible. The Stewardship Committee's article in

this month's Echo contains important information. Please read it carefully.

Last year's accomplishments were truly remarkable and I thank you for allowing me to take part in these events. I look forward to the challenges we face this year and believe our community, when it works together, can accomplish important goals that make a difference in our parish.

### *Philoptochos News by Susie Doukides*

After the New Year we all vow to create a New Year resolution. One of the most recited resolutions is to stay true to our health. One of National Philoptochos' projects is Women's Heart Health Awareness. On Valentine's Day, February 14<sup>th</sup> our congregation had the wonderful opportunity to have the full array explanation of the proper care of our cardiac system. Lead by our dedicated chairman Lori Kamilaris and her committee, this project evoked great interest throughout our community. We were shown key factors to do our part in maintaining a healthy heart and well-being. Lori and her enthusiastic committee created multi-station displays. Great gratitude to this dynamic committee: Penny Jenkins, Karen George, Roula Manton, Dawn Anagnos, Kelly Yakumithis, Jody Gray, Pam Martin, Debbie Morris, Linda Dionyssiou, Shelly Dionyssiou and Rane Mancy Wood. Among these educational demonstrations were posters of the vascular and circulation systems of the heart, the importance of not smoking, and knowing your numbers of your own blood pressure. The importance of an active exercise program and a keep fit lifestyle was demonstrated by our youngest parishioners. The last but not least factor was our diet regimen and modification. Philoptochos demonstrated this by everything in moderation. We had a delicious Loukoumathes Sale and enjoyed the sweet Valentine treats. Olympia Ntakos, Maria Melas, Pauline Biernacki, Barbara Hartford, Faye Haberman, Angela Voyantzis, and Ann Mulopulos did a fantastic job at this sale and we all were delighted to have these special treats on this special day. Thank you to everyone for all your participation.

Philoptochos will be hosting a Lenten Retreat on Friday, March 18<sup>th</sup> after Salutation Services. Please look forward to more information. Maria Kopan and Presbytera Jenny are working on a unique evening for all.



## **PHILOPTOCHOS**

### **A LEGACY OF LOVE**

#### **What is Philoptochos?**

Philoptochos is an army of women whose collective drive, dedication, and heart help those who need it most. Philoptochos is compassion; love; and strength. Philoptochos is YOU.

#### **Why Join Philoptochos?**

- Help someone in need
- Get involved in your community
- Change someone's life
- Meet new people
- Share your skills and expertise
- Gain knowledge
- Be part of a philanthropic movement

#### **Philoptochos Society Commitments and Programs**

A sampling of organizations we have supported

##### **National:**

- Autism Assistance Fund
- Hellenic College Holy Cross School of Theology
- St. Basil Academy
- St. Nicholas Shrine at Ground Zero
- Social Services (Cancer & Other Major Illnesses Fund)

##### **Local:**

- Holy Trinity Cathedral (Makarias, Church Renovations)
- Annual College Scholarships for Holy Trinity High School Graduates
- Bethany's House
- Madonna Homes
- The Daughter's Project

***We are currently accepting stewardship for the upcoming fiscal year which began January 2016 and ends December 2016. \$21.00 of your stewardship is automatically sent to our National Diocese and the Metropolis of Detroit Diocese. Any amount above that stays in our treasury to support our ministries.***

***Please submit your stewardship to Pattie Senerius or send to the church office (attention Philoptochos) by April 1st. Make checks payable to Philoptochos. Thank you for helping to make Philoptochos the heart and hands of the church!***

## **KROGER COMMUNITY REWARDS UPDATE**

*by Mary Dedes*

Through the efforts of Holy Trinity parishioners and friends, Philoptochos has received more than \$39,000 from the Kroger Community Rewards program. The majority of these funds helped reduce the mortgage. The balance goes to help fund Philoptochos' countless philanthropic projects.

The Kroger Community Rewards cycle is from May through April and we are required to re-enroll annually in April. Even if you enroll for the first time in March 2016, you must re-enroll in April 2016. You will be reminded of this in next month's article as well.

**The web site to join or re-enroll is [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com). Follow the prompts. Our name is Holy Trinity Greek Orthodox Philoptochos and our ID# is 81429. Make a note of your Kroger password and also put a reminder on your computer to re-enroll in April.**

Please join us and enroll in this ***Painless, Profitable & Perpetual*** fundraiser.

