

# — The Hellenic Orthodox Echo —

## Volume 29 October 2019 No. 2

### *Holy Trinity's Mission Statement*

*To Worship and glorify God; by promoting the teachings of the Greek Orthodox Faith, to encourage all members' participation through our Greek culture, educational programs, community outreach and fundraising activities while serving God, our community and humanity with love.*



**Holy Trinity Greek Orthodox Cathedral**  
**740 Superior St. Toledo, Ohio 43604**  
**Telephone (419) 243-9189 Fax (419) 243-3799 Kitchen (419) 243-6836**

*Parish website:* [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com)  
*Email:* [holytrinitytoledo@gmail.com](mailto:holytrinitytoledo@gmail.com) *Festival website:* [www.toledogreekfest.com](http://www.toledogreekfest.com)

*Office Hours* Monday-Friday 9:00 am - 5:00 p.m.

*Sunday Services* Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Church School Following Holy Communion

*Week Day Divine Liturgy* Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.

*Evening Vespereal Divine Liturgy* 6:00 p.m. See Echo Calendar or Weekly Bulletin for times.  
*Paraklesis* every third Friday 7:00 p.m. – See Echo Calendar or Weekly Bulletin for changes.

### *Clergy*

*Rev. Fr. Eleftherios (Larry) Legakis, cell (502)619-0800 home (419)517-9931*  
*[priesthollytrinity@gmail.com](mailto:priesthollytrinity@gmail.com)*

### *Support Staff*

*Office Manager* - Carole Faoiz      *Grounds and Maintenance* - Terry Timmons

### *Parish Council Members*

Emmanuel T. Yakumithis (20) President; Kathy Chaka (19) Vice President; Steven Jenkins (21) Secretary;  
Maria Tzanakis (19) – Asst. Secretary; Paul G. Sieben (21) Treasurer; Debra Morris (19) Asst. Treasurer;  
Greg Cook (20); Dr. Dean Kopan (20); Peter Papadimos 19; Steven Papadimos (21); Harry Dean Proestos (19);  
Kypros Proestos (20); Frank Reder (20); George Sares (21); Manuel Yakumithis (21)

### *Parish Ministries*

**Philoptochos President:** Pattie Senerius  
**Church School Director:** Dr. Susan Sieben  
**Adult and Youth Greek School:** Dawn Anagnos  
**HOPE/JOY:** Presbytera Jennie Legakis  
**GOYA President:** Nicholas Legakis  
**Youth:** Maria Tzanakis  
**Prosfora:** Connie Mynihan  
**Koliva:** Helen Matthews & Anthi Christides  
**Greek Dance Directors:** Persilla Zervos, Maria  
Tzanakis, Jan Theodorou Bollin & Ted  
Voudouris  
**Young at Heart President:** Becky Skiadas  
**Choir:** JoAnne Chrysochoos  
**Organist:** Andreea Lee

**Chanter/Byzantine Music Fellowship:**  
Dr. Elaine Lillios  
**Conversational Greek:** Basil Apostolou  
**AHEPA President:** George Arvanitis  
**Daughters of Penelope President:** JoAnn Cook  
**Bookstore:** Marlene Thomas  
**Liturgical Readers:** Yanula Stathulis &  
Basil Apostolou  
**Friends of the Metropolis:** Dr. G. J. Biernacki  
**Cookbook - Olives Feta Phyllo & More:**  
Pam Martin  
**Website:** Gene Haberman

*Celebrating 100 Years 1915-2015*  
*"Honor The Past and Embrace The Future"*



## **Holy Trinity Greek Orthodox Cathedral Metropolis of Detroit**



Fr. Larry Legakis, Cathedral Dean  
740 N. Superior St. Toledo, Ohio 43604 Phone: 419 243-9189 Fax: 419 243-3799  
Web: [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com) E-mail: [htgoctol@sbcglobal.net](mailto:htgoctol@sbcglobal.net)  
Festival web: [www.toledogreekfest.com](http://www.toledogreekfest.com)

*"And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven."*

Dear Parish Family and Friends,

As I write this letter to you, my mind is drawn to a meeting I had last year with an old friend. This friend of ours is a Bishop in Kenya and was traveling through the Detroit area and we were able to meet. He was telling us about the wonderful works that are happening in his Diocese. As he spoke, I realized that many of the blessings that are happening in Kenya are occurring with the assistance of many people outside of Africa. People who, out of their love for Christ's church, became friends of the Church in Kenya. It is with the help of these friends that the church grew.

In St. Mark's Gospel there is a wonderful story of four friends who wanted desperately to help their paralyzed friend so they took off part of the roof and sent him down the hole to see Christ. The scripture then says, "And when Jesus saw their faith, he said to the paralytic, 'My son, your sins are forgiven.'" Father Anthony Coniaris once wrote, "The church is called to be a society of true friends...friends who care; friends who like these four men in today's Gospel lesson who brought their paralyzed friend to Jesus for healing; friends whose love was not stopped by the crowded house but who raised their sick friend to the roof where they removed some slabs lowered him placing him at the feet of Jesus." I firmly believe that this is what we are trying to be, a "Society of friends". As a parish, we have worked together during the festival. As a parish, we have begun another year of ministry. As Christ centered family, we must continue the good works and, if possible, add to them.

My friends and family in Christ, I am very proud of the good works you have done thus far. I look forward to another wonderful year of ministry. I look forward to another year growing closer to Christ with you. I look forward to another year of bringing others to the knowledge of the truth found in our Lord and Savior Jesus Christ.

