

— The Hellenic Orthodox Echo —

Volume 27 March 2018 No. 7

Holy Trinity's Mission Statement

To Worship and glorify God; by promoting the teachings of the Greek Orthodox Faith, to encourage all members' participation through our Greek culture, educational programs, community outreach and fundraising activities while serving God, our community and humanity with love.



Holy Trinity Greek Orthodox Cathedral
740 Superior St. Toledo, Ohio 43604
Telephone (419) 243-9189 Fax (419) 243-3799 Kitchen (419) 243-6836

Parish website: www.holytrinitytoledo.com
Email: holytrinitytoledo@gmail.com obal.net *Festival website:* www.toledogreekfest.com

Office Hours Monday-Friday 9:00 am - 5:00 p.m.

Sunday Services Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Church School Following Holy Communion

Week Day Divine Liturgy Orthros 9:30 a.m. Divine Liturgy 10:15 a.m.

Evening Vespersal Divine Liturgy 6:00 p.m. Consult Echo Calendar or Weekly Bulletin for times.

Clergy

Rev. Fr. Eleftherios (Larry) Legakis, cell (502) 619-0800 home (419) 517-9931
priestholytrinity@gmail.com

Support Staff

Office Manager - Carole Faoiz *Grounds and Maintenance* - Terry Timmons

Chanter - Elaine Lillios

Choir Director - JoAnne Chrysochoos *Organist* - Andreea Lee

Parish Council Members

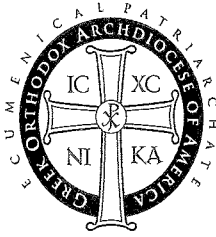
Emmanuel T. Yakumithis (20) President; Kathy Chaka (19) Vice President; Steven Jenkins (18) Secretary; Maria Tzanakis (19) – Asst. Secretary; Paul G. Sieben (18) Treasurer; Debra Morris (19) Asst. Treasurer; Greg Cook (20); Dr. Dean Kopan (20); Peter Papadimos 19; Steven Papadimos 18; Harry Dean Proestos (19); Kypros Proestos (20); Frank Reder (20); George Sares (18); Manuel Yakumithis (18)

Parish Ministries

Philoptochos President: Pattie Senerius
Church School Director: Dr. Susan Sieben
Adult and Youth Greek School: Dawn Anagnos
HOPE/JOY: Presbyteria Jennie Legakis
GOYA President: Alex Yakumithis
Youth: Maria Tzanakis
Prosfora: Connie Mynihan
Koliva: Helen Matthews & Anthi Christides
Greek Dance Directors: Persilla Zervos, Maria Tzanakis, Jan Theodorou Bollin & Ted Voudouris
Young at Heart President: Becky Skiadas
Choir: JoAnne Chrysochoos
Byzantine Music Fellowship: Dr. Elaine Lillios

Conversational Greek: Basil Apostolou
AHEPA President: Chadd Schwartz
Daughters of Penelope President: Marina Cooper
Maids of Athena President: Maria Cook
Bookstore: Marlene Thomas, Dr. Susan Sieben & Kathy Andros
Liturgical Readers: Yanula Stathulis & Basil Apostolou
Friends of the Metropolis: Dr. G. J. Biernacki
Cookbook - Olives Feta Phyllo & More: Pam Martin
Website: Gene Haberman

Celebrating 100 Years 1915-2015
"Honor The Past and Embrace The Future"



Holy Trinity Greek Orthodox Cathedral Metropolis of Detroit



Fr. Larry Legakis, Cathedral Dean

740 N. Superior St. Toledo, Ohio 43604 Phone: 419 243-9189 Fax: 419 243-3799

Web: www.holytrinitytoledo.com E-mail: htgoctol@sbcglobal.net

Festival web: www.toledogreekfest.com

Dear Parish Family and Friends,

Last month our GOYA boys were in Dayton playing in the basketball tournament. Even though I have been going to the tournament as a priest for 15 years I still end up getting lost. These days it is much easier to get around because of GPS. Back before GPS when we would get lost the best thing to do was figure out how we got where we were...meaning where we went wrong; where did we take the wrong turn. Sometimes that meant retracing our steps and starting over. I mention this to you because many times the same is true in our spiritual lives. When we make a mistake we must look and see where we went wrong, where we took a wrong turn to get into the situation we are currently in. Last month, on the Sunday before Lent we celebrated Forgiveness Sunday. One of the themes of that Sunday is the expulsion of Adam and Eve from Paradise. This theme is a reminder of how we got to where we are. It is a reminder of the wrong turn that was taken and that Lent is an exercise in getting back to God.

In one of the readings from Orthros we hear these words, "Adam was evicted from Paradise as one disobedient, after partaking of its luxury". These words remind us of what their sin was, it was the sin of disobedience. Adam and Eve were unable to follow the rules, the wrong turn they took was their inability to be obedient to God. Due to this, sin and death have entered into the world. The interesting thing is that even though they disobeyed God, He still gave them a chance to come back. In the scripture we read the following, "And they heard the sound of the Lord God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the Lord God among the trees of the garden. Then the Lord God called to Adam and said to him, "Where are you?" These verses, this scene of God calling Adam, is one of my favorites. It reminds me very much of my children. When they make a mistake I call out to them as well, maybe not as nicely as God, but I call their names hoping they will tell me what happened. Unfortunately, Adam and Eve, like my children chose not to repent. They chose to blame. They blamed each other and even God. God asks the same question to each of us, "where are you"? Father Thomas Hopko once wrote, "The question asked by the Lord of Adam in his sin is the question that is asked of every one of us at the beginning of Lent and throughout the season: Adam, where are you? Where is your heart? What do you live for? What do you love?"