Many thanks to all participants!

Questions?? Contact Mary Dedes.

## ***Daughters of Penelope News by Connie Mynihan***

Our February meeting started with a delicious meal prepared by our fellow Ahepans. Thank you for the lovely dinner.

The Designer Purse Bingo Luncheon Fundraiser, with purses from Brahmin, Coach, and Michael Kors, and others will be on March 5<sup>th</sup>, 12:00 noon. Your cost of only \$30.00 includes a delicious buffet lunch and one bingo card; additional bingo cards may be purchased. The Fundraiser is at Holy Trinity Greek Orthodox Cathedral Community Center. For seating availability contact Joyce Anagnos at 419-304-3192.

If you liked "My Big Fat Greek Wedding" then The Daughters of Penelope would like to invite the community to join us for dinner and a movie night, "**My Big Fat Greek Wedding 2**" which is coming to our local theaters on March 25<sup>th</sup>, 2016. We are currently contacting the movie theaters to get

advance tickets for opening night for this movie. Stay tuned for further details.

Don't miss out on 2016 DOP Dodona #24 Chapter Scholarship. Just google Daughters of Penelope Dodona #24 and our site will appear.

The Buckeye Scholarships information is now available. Please check the website as soon as possible as some of the scholarship requirement dates have changed. For further information visit [www.buckeyedistrict11.org](http://www.buckeyedistrict11.org)

Keep your membership alive, dues are now being accepted for 2016, the amount is \$45.00. Please bring your dues to the March meeting or mail them to JoAnn Cook, 5250 Snowden, Toledo, OH 43623. Please make your checks payable to Daughters of Penelope.

Our next meeting and dinner will be March 3<sup>rd</sup>, 2016. We will be having a joint meeting and a delicious dinner with Ahepa.

***Greek School News by Dawn-Avgi Anagnos,  
Instructor & Director***

On Sunday, January 31<sup>st</sup> 2016, at the end of the Divine Liturgy, our Greek School celebrated the Greek Letters Day and the Three Great Hierarchs, Ecumenical Teachers of our early church, Saints; Basil the Great, Gregory the Theologian and John the Chrysostom. These church fathers lived in the fourth century and rightly referred to as 'Giants' of faith, courage, holiness and learning. They were among the first to recognize the importance of the Greek Language and culture in developing and advancing Orthodoxy. They helped to develop the Christian Faith in the Greek Language and Thought. The Three Hierarchs are considered the Patron Saints of Education and Culture. They used the art of education and the Greek Classics to teach about God and that is why we have the week around the 30<sup>th</sup> of January as the week of Greek Letters and Culture.

Our deepest sympathy and love to the family of our beloved Father Chris Hadgigeorge who passed away at the end of the year 2015. He loved and cared about our Greek School, Education and Culture. He was an inspiration to all of us, a great supporter and he will be missed. May His Memory Be Eternal.

The main speakers-readers for the day were our Greek School students, Theodora Mitsopoulos in English and this year graduate of our youth Greek School students, Athena Mitsopoulos in Greek. The Greek School program followed with prayers, poems and songs. The

students who participated were Blake and Nikkos Theodorou, Athena and Theodora Mitsopoulos, Marianna Temple, Vasilia Legakis, Billy-Charalambos Plomaritis and Alexandra Xenofontos. Warmest congratulations to all of them. Many thanks also to George and Joyce Anagnos and Cathy and John Andujar for taking and developing our beautiful pictures; also the Greek School parents and grandparents for hosting the enjoyable Coffee Hour on behalf of our Greek School. They were Panagiotis and Elizabeth Theodorou, The Jim Mitsopoulos family, Fr. Larry and Jenny Legakis, Michael and Christina Temple, Bill and Janice Plomaritis, Xenios and Elena Xenofontos and George, Dawn-Avgi and Joyce Anagnos. It was a beautiful table with all kinds of sweets, fruit, cheeses, olives and veggies. The centerpiece was a book with words of wisdom of the Holy Hierarchs.

On Sunday, March 27<sup>th</sup> 2016, our Greek School will celebrate the Greek Independence Day of the 25<sup>th</sup> of March 1821. See you then, God Bless you all and Happy New Year 2016.