In Christ,

*Fr. Larry Legakis*

Father Larry

# HOLY TRINITY GREEK ORTHODOX CATHEDRAL

## October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>29</b>	<b>Sep 30</b>	<b>1</b> 6:00 PM Orthodoxy 101	<b>2</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:30 PM Bible Study	<b>3</b> DOP Meeting (Black Pearl) 6:00 PM AHEPA	<b>4</b> 6:00 PM Coffee Talk (Adults)	<b>5</b> Buldas Baptism
<b>6</b> Choir Sunday GOYA Kick-Off Fleitz National Philoptochos Breast Cancer Awareness Sunday Tokles Coffee 12:15 PM Greek School	<b>7</b> 6:00 PM Parish Council	<b>8</b> 6:00 PM Cooking Class 6:00 PM Orthodoxy 101 7:00 PM BMF	<b>9</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:30 PM Bible Study	<b>10</b> 6:00 PM Men's Bible study	<b>11</b> Hellenic Dance Festival	<b>12</b> DOP Walk to end Alzheimer's Hellenic Dance Conference
<b>13</b> Hellenic Dance Festival Brunch Youth Sunday 12:15 PM Greek School	<b>14</b> 7:00 PM Philoptochos Board Meeting	<b>15</b> 6:00 PM Cooking Class 6:00 PM Orthodoxy 101 7:00 PM BMF	<b>16</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:30 PM Bible Study	<b>17</b> 6:00 PM Young at Heart	<b>18</b> 7:00 PM Parakesis	<b>19</b>
<b>20</b> AHEP/DOP Gyros Scholarship Fundraiser GOYA Sponsored Trunk or Treat Sunday School Make T. Pelophrey-20yr. 12:15 PM Greek School	<b>21</b> Greek Kitchen Prep for Tiropita 7:00 PM Philoptochos General Meeting	<b>22</b> 6:00 PM Cooking Class 6:00 PM Orthodoxy 101	<b>23</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:30 PM Bible Study	<b>24</b>	<b>25</b> Young Adult Taverna Talk	<b>26</b> Parents of Young Children Ministry 9:00 AM St. Demetrios Orthros Divine Liturgy 10 am
<b>27</b> I. Bekos memorial OXI Day 4:00 PM Coffee Talk at Sip	<b>28</b> Greek Kitchen Prep. for Spanakopita	<b>29</b>	<b>30</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:30 PM Bible Study	<b>31</b>	<b>Nov 1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>Notes</b>				

# HOLY TRINITY GREEK ORTHODOX CATHEDRAL

## November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>Oct 31</b>	<b>1</b> 9:00 AM SS Cosmas and Damianos Orthros 10 am Divine Liturgy  6:00 PM Coffee Talk (Adults)	<b>2</b> <b>Hero Hustle</b> Set up for Philoptochos Sunday
<b>3</b> Hope and Joy Meeting Philoptochos Sunday Philoptochos Tray 12:15 PM Greek School	<b>4</b> Greek Kitchen Prep. for Baklava 6:00 PM Parish Council	<b>5</b> 6:00 PM Orthodoxy 101 7:00 PM BMF	<b>6</b> 10:00 AM Bible Study 4:00 PM Greek School Children  6:00 PM Greek School Adults  6:30 PM Bible Study	<b>7</b> 6:00 PM AHEPA/DAUGHTERS	<b>8</b> 9:00 AM Archangels Michael and Gabriel Orthros Divine Liturgy 10 am	<b>9</b> <b>Holiday Hoops Dance</b>
<b>10</b> 12:15 PM Greek School	<b>11</b> 7:00 PM Philoptochos Board Meeting	<b>12</b> 7:00 PM BMF	<b>13</b> 9:00 AM St. John Chrysostom Orthros 10 am Divine Liturgy  10:00 AM Bible Study 4:00 PM Greek School Children  6:00 PM Greek School 6:30 PM Bible Study	<b>14</b> 6:00 PM Men's Bible study	<b>15</b> <b>Nativity Fast Begins</b> 7:00 PM Parakesis	<b>16</b>
<b>17</b> Parish Assembly Stewardship Sunday 12:15 PM Greek School	<b>18</b> Greek Kitchen baking Baklava	<b>19</b>	<b>20</b> 10:00 AM Bible Study 4:00 PM Greek School Children  6:00 PM Greek School Adults  6:30 PM Bible Study	<b>21</b> 9:00 AM Entrance of the Virgin Mary into the Temple Orthros 10 am Divine Liturgy  11:00 AM Toledo Homeless Luncheon  6:00 PM Young at Heart	<b>22</b> Greek Kitchen Pick Up Young Adult Taverna Talk	<b>23</b> Parents of Young Children Ministry
<b>24</b> Greek Kitchen Pick Up DOP Tree Decoration GOYA Decorating Church after Liturgy  Sun. School put up tree 5:00 PM Madonna Homes	<b>25</b> 9:00 AM St. Katherine Orthros Divine Liturgy	<b>26</b> <b>YAH Decorate Tree</b>	<b>27</b> 10:00 AM Bible Study 6:30 PM Bible Study	<b>28</b> <b>GOYA parking Cars Turkey Trot</b>	<b>29</b>	<b>30</b> <b>Wedding Time TBA</b> 9:00 AM St. Andrew Orthros 10 am Divine Liturgy
<b>Dec 1</b>	<b>2</b>	<b>Notes</b>				

## CHURCH REGISTRY

### HOSPITALIZED

Jennifer Garcia, Tom Ross, Yanula Stathulis  
Marlene Thomas and Faye Grevis

### OCTOBER ANNIVERSARIES

#### *Congratulations to:*

Chris J. & Persilla Zervos – 46 years  
Jim & Pam Martin – 45 years  
Ken & Jalna MacLaren – 41 years  
William & Eva Hadgigeorge – 35 years  
Pete & Christine Diver – 34 years  
Lee & Joanne McCormick – 32 years  
Rob & Marina Wade – 32 years  
Ted & Annette Rousos – 31 years  
George & Julie Yakumithis – 28 years  
John & Alta Spillson – 23 years  
David & Zenith Jakubowski – 19 years  
Stan & Dena Grevis Smith – 18 years  
Steve & Dionysia Bubulya – 15 years  
Matthew & Melissa Clarkson – 15 years  
David & Stella Rumph – 15 years  
Bill & Gina Sares – 13 years  
Jacob & Jamie Blevins – 4 years