My Friends and my family, this is the very question we must ask ourselves during Lent. Where am I with regard to my relationship with God? Where am I with regard to my relationship with others? Where am I with regard to my family, friends, and spouse? The final question is how do I get back? The answer is not alone. We begin this journey looking to Christ. We begin this journey looking to Christ who is the new Adam. We begin this journey knowing that alone we cannot, but with Christ we can.

As we continue with our Lenten journey let us remember we are being asked the same question that Adam and Eve were asked, Where are you? Where are you in your relationship with Christ and how will you come back or make it stronger? Let us continue our Journey back looking to Christ for strength. A blessed Lent!

In Christ,

Larry Legakis
Father Larry

HOLY TRINITY GREEK ORTHODOX CATHEDRAL

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	Feb 28	1 6:00 PM AHEPA	2 6:00 PM Confession 7:00 PM Salutations	3
4 PO Vespers @ HTGOC 6pm 9:00 AM Orthros / Divine Liturgy	5 6:00 PM Great Compline 7:00 PM Parish Council	6 6:00 PM Conversational Greek	7 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:00 PM Pre-Sanctified 6:30 PM Bible Study	8	9 GOYA Lazar Tag after Service 6:00 PM Confession 7:00 PM Salutations	10 Met. GOYA Lenten Retreat
11 Oratorical Festival PO Vespers @ St. Elias 6pm 9:00 AM Orthros / Divine Liturgy 4:00 PM HOPE & JOY	12 6:00 PM Great Compline 7:00 PM Philoptochos Board	13 6:00 PM Conversational Greek	14 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:00 PM Pre-Sanctified 6:30 PM Bible Study	15 6:00 PM Young at Heart	16 Democratic Jiggs Dinner 6:00 PM Confession 7:00 PM Salutations	17
18 Parish Assembly PO Vespers @ St. George 6pm 9:00 AM Orthros / Divine Liturgy	19 6:00 PM Great Compline 7:00 PM Philoptochos	20 6:00 PM Conversational Greek	21 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:00 PM Pre-Sanctified 6:30 PM Bible Study	22	23 7:00 PM Akathist Hymn	24
25 Annunciation Greek Independence Day PO Vespers @ St. George Monroe 6pm 9:00 AM Orthros / Divine Liturgy	26 6:00 PM Great Compline	27 Philoptochos Shut In Boxes 6:00 PM Conversational Greek	28 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:00 PM Pre-Sanctified 6:30 PM Bible Study	29	30 Daughters of Penelope Bake Sale Prep.	31 Church Clean-up Daughters Bake Sale Pickup Pancake Breakfast 9:30 AM Lazarus - Orthros / Divine Liturgy
Apr 1	2	Notes				

HOLY TRINITY GREEK ORTHODOX CATHEDRAL

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daughters of Penelope Bake Sale Palm Sunday 9:00 AM Orthros / Divine Liturgy 7:00 PM Bridegroom	2 Holy Monday 7:00 PM Bridegroom Service	3 Holy Tuesday 7:00 PM Bridegroom Service	4 Holy Wednesday 9:30 AM Pre-Sanctified Divine Liturgy 3:00 PM Holy Unction 7:00 PM Holy Unction	5 Holy Thursday 7:00 PM 12 Gospels	6 GOYA Youth Retreat for HOPE/JOY Holy Friday 10:00 AM Royal Hours 2:00 PM Un-Nailing 7:00 PM Lament	7 (11:00 PM) Orthros of Easter & Divine Liturgy Holy Saturday 9:30 AM Vespers Divine Liturgy
8 (11:00 PM) Orthros of Easter & Divine Liturgy Holy Pascha 12:00 PM Agape Services	9 7:00 PM Philoptochos Board	10 6:00 PM Conversational Greek 7:00 PM Byzantine Music Fellowship	11 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:30 PM Bible Study	12 6:00 PM Daughters @ TBA 6:30 PM AHEPA	13	14 Hall Rental - Huembes
15 9:00 AM Orthros / Divine Liturgy	16 7:00 PM Philoptochos	17 6:00 PM Conversational Greek 7:00 PM Byzantine Music Fellowship	18 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:30 PM Bible Study	19 6:00 PM Young at Heart 7:00 PM Orthodoxy 101	20 5:00 PM Coffee Talk with Fr. Larry	21 Hall Rental - Gomez
22 9:00 AM Orthros / Divine Liturgy 5:30 PM HOPE & JOY	23 9:30 AM St. George Orthros - Orthros / Divine Liturgy	24 6:00 PM Conversational Greek 7:00 PM Byzantine Music Fellowship	25 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:30 PM Bible Study	26 7:00 PM Orthodoxy 101	27 7:00 PM Paraklesis	28 Taverna Night
29 9:00 AM Orthros / Divine Liturgy	30	May 1	2	3	4	5
6	7	Notes				