***AHEPA NEWS by  
Vice President George Arvanitis***

Greetings from AHEPA Chapter 118. Our February meeting featured a joint dinner with the Daughters of Penelope. All those attending were treated to an excellent country rib dinner with roasted potatoes, bread, salad and cake. The ribs were so tender you could cut them with a fork! Thanks to Andy and Maria Petros for their preparation of the evening's meal. After dinner we separated for our respective meetings. We were honored to have in attendance Supreme Secretary George Loucas and Supreme Governor District 5, George Kalantzis, along with current District 11 Athletic Director and former District 11 Governor, Chris Zografides and former District 11 Governors, Andy Petros and Tony Capranica. The highlight of the evening was the induction of SEVEN new members of AHEPA Chapter 118! In honor of our brother and Chaplain, this induction class will be forever known as the "Fr. Chris Hadgigeorge Class". We welcome our new brothers, Terry Irmen, Steve Jenkins, Davis Jenkins, Alex Pechlivanos, Bill Plomaritis, Jim Rongakis and Matt Simko. The induction was made even more special by the dignitaries attending who took part in it.

***Next Meeting: Thursday, March 3, 2016***

Where: Holy Trinity Community Center  
Joint dinner with the Daughters of Penelope  
Dinner is served at 6:30 PM with meeting to follow.

### ATTENTION 2016 GRADUATES !!

AHEPA scholarship applications are available for local, district and national levels. It's never too early to start thinking about getting these forms filled out.

**Local Chapter 118** Scholarship applications are available by contacting Carole in the church office. 419-243-9189 Application deadline is April 15, 2016.

**Buckeye District 11** Scholarship applications are available via download from the District 11 website: [www.ahepabuckeye.org](http://www.ahepabuckeye.org) Application deadline is March 31, 2016.

**AHEPA National** scholarship applications are available via download for the National website: [www.ahepa.org](http://www.ahepa.org) Application deadline is March 31, 2016.

*Stewardship by Co-Chairs Kathy Chaka and  
Joyce Anagnos*

*Those that seek the Lord shall never be in want of  
any good thing!"*

As the cold winds of March blow in, it is difficult to imagine that spring will be right around the corner. It is amazing how quickly time has passed since we all gathered together at the Vasilopita to ring in the New Year. As members of the Stewardship Committee, we too find ourselves analyzing the passage of time. In order to be transparent, it is important that everyone in our community knows how we finished with Stewardship for 2015, so that we can understand the work that needs to be done for 2016.

In 2015, 301 people/families participated in the Stewardship Program. Of those, 257 filled out commitment cards and 44 participated, but did not fill out commitment cards. Our goal for 2015 was \$240,000 and our Stewardship Program brought in \$221,561. It is our hope that those who have not yet fulfilled their 2015 Stewardship Commitment are still planning to do so. Though we fell short of our goal, we are optimistic that our message is being heard. In a year where we were trying to pay off our mortgage, and parishioners were digging deep to make additional financial commitments to the church in order to make that happen, we still had the highest participation in the Stewardship Commitment Card program ever!

Obviously, the bottom line is that with each year as our expenses continue to grow, our Stewardship cannot continue to operate at a deficit. Our new goal for 2016 is \$250,000 and we are very pleased to report an overwhelming response by parishioners turning in their 2016 Stewardship Commitment Cards. To date, with a history of approximately 300 families traditionally participating in the Stewardship Program, we currently

have over half of our families already submitting their 2016 Commitment Cards. But there is still work to do. We know that there are many people/families in our Holy Trinity community that we would love to have become Stewards of our Church, and it is our hope to have 100% participation in the Stewardship Program!

Holy Trinity is not only our Church, but our spiritual home. Let us all guard her and take care of her for generations to come.

### *Community Cookbook by Jeanne Gatoura*

A search through *Olives, Feta, Phyllo & More!* will reveal a myriad of flavorful salads and vegetable dishes that will both satisfy the appetite and meet fasting guidelines, helping to make your Lenten journey a pleasant one.

This delicious Lenten recipe for Potato Salad, which appeared in *The Blade* with Demetra Theodorou featured preparing it, is enjoyable on its own or as an accompaniment. To begin, potatoes are boiled until tender - Demetra cautioned that it's important not to overcook potatoes for a good salad result. Peeled and sliced potatoes are then combined with onions, salt, olive oil and oregano and tossed to mix. The final step, to garnish with sliced tomatoes on the top, creates a beautiful presentation.