### MEMORIAL SERVICES

Maroulla Loizou – 40 days  
Costas Christides – 3 months  
Elizabeth Voudouris – 1 year  
Ed Harwood – 3 years  
Petula Stamos – 5 years  
Spiros Theodorou – 5 years  
Eugenia Stamos – 60 years  
*May Their Memory Be Eternal*

### MEMORIAL GIFTS

#### IN MEMORY OF MAROULLA LOIZOU

Mr. & Mrs. George Anagnos  
Ms. Joyce Anagnos  
Mrs. Mildred Andrews  
Ms. Kathy Andros  
Mr. & Mrs. Basil Apostolou  
Mr. & Mrs. George Bekos  
Mrs. Ourania Bekos  
Mrs. Stavroula Bekos  
Mr. & Mrs. Ted Bekos  
Dr. & Mrs. G. J. Biernacki  
Mr. & Mrs. Carl Brubaker  
Mr. & Mrs. Dimitri Bubulya  
Mr. & Mrs. Steve Bubulya  
Mr. & Mrs. Nicholas Conglis  
Mr. & Mrs. George Dedes  
Mr. & Mrs. Chris Diaz  
Mr. Robert Eloff & V. Mixer  
Mrs. Faye Grevis  
Mr. & Mrs. Costas Hadjisavvas  
Mr. & Mrs. Richard Hartford  
Mr. & Mrs. David Hinsey  
Chris & Aleca Kamilaris  
Mr. & Mrs. George Kamilaris  
Mrs. Maroulla Kamilaris & Athena

Mr. & Mrs. Bill Karahalios  
Mr. & Mrs. Stratos Kourous  
Mrs. Roula Manton & Phyllis  
Mr. Christos Maritsas  
Mrs. Mary Markham  
Mr. & Mrs. James Martin  
Mrs. Evgenia Matthews  
Mrs. Helen Matthews  
Mrs. Maria Melas  
Mr. & Mrs. Anthony Morris  
Mrs. Niki Mouratidis  
Mr. & Mrs. George Mulopulos  
Mrs. Olympia Ntakos  
Mr. & Mrs. Thomas Owen  
Mrs. Sophie Paterakis & Debbie  
Mrs. Despina Pelphrey  
Mr. & Mrs. Kypros Proestos  
Mr. & Mrs. Andreas Proestou  
Mr. & Mrs. Christopher Rongos  
Mr. & Mrs. George E. Sarantou  
Mrs. Chrysoula Stathopoulos  
Ms. Sophie Stathopoulos  
Mr. & Mrs. Andreas Stylianides  
Mr. Frixos Stylianides & Nancy  
Mrs. Astero Stylianidou  
Mr. & Mrs. Makis Symeou  
Mrs. Pattie Theodorou  
Mrs. Marlene Thomas  
Mr. & Mrs. Andreas Timotheou  
Mr. & Mrs. James Veronie  
Mr. & Mrs. Vasilios Vogiatzis  
Young at Heart Members

#### IN MEMORY OF COSTAS CHRISTIDES

Mr. & Mrs. Andrew Dionyssiou  
Chris & Aleca Kamilaris  
Mr. & Mrs. George Kamilaris  
Mrs. Maroulla Kamilaris & Athena  
Mrs. Helen Matthews  
Mr. Soterios Petros  
Mr. & Mrs. Vasilios Vogiatzis

#### IN MEMORY OF GUS LOIZOU

Mr. & Mrs. Andrew Dionyssiou

#### IN MEMORY OF STEVE TSAGARIS

Dr. & Mrs. G. J. Biernacki  
Dr. & Mrs. Wallace DePue

#### IN MEMORY OF CHARLES FERGUSON

Mr. & Mrs. Andreas Proestou

#### *OTHER DEATHS:*

*Sophia Kakissis of Greece, daughter of*  
*Mrs. Aphrodite Kakissis*  
*Joanne (Pazos) Copetas of Chicago, Il,*  
*Sister of Tina Papelakas*  
*May Their Memory Be Eternal*

*The President's Message by  
Emmanuel T. Yakumithis*

My fellow parishioners,

What an AMAZING festival we had! Our parish was very blessed this year to have perfect weather, amazing attendance, and excellent publicity. I have to thank our festival Co-chairmen George Sares and Terry Irmen for their hard work patience and dedication to our community. No matter what issue arose, they handled it with tolerance and calm. Thanks also to our entire community. Without the efforts of all of you, we would not have a festival. Also thanks to our Office Manager/Complaint Department/Accounts Manager and guidance counsellor Carole Faoiz. Carole is really a silent force behind the scenes of the festival without complaint or issue.

I would like to see one minor change next year, and would be remiss if I did not bring it up: I noticed in several booths that our volunteers and parishioners were going behind the lines to be served. I bring this up because I had numerous complaints about this issue. We had customers waiting due to the volume of business that we were doing and our own people were getting angry because they couldn't get served before our guests. As we begin to plan for next year, we can try and figure out a solution that will be beneficial to all.

Father Larry and I will be participating in the Metropolis Clergy Laity Conference September 25-28 in Troy, Michigan. The Grand Banquet will be exceptionally special this year as we celebrate the 20<sup>th</sup> Enthronement Anniversary of His Eminence Metropolitan Nicholas. Several parishioners have contacted the Metropolis to be part of the celebration.