CHURCH REGISTRY

HOSPITALIZED

Gene Haberman, Pete Spanoudis, Emmanuel
T. Yakumithis, Chris Grevis & Dr. Paul
Vesoulis

BIRTHS

Baby Chloe born January 6, 2018
to parents Jacob & Stephanie Franklin

Baby Rhodes Marek born January 6, 2018
to parents Christos & Aisha Georgakopoulos

Baby Michael Jeffrey born February 22, 2018
to parents Aaron & Alexa Adkins

CHRISMATION

Molly Tsipis – February 11, 2018
Sponsor: Maria Petros

MARCH WEDDING ANNIVERSARIES

Congratulations to:

Elias & Ourania Bekos – 49 years
George & Margie Sares – 38 years
Clyde & Carolyn Trumbull – 18 years
Emmanuel & Kelly Yakumithis – 16 years

MEMORIAL SERVICE

Konstantine Petros – 40 days
May His Memory Be Eternal

MEMORIAL GIFTS

IN MEMORY OF KONSTANTINE PETROS

Mr. & Mrs. Jack Adams
Mr. & Mrs. George Anagnos
Ms. Joyce Anagnos
Ms. Kathy Andros
Ms. Sue Bacas
Mrs. Christine Bertok
Mr. & Mrs. Bart Brotsos
Mr. & Mrs. Tony Capranica
Ms. Marina Cooper
Daughters of Penelope
Mr. & Mrs. Thomas Demas
Dr. & Mrs. Wallace DePue
Ms. Stacia Dimit
Mrs. Helen Dunlap & Family

Mrs. Kalliroi Elias
Jesse Garcia
Mrs. Crystal Glambin
Mr. & Mrs. Carlos Gray
Mr. Chris Grevis
Mrs. Faye Grevis
Mrs. Pam Harwood
Mr. & Mrs. Thomas Holzer
Mr. Nondas Karabogias
Mrs. Irene Kaufman
Mr. & Mrs. Louis Kountouris
Col. & Mrs. Dennis Lawrence
Mr. & Mrs. Kenneth MacLaren
Mr. Marc Manera
Mrs. Roula Manton & Phyllis
Mr. Christos Maritsas
Mrs. Mary Markham
Mr. & Mrs. James Martin
Mr. & Mrs. Joe Martin
Ms. Judy Martin
Mr. Gregory J. Matthews
Mrs. Helen Matthews
Mrs. Maria Melas
Mr. & Mrs. George Mihos
Mrs. Janet Miller
Mr. & Mrs. Andrew Moulas
Ms. Mary Anne Nicholson
Mrs. Olympia Ntakos
Ms. Margaret Onweller
Mr. Steve & Dr. Chris Kanios Papadimos
Mrs. Tina Papalekas
Mrs. Sophie Paterakis & Debbie
Mrs. Despina Pelphrey
Ms. Patti J. Petros
Mr. Soterios Petros
Mr. & Mrs. David Pobielniak
Ms. Sally Powless
Mr. & Mrs. Kypros Proestos
Mr. & Mrs. Andreas Proestou
Ms. Nancy Puszczewicz
Mr. & Mrs. Hristos Rongakis
Mr. & Mrs. Christopher Rongos
Mr. Chuck Sallah
Mr. Rob Sarahman
Mrs. Soteria Sarantos
Mr. & Mrs. George Scarvelis
Mr. & Mrs. John Skiadas
Mr. & Mrs. John Spillson
Mrs. Sophia Spillson
Mr. & Mrs. Walter Starr

(in memory of Mr. Petros continued)

Mrs. Yanula Stathulis

Mrs. Susan Stone

Mr. & Mrs. Lenny Suwinski

Ms. Anna Theodorou

Mr. & Mrs. Chris Theodorou

Mr. & Mrs. Peter Theodorou

Mrs. Demetra Theodorou

Ms. Marlene Thomas

Mr. & Mrs. Edward Turner

Ms. Maria Tzanakis

Mr. Andrew Veres

Mr. & Mrs. James Veronie

Mr. & Mrs. John Veronie

Mr. & Mrs. Vasilios Vogiatzis

Mr. Joseph Wambold

Mr. & Mrs. James Wesley

Mr. & Mrs. Gregory Wojciechowski

Mrs. Elizabeth Voudouris

Mr. & Mrs. Roger Worley

Mr. & Mrs. Emmanuel T. Yakumithis

IN MEMORY OF FR. CHRIS W.