A steamy dish of Cabbage & Rice is ideal for the Lenten season. To prepare this recipe from Ursula Xanthakos, onion and garlic are sautéed in olive oil. Thinly sliced cabbage, chopped celery, green pepper, fresh tomato or diced canned tomatoes, and tomato paste are added and stirred well. Next Ursula adds water, then sprinkles Uncle Ben's rice on top and cooks for ten minutes until the rice is tender. The whole mixture is stirred together and on low heat, simmers for another 10 minutes.

Tabbouleh is a delicious and filling salad to have on hand during Lent. For her recipe, Dorothy Yakumithis begins by covering either medium or fine grain bulgar wheat in a bowl with water. While soaking for ten minutes, chopped parsley, mint, and onion are combined in a separate bowl. Then the water is drained and squeezed from the wheat and added to the parsley mixture. Lemon juice, oil, salt and pepper are mixed in well. The entire preparation should be covered tightly and refrigerated overnight. Before serving, peeled and chopped tomatoes and cucumbers are added and also mixed in well. Dorothy makes Tabbouleh quite often during the year and sends it home with her children when they visit.

On behalf of the Cookbook Committee, I hope *Olives, Feta, Phyllo & More!* is a convenient source for all your culinary needs throughout the Lenten season. As a reminder, the cookbook is available in the Church Bookstore or online at [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com) and makes a beautiful gift for any occasion or for just saying thank you.

## HOPE and JOY



On February 14<sup>th</sup> our HOPE and JOY kids had a wonderful meeting. It was Valentine's Day and the kids talked about the Orthodox understand of love and forgiveness. The

HOPE and JOY kids discussed the parable of the Prodigal Son as well. Our HOPE kids had a great time playing games and making a craft that reminded them of the God's love. The JOY kids had fun playing broom floor hockey. Both groups had a chance to practice dance with Ms. Persilla and Ms. Maria.

Our next meeting will be March 13<sup>th</sup>. Parents please remember that March 6<sup>th</sup> is Youth Sunday. Please have your children there so we can honor them on this day!

## REAL

Our REAL group has a wonderful opportunity this month to participate in a very special discussion that is geared toward them. On March 18<sup>th</sup> Nick Lionas will lead a parish wide Lenten Retreat. Nick Lionas is a recent graduate from Holy Cross Greek Orthodox School of Theology. He is currently the pastoral assistant at St. John the Baptist Greek Orthodox Church in Sterling Heights MI. After the retreat from 9-10pm he will have a special session for the REAL group at Michael's Bar and Grill. Please see Tony Harwood or Nicole Senerius if you have questions.

## SUNDAY SCHOOL NEWS by Susan Karas Sieben

This year Holy Trinity had a new first. "Souper Bowl Sunday" on February 7<sup>th</sup>. It was also God Parent's Sunday. Our students prepared for this Sunday beginning with learning about Epiphany and the sacrament of Baptism. One class even conducted a baptism with a baby doll preparing for the responsibilities of a Godparent and learning the visible and invisible meanings of the sacrament. Preschool and Kindergarten have been studying the 10 Commandments with special emphasis on honoring our mothers and fathers and Godparents for Godparent's Sunday and Valentine's Day. 1<sup>st</sup> and 2<sup>nd</sup> grades have been studying the sacraments and feast days, 3<sup>rd</sup> and

4<sup>th</sup> graders made prayer books. Junior high and high school have been preparing for the Oratorical Festival.

March 13, 2016 is our local festival. We need volunteers as judges and timers for the festival. If you are interested please e-mail me (7sieben@bex.net) or call me (419-450-2782). It is an inspiring joy to hear our youth express their love and understanding of our Orthodox faith. District festival will be April 16<sup>th</sup> and Metropolis festival May 14<sup>th</sup>. The National festival date we do not have yet.

Triodion began February 21<sup>st</sup> and we will have many lessons and activities for our Lenten journey towards Pascha.

Thanks to Jodi Gray our 1<sup>st</sup> and 2<sup>nd</sup> grade classroom will have a new and exciting look. Wait and see!

Please bring your children to Church at 10:00am and classes begin right after Communion. You won't want to miss Father Larry's children's sermons.

## GOYA



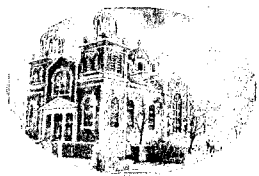
Last Month the GOYANS were very busy doing ministry and having fellowship! On February 7<sup>th</sup> the GOYANS, along with other youth from parish, held the "Souper Bowl of Caring". The GOYANS brought soup and the HOPE and JOY kids brought bowls and bread. With your help the youth of our parish were able to raise over \$600.00 to tackle hunger! Thank you to everyone who supported this wonderful ministry.