We are moving forward with our security measures: lighting has been improved, traffic diverted and we are now focused on our security cameras. Very soon we will be installing cameras on the exterior of the cathedral and educational building.

Our parish will be hosting the Metropolis Inaugural Hellenic Folk Dance Festival October 11-13, 2019. There will be plenty of opportunities to help out and support this event. Once again, Holy Trinity is front and center being a leader in our Metropolis.

Finally, due to scheduling conflicts, our Fall Parish Assembly Meeting will be held on November 17, 2019 immediately following Divine Liturgy.

Thank you all for all you do, and please let me know if there are needs that we should be addressing.

*Philoptochos News by  
Pattie Senerius, President*

## **PHILANTHROPY FOR GENERATIONS**

Summer is coming to an end and Fall is on its way. It is the time to enjoy the colorful leaves and cooler weather. With the Festival behind us, it is the time to turn our attention toward our ministries and various projects. Good weather, a lot of planning and many hours of volunteering made the Festival successful. I'd like to thank the Philoptochos ladies for volunteering and working many hours for three days at various booths. You are Philo Strong.

Our first Board Meeting was held on August 28, 2019. Many suggestions, ideas and recommendations were made. We have many projects and ministries ahead of us. Philoptochos invited the ladies of the church to join us for wine and cheese on Monday, September 16, 2019, for the first General Meeting of the year. We are looking forward to continuing helping those in need and concentrating on in house ministries as well. If you are not a Philoptochos member, please consider joining and being a part of helping those in need. Your support of Philoptochos and its countless endeavors will help make Philoptochos and Holy Trinity an example of doing good deeds and caring for others.

*"There is nothing more beautiful than someone who goes out of their way to make life beautiful for others."*

### Upcoming Events

October 6<sup>th</sup> -Breast Cancer Awareness Sunday -  
Wear Pink

October 14<sup>th</sup> - Philoptochos Board Meeting, 7pm.

October 21<sup>st</sup> - Philoptochos General Meeting, 7pm

November 3<sup>rd</sup> - Philoptochos Sunday

**KROGER COMMUNITY  
REWARDS UPDATE by Faye Haberman**

Philoptochos continues to participate in the Kroger Community Rewards fundraiser program.

A quarterly cycle ended July 31, 2019. The total earnings at the close of that cycle were \$522.57.

If you wish to enroll in Kroger Rewards; just visit our Church website and look for the Kroger Rewards link under 'Church News'. This new page will guide you and provides the opportunity of going directly to the Kroger Rewards link.

**Otherwise, the web site is:**

**[www.krogercommunityrewards.com](http://www.krogercommunityrewards.com) . Click on "Create an Account" and follow the prompts. Our name is Holy Trinity Greek Orthodox Philoptochos and our new ID# is CM658.**

Please, make sure your phone number is listed under the **ALT ID** section. Also, I have been asked if you need to re-enroll yearly and the answer is "No". You are automatically re-enrolled and do not need to do anything. Just keep your account information updated and make sure Philoptochos appears at the bottom of your Kroger receipt.

Philoptochos thanks all of you for participating in this *Profitable, Painless, and Perpetual* fundraiser.

***Daughters of Penelope by Stacia Dimit***

Greetings from Dodona Chapter #24 Daughters of Penelope!

Once again, the Daughters are participating in the Walk to End Alzheimer's. This year's walk will take place on Saturday, October 12, 2019 with registration at 9 AM and the walk starts at 10 AM. The location is downtown Toledo at Promenade Park, 400 Water Street. Everyone is welcome - you don't need to be a Daughter of Penelope member to participate. If you would like to make a donation to this very worthy cause, go to the website [www.alz.org](http://www.alz.org). Our team name is Holy Trinity Greek Orthodox Community. The Walk is organized by the Alzheimer's Association, a global organization founded in 1980, working to advance care, support, and research.

On Sunday after church, October 20, 2019, the Daughters and AHEPA will sponsor a scholarship fundraising event. Bring your appetite and enjoy a delicious lunch of gyro and fries.

Our November meeting will be held Thursday, November 7, 2019 at 6 pm at our Community Center with AHEPA. Hope you can attend!

As a reminder, please pay dues for 2019 and any past dues to Sophie Stathopoulos, our Treasurer, at 6535 Cornwall Court, Sylvania OH 43560.

***Byzantine Music Fellowship by Elaine Lillios***

Byzantine Music Fellowship is BACK! — Join us for rehearsals the second and third Tuesdays of each month, 7-8pm. We will chant Paraklesis services the Third Friday of each month. All voices are welcome.

***Young at Heart News by Becky Skiadas***

Happy 30 Years, Young at Heart going strong!!!

At September's meeting we celebrated 30 year Anniversary!!

I read the history of the beginning of YAH and all the Presidents who have served. Corsages were offered to the 6 founding members who were present that night who were members since the beginning and they were Jim Veronie, Ann and George Mulopulos, Presbyteria Ann Hadgigeorge, Lucy Hatzinikolis and Mary Markham. YAH started as a social group and is still a group that loves to be active and have a good time together. We take day trips, and long trips and trips to Casinos!!

We are active in all church functions and participate in all the workshops for our Festival and volunteer at the festival.

Congratulations to our Cathedral for a very successful Festival this year!!!

YAH will support the Dance Festival in October by placing an ad in the program book and helping to fill the gift bags for the reservations.

We will sponsor the November 10th coffee hour in a continued celebration of our 30th Anniversary.

We have welcomed 3 new members to YAH.. George and Margie Sares and David Jakubowski!!

Come and join us for a year of fun filled activities and fellowship!!