HADGIGEORGE

Dr. & Mrs. G. J. Biernacki

IN MEMORY OF ANDREAS DIONYSSIOU

Mrs. Despina Pelphrey

IN MEMORY OF CHRIS & CLEO ZERVOS

Mr. & Mrs. George Sarantou

IN MEMORY OF NICHOLAS DEMOS

Mr. & Mrs. George Mulopulos

IN MEMORY OF CHRISTINE

SPIROPOULOS

Mr. & Mrs. Charles Resch

IN MEMORY OF VASILIKI

ROSSOPOULOU

Mr. & Mrs. Richard Hartford

IN MEMORY OF OURANIA & EMMANUEL

KOUNTOURIS

Mr. & Mrs. Bart Brotsos

IN MEMORY OF SPIROS THEODOROU

Mr. & Mrs. Peter Theodorou

IN MEMORY OF RICHARD ROSSWURM

Mr. & Mrs. George Anagnos

Mrs. Kalliroi Elias

Mr. Soterios Petros

Mrs. Sophia Spillson

Mrs. Demetra Theodorou

Mr. & Mrs. Peter Theodorou

Mrs. Elizabeth Voudouris

May Their Memory Be Eternal

On Worshiping During Lent

Worshiping as a family is something we all need to work on. Sometimes we rush into these Lenten services thinking it is something we have to do and we don't prepare enough to go to these services. In his book *Great Lent*, Fr. Alexander Schmemmann writes,

We understand that it is simply impossible to pass from our normal state of mind made up almost entirely of fuss, rush, and care into this new one without first "quieting down," without restoring in ourselves a measure of inner stability. This is why those who think of church services only in terms of "obligations," who always inquire about the required minimum can never understand the true nature of worship which is to take us into a different world—that of God's Presence!

So, when we consider that quote and really think about what we need to do as a family, we need to quiet down and not just go to the service but to be living them. Teach our children about the service and to teach ourselves about the service. There are so many ways we can integrate these beautiful services into the home. Get them involved and tell children what to expect when they are going to church, "tonight we are going to go to church as a family." Prepare them to be engaged in the services and to help them afterward to debrief.

Excerpt adapted from "Lent in the Home" by Melissa Tsongranis. Visit the Orthodox Faith and Family podcast on the Orthodox Christian Network (myocn.net) to hear the entire episode.

PHILANTHROPY FOR GENERATIONS

Another year has flown by. Are you ready for 2018? This is a good time to share your time, talent, and treasure. We are currently accepting stewardship for 2018-2019. If you are a valued member, we hope you will continue to be a steward of Philoptochos. If you are not a member, we encourage you to become one. Six dollars of your stewardship is sent to the Detroit Metropolis and fifteen dollars is sent to the National Philoptochos. Any amount above that stays in our treasury and is used for our charities and to support our ministries. Philoptochos is compassion, love and strength. We assist our neighbors in need, as well as assisting in the recognition of our faith and the Philoptochos ministries. Philoptochos is You!

Once again Philoptochos thanks the Parishioners of Holy Trinity for supporting our Wear Pink for Breast Cancer Awareness, attending our biggest fundraiser, Greece Uncorked, donating coats for the homeless, donating hygiene products for the Madonna Home residents, attending the St. Basil Vasilopita dinner, and wearing Red for Women's Heart Health Awareness. The success of Greece Uncorked made it possible to donate \$4500 to the Aurora House and \$4500 to Noah's House. We are humbled and grateful for your generosity.

Upcoming Events

Loukoumathes Sale benefiting autism for Teddy Theodorou - Due to inclement weather, this fundraiser is rescheduled for Sunday, March 4, 2018

Pan Orthodox Vespers and Potluck hosted by Philoptochos - Sunday, March 4, 2018, 6:00 P.M. Please bring a Lenten dish to share.

Board and General Meeting - Monday, March 19, 2018 **Board Meeting at 6:00 P.M.** in the conference room followed by a **General Meeting at 7:00 P.M.** in the Ahepa Room.

Please make every effort to be on time.

All Parish Cathedral Clean-up - Saturday, March 31, 2018

"Helping others is always the right choice"

Philoptochos will be offering a service scholarship to high school graduates. You may request an application from Stephanie Berardinelli at Mrs.berardinelli0728@gmail.com

or

419-276-0964. All applications must be submitted no later than Monday, April 30th.

Philoptochos continues to participate in the Kroger Community Rewards fundraiser program.

The amount of the rewards is based on a percentage of spending, so to increase our earnings, we need to increase the number of persons designating Philoptochos as their charity on their Kroger Plus Card. (Ask a friend to participate in our program. It is painless and such a worthwhile cause!)

Make sure to visit a Kroger store for your weekly shopping and take advantage of their sales. Also, use your Kroger Plus Card when pumping gas to receive a discount and contribute to Kroger Community Rewards.

Finally, please, make sure your phone number is listed under the **ALT ID** section. If you forget your Kroger Rewards card, all you have to do is type in your phone number when checking out and Philoptochos still receives credit for your purchase. If you are unable to update your account, please, let me know and I will assist you.

The web site to join is:

www.krogercommunityrewards.com . We are in the Columbus region. Click on "Create an Account" and follow the prompts. Our name is Holy Trinity Greek Orthodox Philoptochos and our ID# is 81429.

Philoptochos thanks all of you for participating in this *Profitable, Painless, and Perpetual* fundraiser.

Daughters of Penelope News by Connie Mynihan

Lent has begun, may we all have the strength!

Our February Meeting was held at the Byblos Restaurant with a very nice attendance. The February meeting was jammed packed with information, reports and recommendations.