That same evening the GOYANS went to the Rousos home for a Super Bowl Party. The kids had a wonderful time. Thank you to the Rousos family for hosting.

This month we have a lot coming up as well. On March 12<sup>th</sup> we have the Metropolis Lenten Retreat in Southgate. Please see emails and texts for more details. On March 6<sup>th</sup> we have the youth Sunday and Hellenic Dance Company Breakfast. The GOYANS will be giving the main sermon, the children's sermon, and helping with parish council duties. We look forward to seeing all of you at all these wonderful events!

## Cathedral Adult Education Opportunities



### Cathedral Lenten Adult Study and Pot-Luck Dinner!

Theme: Our Lenten Journey:  
Regaining what was Lost

Text: "Achieving Your Potential  
in Christ"

By Anthony Coniaris taught by  
Father Larry on Wednesday at  
10am and 7pm.

The evening class will follow  
Presanctified Liturgy and pot-luck  
dinner during lent

First Class Begins Wednesday,  
March 16<sup>th</sup>

Come and participate in this  
educational ministry, share some  
food, and fellowship. This is a  
great way to grow in your faith  
and focus on Christ as you travel  
through the Lenten Season.

Hope to see you all there!

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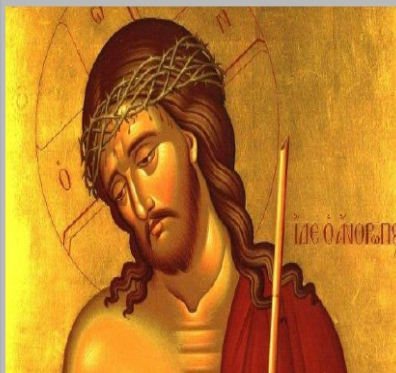
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Sunday Lenten Vespers and  
Pot-Luck



Please join us throughout  
Lent at 6pm on Sundays for  
Vespers and Fellowship

Lenten Sunday Night  
Vespers Schedule

March 27<sup>th</sup>: St. George  
Orthodox Cathedral-Rossford

April 3<sup>rd</sup>: Holy Trinity Greek  
Orthodox Cathedral

April 10<sup>th</sup>: Prophet Elias  
Antiochian Orthodox Church

April 17<sup>th</sup>: St. George Serbian  
Orthodox Church

A blessed Lent!



# Holy Trinity Greek Orthodox Cathedral Lenten Retreat

## Sponsored by Ladies of Philoptochos

### 'The Love that Saved Us: Our One True Common Bond'

Friday, March 18th

5-6pm First Salutations Service

6-6:30pm Introduction Talk

6:30-7:45 Lenten Dinner

7:45-9pm Main Talk

9pm REAL group gathering at  
Michael's

All ages are welcome!

Please RSVP to Maria Kopan at  
mkopan@bex.net or 419-250-3478

Guest Speaker:

Nick Lionas

Nick, his wife Amanda and two year old Son, Scotty live in Rochester Hills, MI. He is the Pastoral Assistant at St.



John the Baptist in Sterling Heights, MI. Previously, he was the Young Adult Ministries Coordinator for the Greek Orthodox Archdiocese of America. Nick has gone to the Metropolis of Detroit Summer Camp every summer since he was seven, spending almost 60 weeks of his life there (more than an entire year). He graduated from Michigan State University in May of 2009. Immediately upon graduation, he moved to Indianapolis where he worked for Orthodox Christian Fellowship (College Ministry). He graduated from Holy Cross Greek Orthodox School of Theology with a Masters in Divinity in 2013. Nick has a passion for youth and young adult ministry and hopes to continue to cultivate it in new and creative ways with his role in the church. Most recently, his specialty in young adult ministry has allowed him to help create opportunities for young adults at St. John to stay connected to Christ and His Church during turbulent times. Ultimately, Nick prays he can live out an Orthodox Christian vocation by answering Christ's call to love God with all that he is and by loving his neighbor as himself in every situation he is in.

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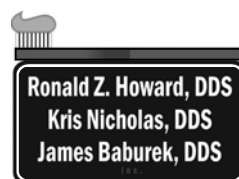
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