***Holy Trinity Cookbook by Phyllis Manton***

Greetings! A big thank you to our parishioners who participated in our cooking demonstrations at our festival. Friday was kicked off by Marina Cooper, who demonstrated how to make galaktoboureko. Our patrons sampled the delectable dessert and left to buy the pastry. Saturday Marian and Tony Capranica showed our guests how to make tzatziki and pork and chicken souvlakia. They offered the class generous samples of souvlaki, tzatziki and dolmades. Sunday Melissa Deku and Amanda Deku demonstrated moussaka. They assembled the dish and made the bechamel sauce in class. The audience sampled the finished product. The grand finale



was George Kamilaris and chef Carrie, showing us how to make balsamic glaze, Greek Village salad and Orzo salad with watermelon and chicken. Everyone was treated to liver pate on Giorgio's bread. Farm ripened tomatoes with the balsamic glaze, Greek Village salad, and the Orzo watermelon chicken salad. It was truly standing room only for all our demonstrations. Everyone left satisfied and with recipes in hand.

Our cooking class series is this month. The first class will be Tuesday October 8<sup>th</sup> at 6:00 pm. This class will be Galaktoboureko, Bougatsa, and shredded chicken in phyllo. Led by Faye Haberman and Phyllis Manton. The fee is \$40.00, and it will be a make and take.

Tuesday October 15<sup>th</sup> at 6:00 pm will be pork and chicken souvlaki with tzatziki and roasted potatoes and Greek vegetables, led by Maria and Andy Petros. The fee is \$40.00, and it will be a make and take.

October 22<sup>nd</sup> at 6:00 pm will be the final class titled, "My Greek Table" and will be a four-course meal, demonstrated by George Kamilaris. Chef George will be including wines paired with the meal. The meal is yet to be determined but whatever it will be well worth it. The fee for this full course meal is \$60.00.

One of the things I love most about our culture is our hospitality, our philotimo. We show it with our cooking and the meals we create.

### *News from AHEPA by Tony Capranica*

Our regular meetings are held September thru June during the first week of each month. Several meetings will be held jointly with the Daughters chapter. Our next meeting will be Thursday October 10 at the Holy Trinity Cathedral Education Building.

We had a very successful Ypsilanti #118 Memorial Golf Outing. We had 71 golfers and a total of 91 for dinner after the outing. Many thanks to all the sponsors. A special thank you to our Gold Sponsor – Stapleton Insurance, Silver Sponsor – Bier Stube and Cigar & Bourbon Bar Sponsor – Maumee Valley Heating & Cooling. A very nice donation was made to both the Leukemia Society and Holy Trinity Greek Orthodox Cathedral in the name of Chris Theodorou, our honoree. Plans are underway for next year's outing to honor Fr. Chris Hadgigeorge with the proceeds going to the seminary in Boston.

Be sure to get your Super Bowl Block ticket. They will be \$15.00 per block. First and third quarter winners will receive \$125, halftime winner will receive \$250 and the final winner will receive \$500. Check with the officers for your ticket.

Notice to all high school seniors and college undergraduates... The local, District and National scholarships will soon be available for submission. Information on the local scholarship application will be sent out in December and is open to graduating high school seniors. The District scholarship application will

be available online beginning in January and will be due April 15, 2019 and is open to Ahepans, Daughters, Maids of Athena and children of Ahepans and Daughters of the Buckeye District. These scholarships go to graduating high school seniors and any undergraduate already in college. There is no minimum GPA for the District Scholarships. Please refer to [www.ahepa.org](http://www.ahepa.org) for details on the National scholarship.

If you have not paid your 2019 AHEPA dues please remit them before December 15, 2019 to receive credit for 2019. All per capita will be mailed to headquarters on December 18 for the current year.

As always, Ypsilanti #118 is looking for new members and encouraging former brothers to re-join. For more information, checkout [www.buckeyedistrict11.org](http://www.buckeyedistrict11.org) or [www.ahepa.org](http://www.ahepa.org).

### **OPA-YASOU NEWS-Fall 2019**

**The Holy Trinity's Hellenic Dance Company is honored to be hosting the first Metropolis of Detroit Folk Dance Festival which will take place in Toledo October 11-13, 2019. More information will be forthcoming.**

Record crowds attended Holy Trinity Cathedral 3 day Greek Festival under **warm, sunny skies**. The culmination of our parish's summer folk dance program was the spectacular performances provided by the 4 groups of our parish's Hellenic Dance Company. The Hellenic Dance Company's Mission is to promote our Greek heritage and culture through the teaching and performance of Greek heritage folk dances. The dance company is comprised of the Ellinopedia, Asteria, Olympians and Hellenic Dancers.

The youngest and entry level dance group is the **ELLINOPEdia** (the "Greek-kids"). This is the first year of dance for many of these youngsters. We start the season by playing games and learning to skip. Most children know how to gallop (skipping/hopping on one leg) but a key to traditional Greek dances is skipping. We continue promoting skipping through the **Asteria** and **Olympian** dance groups. Some dancers can't skip. That's alright- we just show them that they can raise one foot while standing on the ball of their other foot. It works! We don't turn anyone away. We also attempt to teach left from right, counting steps, staying in line and dancing within a circle. Monday night rehearsals may be chaotic but put a costume on, lead them to the dance floor and this group puts on a great performance. It indicates that even our youngest parishioners are able to contribute to the success of the Greek Festival.