The Luminary Fundraiser is scheduled for Palm Sunday, April 1st, 2018. The names that are offered will be commemorated silently before the Epitaphion during the Friday evening services. LED lit jars will light the path of the Epitaphion. The cost is \$5.00 per name with a maximum of two names per jar. All proceeds will be split: Holy Trinity Greek Orthodox Cathedral and Daughters of Penelope Scholarship Fund. Flyers will be arriving shortly and during the month of March there will be a table available for signups.

Daughters of Penelope **Annual Spring Bake Sale** will be on Sunday, April 1st from 10:00am to 1:00pm. Pre-orders will also be available on Saturday, March 31st from 10:00am to 1:00pm. Don't miss out on your favorite treats - preorders are available. Order forms are

available Sunday during coffee hour or check your email and mail.

AHEPA Buckeye District Foundation Scholarship form is available on <http://www.bsf.buckeyedistrict11.org/> until *March 31st, 2018*. Applicants must be:

- Entering college or in undergraduate school.
- Members in good standing of AHEPA, Daughters of Penelope, Sons of Pericles or Maids of Athena in District 11
- Children of members in good standing of AHEPA or Daughters of Penelope in District 11

AHEPA National Scholarships are available on <http://www.ahepa.org/Education-Scholarships.htm> and must be postmarked by *May 15, 2018*.

Don't miss out on 2018 DOP Dodona #24 Chapter Scholarship. Deadline is *April 20, 2018*. Just google Daughters of Penelope Dodona #24 and our site will appear. National Scholarship information for 2018 is available on Daughters of Penelope website. Deadline for National Scholarship is *May 15, 2018*.

The Toledo Daughters of Penelope and AHEPA will host the Buckeye District Convention at the Park Inn. Convention dates are Friday, June 15, 2018 and Saturday, June 16, 2018.

Album ads are available. All members are asked to help sell album ads to family, friends, businesses and to themselves. Ads can be in the form of advertising, memorials to loved ones, family pictures and wishes, etc. We have different levels of prices that are sure to suit everyone. Please contact Tony or Marian Capranica for forms.

All Dodona #24 Daughters of Penelope and Ahepans will be asked to participate in making this an exciting event, Friday evening convention kickoff and Saturday meeting and socials will be at the Park Inn, downtown Toledo. Friday night Greek Night will be at Holy Trinity Community Center.

Maria Tzanakis will be in charge of Registration. Volunteers are needed to help Maria staff this table, to assist the District Lodge officers register incoming delegates, and sell ala carte tickets for all of the weekend activities. Maria's group will also help in putting together some 'gift bags' for the delegates that will be given out along with their agenda books. These bags will contain small items donated by businesses like pens, writing tablets, gum, candy, tissues, and information about Toledo, etc. Anyone having any donations please let Maria Tzanakis or Marian Capranica know.

The Hospitality Room for the delegates will be open from Friday afternoon until Saturday afternoon, Fay Grevis, Daisy Pelphrey, and Dawn Anagnos are chairing this event. Donations will be needed in the form of koulourakia, paximathia, fruit, paper products, etc. Contact Faye Grevis if you can donate or volunteer.

Friday evening June 15, 2018 at the Holy Trinity Community Center will be *Greek Night*. The Holy Trinity Community will be able to purchase tickets and join in on the fun. All Dodona #24 Daughters of Penelope and Ahepans will be asked to participate in making this an exciting event. We will need volunteers for: Setup; Decorations; Food Prep (Andy Petros, Chairman); Food Service; Entertainment (Ted Voudouris; Chairman); Bar Service; Door Tickets; Cleanup;; Drivers for shuttle service to/from Detroit Airport.

This is not the entire list of areas needed for volunteers; further information will be forthcoming.

If you need further information or wish to volunteer, please contact Marian Capranica at 419-540-1160 or email: marian.capranica@gmail.com

Our next meeting and dinner will be Thursday, March 1st, 2018. We will be having a joint meeting and a delicious dinner with AHEPA at the Community Center. Be sure to R.S.V.P. by February 26th to Connie Mynihan at Mynihan@bex.net or call 419-250-4899.

Dues are now being accepted for 2018; the amount is \$45.00. Please bring your dues to the March meeting.

"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade."

- Charles Dickens

Holy Trinity Greek Kitchen by Connie Mynihan

Easter, graduations, showers and get-togethers are just around the corner. Order now and have your baking needs ready. **Twenty-four pieces of delicious Baklava - \$30.00, spanakopita - \$20.00 or tiropita - \$20.00 are available.**

Order forms have been sent by email, mail and will be available Sunday, during coffee hour. Orders are due in by Monday, March 26, 2018. Pick up is at Holy Trinity Community Center on Friday, March 30th, Saturday March 31st, or Sunday April 1st between 11:00 am to 1:00 pm.

Please be generous as all proceeds are given to the church.

If you need further information or have any questions, please contact Connie Mynihan at 419-250-4899 or email: Mynihan@bex.net

Greek School News by Dawn-Avgi Anagnos, Instructor & Director

On Sunday, January 28th 2018, at the end of the Divine Liturgy, in our Community Center, our Greek School celebrated the Greek Letters Day and the Three Great Hierarchs, Ecumenical Teachers of

our early church, Saints Basil the Great and Gregory the Theologian, and John the Chrysostom. These church fathers lived in the fourth century and rightly referred to as ‘Giants’ of faith, courage, holiness and learning. They were among the first to recognize the importance of the Greek Language and culture in developing and advancing Orthodoxy. They helped to develop the Christian Faith in the Greek Language and Thought. The Three Hierarchs are considered the Patron Saints of Education and Culture. They used the art of education and the Greek Classics to teach about God and that is why we have the week around the 30th of January as the week of Greek Letters and Culture.

The main speaker for the day was a first year student of the Greek Language Adult Class, a Soprano, Sonia Perez, who gave a wonderful and informative speech. Thank you very much Sonia, well done.

The Greek School program followed with prayers, poems and songs. The students who participated were Theodora Mitsopoulos, Vasilia and Lukia Legakis, Savvas Moraitis and Alexia Fisher. Warmest congratulations to all of them. Many thanks for their support goes to Fr. Larry Legakis our Church Board, the parents and grandparents, all the students, friends of Greek School, John Andujar, George and Joyce Anagnos our photographers. Joyce Anagnos also with her team hosted the coffee hour. Joyce is a second year District Governor of the Daughters of Penelope District 11, and an attorney for the State of Ohio. The coffee hour table had all kinds of sweets, fruit, cheeses, olives and veggies. The centerpiece was a book with words of wisdom of the Holy Hierarchs and flowers. Many thanks to the parents and grandparents who brought something for the coffee hour, The family of Fr. Larry Legakis, Dimitrios Mitsopoulos, Savvas Moraitis and the Fisher family.

On Sunday, March 25th 2018, our Greek School will celebrate the Greek Independence Day of the 25th of March 1821. See you then, God Bless you all and Happy New Year 2018.

AHEPA NEWS

Our regular meetings are held September thru June on the first Thursday of each month. Several meetings will be held jointly with the Daughters chapter. The March meeting will be a joint meeting on March 1, 2018 at 6:00 P.M. at Holy Trinity Cathedral. Congratulations to the following winners of the Super Bowl Raffle. Thank you to all who participated.

1 st Quarter	Denny Lawrence
Halftime	Chris Zervos
3 rd Quarter	Chris Zervos
Final	George Veronie

Notice to all high school seniors and college undergraduates... The local, District and National

scholarships will soon be available for submission. Information on the local scholarship application will be sent out soon. The District scholarship application is now available online at www.bsfbuckeyedistrict1.org and will be due April 15, 2018. As a reminder, the District scholarship does not have a minimum GPA requirement. Please refer to www.ahepa.org for details on the National scholarship.

reminder that the AHEPA Toledo Family will be hosting the AHEPA District #11 Convention. The convention will take place June 15 & 16, 2018 at the Park Inn in downtown Toledo. The last convention held in Toledo was a great success and we are planning to make this convention just as successful. The convention will bring in delegates from all over Ohio and parts of West Virginia and Kentucky. To make this event a success will require volunteers from all three Orders, so if called upon please respond with whatever time, talent or treasure you can provide.

The convention weekend will kick off on Friday June 15 with a golf outing at Heatherdowns Country Club at 10:00 AM. Friday evening we'll host a Greek Night, and convention meetings, Awards Luncheon, and Grand Banquet on Saturday. All events are open to the public and everyone is encouraged to attend.

A packet of information was sent out to all Ahepans and Daughters with complete information on the Toledo Convention. If you failed to receive your packet contact Tony Capranica – 419-540-1150. Information about the convention is also available at

www.buckeyedistrict11.org.

As always, Ypsilanti #118 is looking for new members and encouraging former brothers to re-join. For more information, checkout **www.buckeyedistrict11.org** or **www.ahepa.org**.

Young At Heart News by Becky Skiadas

YAH had its noon meeting on, February 15th and enjoyed a delicious spaghetti and meatballs dinner. Our chefs Despina Pelphrey and Nitsa Matthews out did themselves as always! Appetizers and desserts were plentiful!

After a short meeting we played several rounds of a fun game called Right Left Center with quarters. The winners of the pots were Maria Petros, Tina Papalekas, Helen Matthews, Jeanette Stambolis, and Ranee Mancy Wood. It was a great way to spend an afternoon with friends!

It is unfortunate that we couldn't get enough people to go on the Washington trip so it had to be cancelled!

We will plan some fun day trips for the Spring and Summer months!

Our meetings will go back to evenings in March with the first one on March 15, at 6:00p.m.

Please come and join us and experience the fun of our fellowship!

Membership dues are only \$10.00 per person.

Byzantine Music Fellowship by Elaine Lillios



Byzantine Music Fellowship celebrated its second anniversary in February and has now embarked on its third year of service to the Cathedral.

Congratulations to the group and many thanks to our members who continue to give their time and talents to singing Paraklesis and Salutations services. This year during Great Lent the group will chant in two choirs, thereby more closely imitating the Byzantine a cappella tradition. All are welcome to join us to sing hymns to the Theotokos this Great Lent. As a reminder, the group will not rehearse on Tuesdays during Great Lent — we only sing on Friday evenings.