The **Ellinopedia Dance Group** Program included the Tsakonikos, Mermigas, Hasapikos, Marinella and Syrtaki dances. Members of the group were **Lukia**

**Legakis, Sebastian Lizcano, Olivia MacLaren Harringan, Sophia MacLaren Harrington, Preston Schwartz, Jackson Simko, Teddy Theodorou, Evangelia Tsaousis, Nicoletta Tsaousis, Andreana Xenofontos and Maria Yakumithis.** Helpers were **Zoe Bollin and Charlotte Lizcano.**

Our next group is the **ASTERIA** (the “Stars”). This group learns to dance on their own (without instructors in the circle or line directing their steps). The group performed the Karsilamas, Pontian Kotsari, Syrtos Sta Dio, Tsirigotikos, Cypriot Spoon and Sword Dance, Tsamikos and Hasaposervikos. The Asteria dancers included **Zoe Bollin, Demi Deason, Electra Hickman, Gus Jackson, Francessa Lizcano, Nikko Marinis, Steven Owen, Laila Proestos, Zachary Proestos, Elias Sares, George Sares, Teddy Theodorou, Alexandria Xenofontos and Mariam Xenofontos.**

The dance routines the **OLYMPIAN** Dance group performs are more difficult and entail hand and face movements along with intricate choreography. Their dance leaders are taking responsibility for how the dance travels on stage and the importance of the second person in line. Their program included the following 8 dances: Naxos line dance, Kliestos, Arapikos, Zonaradikos, Zagorisios, Cretan Pentazali, Tsamikos and Hasaposervikos.

Olympian Dancers were **Natalie Arvanitis, Amalia Bollin, Scott Deason, Maria Dionyssopoulos** (from St. George, Southgate), **Evvie Jackson, Vassi Legakis, Charlotte Lizcano, Veronica Lizcano, Karris Marinis, Bella Matthews, Gus Matthews, Kalli McCullough, Zachary Proestos and Nikko Theodorou.**

**HELLENIC DANCERS** -Our parish takes great pride in these young men and women. The Hellenic Dance group is a professional dance troupe which not only performs at our parish functions but also is hired to perform at other festivals and public events in Toledo and other cities in Ohio, Michigan and Indiana. Dancers return from college, take time off work or stay up late to do their homework so they can rehearse and perform in the festival. They also worked two 4-hour shifts besides their performances. Male/Female Dance Captains besides instructing younger or new dancers also offer suggestions on choreography, dance partners and which dances will be performed. The group’s 3 day performances are always a “crowd pleaser.”

A goal of the Hellenic Dance Company is to promote social interaction, communication, and learning by welcoming anyone that wants to learn the dances of their Greek Heritage and is willing to attend summer

rehearsals and perform in the festival. The past few years has seen a collaborative relationship between St. Nicholas Church in Ann Arbor, Michigan and Toledo’s Holy Trinity as their dancers rehearse and perform together in each other’s festivals. Last year saw second generation dancers from Holy Trinity Church in Ft. Wayne, Indiana participate in our program. This year a family from St. George Church in Southgate, Michigan asked to join.

The philosophy of the Hellenic Dance Company is that Greek folk dancing is not static. Ever since Greeks emigrated to other countries traditional Greek folk dances have evolved. A mixing of Greeks from the mainland and islands has contributed to creativity and improvisation within the confines of each dance routine. Festival patrons were impressed by the group’s exciting 13 dance performance. Dances performed were the Issos, Gaida, Techno Pentazali, Koulouriotikos, Kotsaki Zazou, Toledo’s very own Peloponnese Couples’ Dance, Softka, Cretan Malevisiotikos, Dance of the Potiri, Zembekikos, Ikariotikos, Tsamikos and Techno Zorba. This performance included 3 male/female couple dances. We have always had an over-abundance of female dancers. Since many of our experienced female dancers are able to perform female or male choreography two females dancing together as a couple has never posed a problem. This year’s dance season for the first time had more males than females. Three Olympian females put in double the rehearsal time so that Hellenic male dancers could participate in **all** the couple dances.

Highlight of the male Hellenic Dancers performance was the Tsamikos Tower. While performing the Tsamikos four male dancers form a tight circle while 4 more climb up their shoulders and form a second tier. This year’s “bases” were Vasili Dionyssopoulos, Georgios Kamilaris, Dimitri Karahalios and Logan Theodorou. Second tier “flyers” were Frank Bairactaris, Peter Cook, Marios Kamilaris and Dimitri Skrettas. Nichole Kanios reprised her Tsamikos performance showing that a women can also do the Tsamikos’ high kicks and close to the ground circle pivot.

This year’s female Hellenic Dancers were **Natalie Arvanitis** (also an Olympic Dancer), **Amalia Bollin** (also an Olympic Dancer), **Alexandra Chalogiannis** (from St. Nicholas, Ann Arbor), **Marina Govatsos** (from St. Nicholas, Ann Arbor), **Helena Karahalios** (from Holy Trinity, Ft. Wayne), **Veronica Lizcano**, (also Olympic Dancer), **Athena Mitsopoulos, Theodora Mitsopoulos, Anastacia Papageorgiou**, (from St. Nicholas, Ann Arbor), **Mia Skrettas** (from St. Nicholas, Ann Arbor), **Georgia Stamatopoulos** (from St. Nicholas, Ann Arbor), and **Marianna Temple.**

**STEWARDSHIP 2019**  
*by Kathy Chaka, Stewardship Chairman*

**A Time for Every Purpose Under Heaven**

It's amazing what a difference a month can make! After one of the most successful and exciting Greek American Festivals in recent history, the momentum in our Cathedral is continuing to build with the 2019 Stewardship Campaign!! In last month's ECHO article, I reported that there were 242 Parishioners pledging for a total of \$235,976. In just a month, we've increased that number to 248 Parishioners pledging for a total of \$238,276.

*With only 3 months left that puts us at only \$11,724 away from this year's goal of \$250,000!!!*

In this year where we have begun to "SOAR", every month we have stayed consistently at least \$30,000 ahead of where we were each month last year, and this month is no different. At this same time last year, we were at \$202,061. That puts us this month at \$36,215 ahead of last year!!! If this trend can just hold true for 3 more months, we will not only hit our goal of \$250,000 but far surpass it!