Community Cookbook by Phyllis Manton

Greetings and blessings for a Happy Anastasi. As we are in the Lenten and Paschal Season we are also in spring and renewal of soul and body. Our time during Lent pushes us in a good way to be creative in our meals. Even though we eat Lenten dishes frequently I hear myself and others saying there are so many great tasting foods that are meatless. Or at Lenten potlucks we say look at the variety of foods! We are lucky that Greek cuisine is not solely based on meat.

Spring vegetables are some of the best. Artichokes, peas, and asparagus are some of the tastiest. My favorite special dish, the dish I would ask my mom to make when she asked me what I wanted was, artichokes and peas with dill and potatoes. It is so delicious. Check out Mary Markham's, "peas and artichokes", along with peas and artichokes A la Greek, and Artichokes A la Constantinople. Chicken and artichokes or lamb and artichokes with avgolemono sauce will have you mopping your plate with bread. Amazing!

I wish everyone a strong finish to Great Lent and good Pascha. May the Resurrection of Our Lord give us strength and remind us

to be kind to our neighbors and friends, break bread and share in the blessings we have been given.

Stewardship Update by Kathy Chaka

Every Good and Perfect Gift Comes from Above

As we begin the third month of the new year, we find our Stewardship committee has been hard at work! Our committee is made up of the following hard-working individuals: Fr. Larry, Monny Yakumithis, Paul Sieben, Maria Tzanakis, Karen George, George Veronie, George Arvanitis, Denny Lawrence and Carole Faoiz who meticulously keeps all of the Stewardship commitments accurately recorded.

We hope that everyone enjoyed the wonderful cupcakes provided on "Souper Bowl" Sunday as our way of thanking everyone for the great start we've had to the 2018 Stewardship Campaign. We also hope that everyone is beginning to receive the thank you letters from the Stewardship Committee to anyone who has already filled out a new Stewardship Card for this year's campaign. We can't express to you how thankful we are for the generosity and commitment of this community to our beloved Holy Trinity Cathedral!

Currently, as of the end of February, we have received 150 pledges for a total of \$165,691. Last year at this time, we had 170 Stewards who filled out Commitment Cards pledging \$159,372. It is encouraging to note that with 20 less people pledging, we are over \$6,000 ahead in offerings to our Church. It is so exciting to see our community is working hard to close the gap on our \$250,000 goal.

For those many stewards who are still prayerfully considering how to fill out their 2018 Stewardship Commitment, we encourage you to consider God's many bountiful blessings to your family. We are challenging everyone to increase their financial commitment to Holy Trinity Cathedral. To that end, we offer a variety of payment methods.

Something new for this year is the ability to make your payments on-line! We encourage everyone to check out our updated website www.holytrinitytoledo.com. Never before has giving been this easy and convenient!!!

Again, thank you and let's keep the momentum going!!! As we enter this time of Great Lent, your Stewardship Committee prays that your Lenten journey is a very personal and rewarding one!

2018 Stewardship Update through February 16th - Our Stewardship goal for 2018 is \$250,000
So far 150 Stewards have turned in a pledge cards totaling \$165,691

Stewardship contributions are \$27,902

Please prayerfully consider the needs of our Parish and do your best to give in 2018
at least the same amount in Stewardship as last year!

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Mr & Mrs George Anagnos
Ms Joyce Anagnos
Ms Kathy Andros
Mr & Mrs John Andujar
Mr. Anthony Arvanitis
Mr & Mrs George Arvanitis
Mr & Mrs Charles Bailey
Mr Constantine Ballas
Mr & Mrs Evan Batsakes
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"Let the Children Come to Me."



HTGOC Monthly Youth Update
March 2018

Youth News

Hope & Joy

Upcoming Events

- 3/11 Monthly Meeting
- 3/31 Church Clean-up

GOYA

Upcoming Events

- 3/9 Lazar Tag
- 3/10 Lenten Retreat – MI
- 3/31 Church Clean up

Sunday School

Classroom News

- 3/11 Oratorical Festival

Greek School

3/25: Greek School Independence Presentation and Parade- Detroit

Hello Parents,

I hope the New Year is off to a great start and all are staying warm. On behalf of the youth ministry teams I would like to thank you for all of your continued commitment to our parish. I know that it is not an easy task to bundle up the little ones and get them to all of the various events -Thank You!

As the arctic weather continues to I am reminded of the times when attending church with kids was a struggle, if not exhausting. Now that my kiddos are a little older I feel as though I can debunk some of the myths we tell ourselves as parents taking small children to church.

"I don't want to disrupt worship."

We all know babies and toddlers are going to make noise, it's a part of who they are. The excited babbles or cries is a sign of youth and life, not a burden on the attendees.

"Everyone stares". I had a hard time with this one. I felt as though eyes were always on me. However, I learned that no one was looking me, they were adoring my little one. They were so excited to see us and loved to watch as my kiddos learn about church and all that comes with it.

"I am exhausted, I need a break."

You are right! If you feel this Sunday you need to take a break from running around, then take it. But tell yourself that next week, you will make it. And then actually follow through with it. You are teaching your kids the priority of church. The more you go, the more they will learn. But if the last few weeks have been hectic, take the rest day and make it next week.