**WE NEED YOU!!!**

When you are reading this ECHO article this month, take a moment to look at the list of names on the following page of all the Parishioners who have heeded the call and have pledged to this year's 2019 Stewardship Campaign. Is your name listed? If not, we welcome you and encourage you to be a part of the future of our Cathedral. Are there people you know whose names you don't see? Invite them to become a part of the Stewardship Program at Holy Trinity!

There truly is "*a time for every purpose under the sun*" and  
**OUR time is NOW!**

**PLEASE JOIN US!!** Be a part of preserving this Cathedral for  
generations to come!

There are 3 months left in the 2019 Stewardship Campaign....

We are ONLY \$11,724 away from our goal of **\$250,000**

**We Can Do This!!!**

As always, please feel free to contact myself or Carole or any member of the Stewardship Committee if you have any questions or concerns about your Stewardship Commitment. We offer a variety of payment methods including the ability to make your payments online! We encourage everyone to check out our updated website [www.holytrintitytoledo.com](http://www.holytrintitytoledo.com)

Male Hellenic Dancers were **Frank Bairactaris** (from St. Nicholas, Ann Arbor), **Jackson Bollin**, **Seraphim Dionyssopoulos** (from St. George, Southgate), **Vasili Dionyssopoulos** (from St. George, Southgate), **Davis Jenkins**, **Georgios Kamilaris**, **Dimitri Karahalios** (from Holy Trinity, Ft. Wayne), **Nicholas Legakis**, **Kip Papageorgiou** (from St. Nicholas, Ann Arbor) and **Dimitri Skrettas** (from St. Nicholas, Ann Arbor).

Lead Dancers were **Nichole Kanios**, **Theo Pechlivanos** and **Blake Theodorou**. Female Captains and Principal Dancers were **Maria Cook**, **Nicole Arvanitis**, **Lauren Dionysiou**, **Aphrodite Georgakopoulos** and **Nicki Owen**. Male Captains and Principal Dancers were **Peter Cook**, **Marios Kamilaris**, **Logan Theodorou** and **Alexander Yakumithis**.

**THANK YOU TO:**

**Athena Papageorgiou**, Ann Arbor Costume Coordinator, for making costumes available to the Ann Arbor dancers to wear during dance performances. **Julie Skrettas**, Ann Arbor Dance Coordinator who helped instruct the Softka and transporting Ann Arbor costumes to and from the festival.

**Father Larry**, Parish Council President, **Monny Yakumithis** and **Parish Council**, Festival Chairmen **George Sares** and **Terry Irmén** (also prepares a reinforced table for Hellenic's table dances), **Hellenic Dance Company families** for their support and commitment to Holy Trinity's Greek Heritage Dance Program.

I'd like to take this opportunity to thank and say how fortunate the Hellenic Dance Company is to have a dedicated team of Assistant Director, **Maria Tzanakis**, and Instructors, **Paula Apostolou**, **January Bollin**, **Christiana Christides** and **Ted Voudouris**.

Also on behalf of the dance company's team - **THANK YOU** to the dancers for their kind gifts of flowers and gift cards. – Persilla Zervos, Hellenic Dance Company Director

**2019 Stewardship Update through September 16, 2019 - Our Stewardship goal for 2019 is \$250,000**

**So far 248 Stewards have pledged \$238,276**

**We welcome everyone to be a part of the 2019 Campaign! Fill out your Stewardship Commitment Cards and**

**WATCH US SOAR!**

***"But those who trust in the Lord will find new strength. They will soar on wings like eagles. They will run and not grow weary, they will walk and not faint." Isaiah 40:31***

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Ms Joyce Anagnos  
Mr & Mrs Kenneth Anderson  
Mrs Mildred Andrews  
Ms Kathy Andros  
Mr & Mrs Basil Apostolou  
Mr. Anthony Arvanitis  
Mr & Mrs George Arvanitis  
Mr & Mrs Ted Arvanitis  
Mrs Irene Bacalis  
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# "Let the Children Come to Me"

## HTGOC Monthly Youth Update



October 2019

Dear Parents,

As we enter into another year and welcome back our kids to Sunday School I wanted to offer an excerpt from an article Kelly Proestos wrote about our children in Church. Kelly offered three points and I offer them to you this month.

**"I don't want to disrupt worship."** We all know babies and toddlers are going to make noise, it's a part of who they are. The excited babbles or cries is a sign of youth and life, not a burden on the attendees.

**"Everyone stares".** I had a hard time with this one. I felt as though eyes were always on me. However, I learned that no one was looking at me, they were adoring my little one. They were so excited to see us and loved to watch as my kiddos learn about church and all that comes with it.

**"I am exhausted, I need a break."** You are right! If you feel this Sunday you need to take a break from running around, then take it. But tell yourself that next week, you will make it. And then actually follow through with it. You are teaching your kids the priority of church. The more you go, the more they will learn. But if the last few weeks have been hectic, take the rest day and make it next week.

I hope that these honest tips can be helpful to those with small children in church. - Kelly Proestos

### Important Dates

#### Hope and Joy October

•20th - Trunk or Treat

#### GOYA October

•6th Kick Off Fleitz Pumpkin Farm and Party  
•20th Trunk or Treat  
•27th Coffee Talk @ 4:00 at SIP

#### Greek School October

•27th OXI Day

**Hellenic Dance Company**  
Metropolis of Detroit Hellenic Folk Dance  
Festival-October 11th-13th.

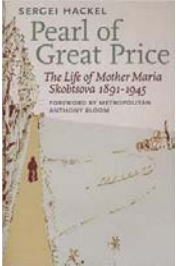




# Cathedral Fall Adult Education Opportunities

Week 5 – November 5th: Worship, Prayer,  
Icons, Sacraments

## Cathedral Book Club

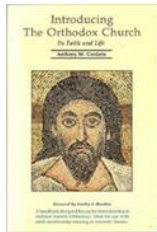


Offered by Father Larry Presbyteria  
Jenny!