I hope that these honest tips can be helpful to those with small children in church. ☺ - Kelly Proestos



Cathedral Fall Adult Education Opportunities

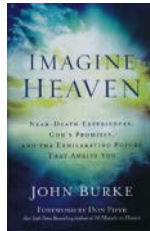


Lenten Discussion 2018

This year's Lenten Discussion will be a study of the Eucharist.

Classes will be held each Wednesday at 10:00 am and after Pre-Sanctified Liturgy. Evening class will follow the pot luck.

This year's discussion will be team taught by Father Larry, David, and Emmanuel!



Cathedral Book Club

Offered by Father Larry and Pres. Jenny!

Our next Book is "Imagine Heaven" The book is available in the bookstore. Our

next meeting is March 24th

At 6 pm Book Club meets at the Legakis home

ADDITIONAL GREEK LANGUAGE OPPORTUNITY

Starting This Month!!!!

We are pleased to report that an Adult Greek School class will be offered in the spring of 2018 during Tuesday evening, a repeat of this spring's offering. This mini course entitled "Conversational Greek 201" will be a 12-week course focusing on conversational skills about everyday life activities such as "Greetings & Introductions", "At a restaurant", "Going shopping" and other. The focus will be on speaking to communicate with others (interpersonal) with themes relevant to visiting Greece. Grammar will not be taught explicitly, but instead as appropriate to communicate accurately. No prior knowledge of Greek is required but is welcomed if previously acquired. The class will be taught by Basil Apostolou, former Greek School teacher and director. Such class will be free to any Holy Trinity current steward over 21 years of age; for all others a \$100 fee payable to our church will be charged. Registration will begin in January 2018. If you are interested in the class, please contact Basil by e-mail at bapostolou@bex.net or basilapostolou@icloud.com. Or text at 419-508-5463. Tuesday March 6, 2018 - SAVE THE DATE!

Holy Trinity Happenings



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Saturday of Lazarus
Church Clean up
And Pancake Breakfast!

Led by our Philoptochos

Help us prepare our
Cathedral for Holy Week
and Easter!

When: March 31, 2018 after Liturgy

Who: All Adults and Youth of the Cathedral

What: To help clean our Church for Holy Week.

*Please bring buckets, mops, and other cleaning
items. We will supply the cleaning products.*

*Pancakes offered and cooked by
Mr. Harry Dean!*

Tentative Schedule

9:30: Orthros

10:15: Divine Liturgy

11:30: Pancake Breakfast!!!!

12:00: Altar Boy meeting

12:30: Youth and Adults clean Church

Vegan Recipe Corner

During Fasting months, we will be featuring one of our young people, who have chosen a vegan lifestyle, to share some of their favorite recipes with us!

In the Orthodox Church, during fasting times, the church call for us to have a limited diet that is (mostly) vegan – (exception being shellfish).

This month Mary Papadimos shares two of her favorites! Mary has her own Vegan Recipe Blog – Check is out at www.upbeetandkaleingit.com

Easy Vegan Bolognese

Serves 4

A hearty and delicious vegan pasta sauce dish

Ingredients

1. 2 cups cooked large green lentils
2. 6 oz large portobello mushroom caps cut into small pieces
3. Minced garlic (1 large clove)
4. 4 tbsp extra virgin olive oil
5. 1 can (15 oz) tomato sauce (I used Kirkland organic)
6. 1/4 tsp onion powder
7. Sea salt and pepper to taste
8. Fresh basil if wanted
9. Pasta, I used 8.8 oz yellow lentil pasta

Instructions

1. Boil lentils in water until tender (follow package directions).
2. Sauté the cooked lentils, mushrooms, garlic and seasoning in 4 tbsp olive oil on medium heat for 4-5 minutes (stir often).
3. Lower heat to medium-low and add the tomato sauce.

4. Cook the bolognese sauce for another 7-8 minutes until the sauce is thick (stir fairly often).
5. Boil noodles according to package directions, top with bolognese sauce and fresh basil.
6. Enjoy!

Herb-Roasted Potatoes

Serves 6

A delicious and healthy side dish that's perfect for any occasion!

Ingredients

1. 3 lb bag of organic red potatoes (cut each potato into pieces of 8 or 12 if they are large)
2. Juice of 1 medium lemon
3. 1/2 cup extra virgin olive oil (I used Greek)
4. 3 tsp Organic Dijon Mustard
5. 2 tbsp fresh chives
6. 2 tbsp fresh dill
7. Sea salt and pepper to taste

Instructions

1. Preheat oven to 375.
2. Mix the lemon juice, olive oil, dijon mustard, chives and dill in a bowl until fully combined.
3. Pour the dressing over the potatoes on a baking tray and mix everything together so that potatoes are fully coated.
4. Bake the potatoes for 20 minutes and then remove from oven and flip/toss with a spatula.
5. Place the potatoes back in the oven for another 25 minutes. Remove from oven again and toss with a spatula.
6. Bake for another 10 minutes.
7. Enjoy

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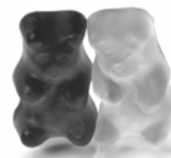
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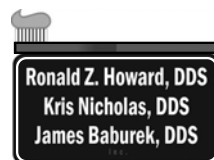
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