This year's Book is "Pearl of Great  
Price: The Life of Mother Maria  
Skobtsova", 1891-1945

The book is available in the  
bookstore. Our meeting will be October  
27<sup>th</sup> at 6 pm

Book Club meets at the Legakis home



## Orthodoxy 101

Orthodoxy 101 is great for those who are  
Interested in the Orthodox Church and for  
those who are Orthodox and would like to  
learn more about their faith. Taught by  
Father Larry Classes begin Tuesday  
October 1<sup>st</sup> through November 5<sup>th</sup> at 6pm  
If you are interested please call the office  
and sing up.

Week 1 – October 1st: What is the Orthodox  
Church? "One Holy Catholic and Apostolic  
Church"

Week 2 – October 8th: What we believe about  
the Holy Trinity

Week 3 – October 15th: What we believe about  
the Mother of God and Saints

Week 4 – October 22nd: Scripture and  
Tradition, Salvation



The Cathedral Bible Study Continues  
Bible Study meets every Wednesday  
Morning at 10 am and Wednesday  
evening at 6:30 pm.

We continue with our study of the Old  
Testament

**New Bible Study and Men's Group!**  
This year we are pleased to announce  
our Cathedral men's group and bible  
study

Our first meeting will be Thursday  
October 10<sup>th</sup> at 6pm

We will meet on the 2<sup>nd</sup> Thursday of  
each month.

## Frappe with Father Larry

We are pleased to announce that we  
are continuing our Friday evening

Frappe with Father Larry

Frappe with Father Meets on the First  
Friday of the Month

## Young Adult Taverna talks

Young Adult meetings are on the  
Fourth Friday of the month

Thank you Holy Trinity Family for a fantastic Festival!



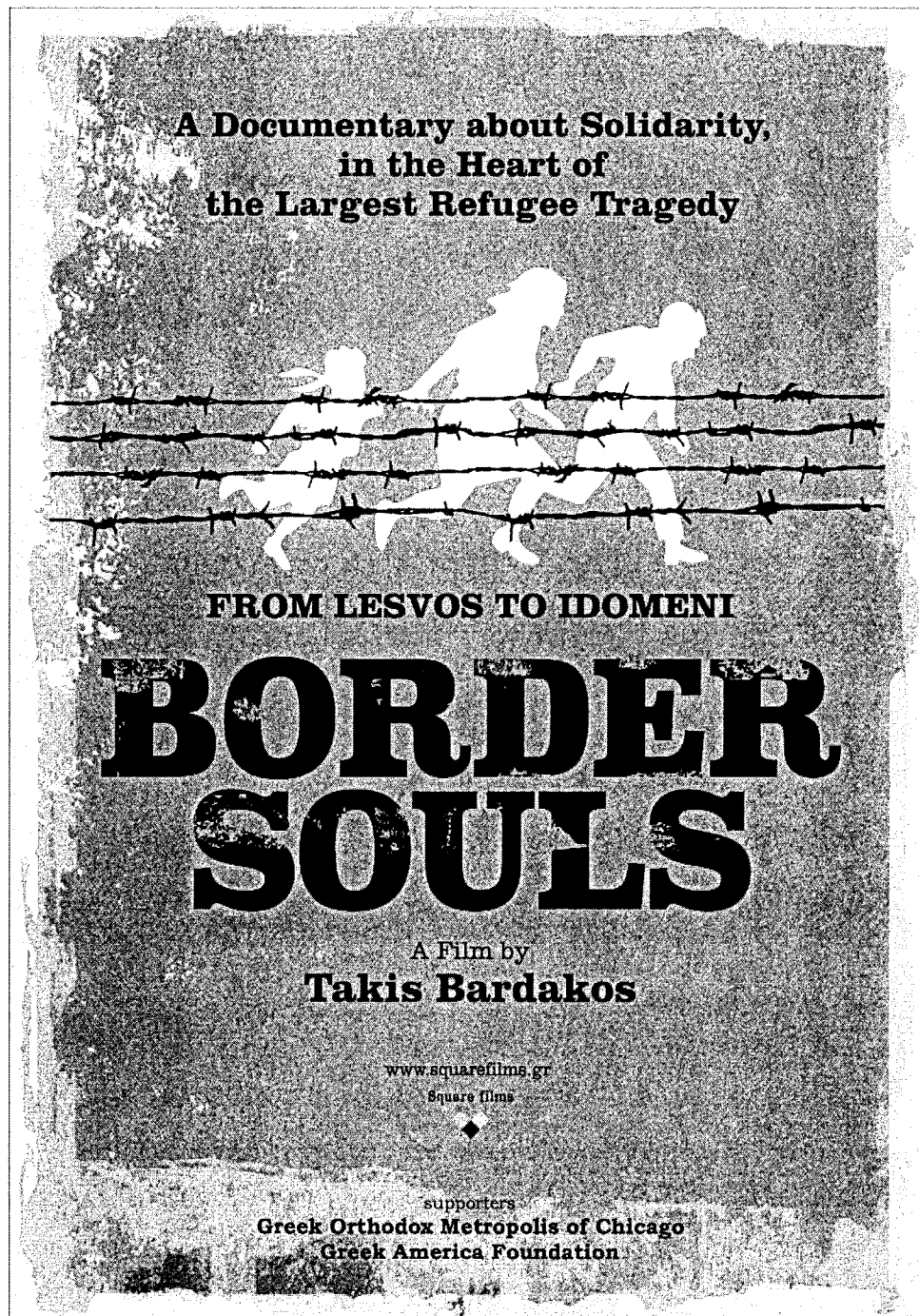
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October 25<sup>th</sup> 7 pm

Holy Trinity Greek Orthodox Cathedral Presents a  
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