

# — The Hellenic Orthodox Echo —

## Volume 29 March 2020 No. 7

### *Holy Trinity's Mission Statement*

*To Worship and glorify God; by promoting the teachings of the Greek Orthodox Faith, to encourage all members' participation through our Greek culture, educational programs, community outreach and fundraising activities while serving God, our community and humanity with love.*



**Holy Trinity Greek Orthodox Cathedral**  
**740 Superior St. Toledo, Ohio 43604**  
**Telephone (419) 243-9189 Fax (419) 243-3799 Kitchen (419) 243-6836**

*Parish website:* [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com)  
*Email:* [holytrinitytoledo@gmail.com](mailto:holytrinitytoledo@gmail.com) *Festival website:* [www.toledogreekfest.com](http://www.toledogreekfest.com)

**Office Hours** Monday-Friday 9:00 am - 5:00 p.m.

**Sunday Services** Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Church School Following Holy Communion

**Week Day Divine Liturgy** Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.

**Evening Vespersal Divine Liturgy** 6:00 p.m. See Echo Calendar or Weekly Bulletin for times.

**Paraklesis** every third Friday 7:00 p.m. – See Echo Calendar or Weekly Bulletin for changes.

### ***Clergy***

*Rev. Fr. Eleftherios (Larry) Legakis, cell (502) 619-0800 home (419) 517-9931*  
*[priestholytrinity@gmail.com](mailto:priestholytrinity@gmail.com)*

### ***Support Staff***

**Office Manager** - Carole Faoiz      **Grounds and Maintenance** - Terry Timmons

### ***Parish Council Members***

Emmanuel T. Yakumithis (20) President; Kathy Chaka (22) Vice President; Steven Jenkins (21) Secretary;  
Maria Tzanakis (22) – Asst. Secretary; Paul G. Sieben (21) Treasurer; Debra Morris (22) Asst. Treasurer;  
Greg Cook (20); Dr. Dean Kopan (20); Peter Papadimos (22); Steven Papadimos (21); Kypros Proestos (20);  
Harry Dean Proestos (22); Frank Reder (20); George Sares (21); Manuel Yakumithis (21)

### ***Parish Ministries***

**Philoptochos President:** Pattie Senerius  
**Church School Director:** Dr. Susan Sieben  
**Adult and Youth Greek School:** Dawn Anagnos  
**HOPE/JOY:** Presbytera Jennie Legakis  
**GOYA President:** Nicholas Legakis  
**Youth:** Maria Tzanakis  
**Prosfora:** Connie Mynihan  
**Koliva:** Helen Matthews & Anthi Christides  
**Greek Dance Directors:** Persilla Zervos, Maria Tzanakis, Jan Theodorou Bollin & Ted Voudouris  
**Young at Heart President:** Becky Skiadas  
**Choir:** JoAnne Chrysochoos  
**Organist:** Andreea Lee

**Chanter/Byzantine Music Fellowship:**  
Dr. Elainie Lillios  
**Conversational Greek:** Basil Apostolou  
**AHEPA President:** George Arvanitis  
**Daughters of Penelope President:** JoAnn Cook  
**Bookstore:** Marlene Thomas  
**Liturgical Readers:** Yanula Stathulis & Basil Apostolou  
**Friends of the Metropolis:** Dr. G. J. Biernacki  
**Cookbook - Olives Feta Phyllo & More:**  
Pam Martin  
**Website:** Gene Haberman

*Celebrating 100 Years 1915-2015*  
*"Honor The Past and Embrace The Future"*



**Holy Trinity Greek  
Orthodox Cathedral  
Metropolis of Detroit**

Fr. Larry Legakis, Cathedral Dean



740 N. Superior St. Toledo, Ohio 43604 Phone: 419 243-9189 Fax: 419 243-3799

Web: [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com) E-mail: [htgoctol@sbcglobal.net](mailto:htgoctol@sbcglobal.net)

Festival web: [www.toledogreekfest.com](http://www.toledogreekfest.com)

***Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote—Jesus of Nazareth, the son of Joseph...Philip said to him, "Come and see."***

Dear Parish Family and Friends,

One of my fondest memories of my kids is when they would do something they were proud of and would run into the room and yell, "Daddy come and see!". We are fortunate that Lukia is still at the age where, on occasion, she still does this. We, of course, run into the room and with great enthusiasm take a look at what they have done. As a Church we need to do something similar. The scripture reading found on the Sunday of Orthodoxy shows this clearly and tells us why.

In the first chapter of St. John's Gospel we see the narrative of Christ calling the disciples. One of them named Philip runs to tell his friend Nathaniel that he has found the Christ. We read the following, "Philip found Nathanael and said to him, 'We have found Him of whom Moses in the law, and also the prophets, wrote—Jesus of Nazareth, the son of Joseph.' And Nathanael said to him, 'Can anything good come out of Nazareth?' Philip said to him, "Come and see." I can only imagine the joy that Philip had while telling his friend. But why? Because they had found the Messiah. They had found He who is not only a man but the Truth itself. This is exactly what we continue to have in our beloved Orthodox Church. This is what we triumphantly celebrate on the first Sunday in Lent. We celebrate this truth, who is Jesus Christ.

My friends and my family in Christ, let us remember that we do not only celebrate the past but we continue in the present to uphold this Truth. That is precisely what we do each Sunday. That is what we do as we preach the Gospel. Let us, as a community, keep moving forward holding on to this Truth. Let us, as a community, through words of invitation and through actions, call people to come and see the Truth of Orthodoxy.

In Christ,

Father Larry Legakis

# HOLY TRINITY GREEK ORTHODOX CATHEDRAL

## March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> BMF Coffee Hour Cheese Fare Hope and Joy Meeting 12:15 PM Greek School 6:00 PM Forgiveness Sunday Vespers	<b>2</b> Greek Kitchen Prep for Spanakopita Great Lent 6:00 PM Great Compline 7:00 PM Parish Council	<b>3</b>	<b>4</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:00 PM Pre-Sanctified 6:30 PM Bible Study	<b>5</b> 6:00 PM AHEPA 6:00 PM Daughters meeting off site	<b>6</b> 1st Salutations 6 pm Confession 7 pm Salutations 6:00 PM Dinner & Discussion (Adults)	<b>7</b> 9:00 AM 3rd of the Souls Orthros Divine Liturgy 10 am
<b>8</b> Sunday of Orthodoxy 12:15 PM Greek School 6:00 PM Pan Orthodox Lenten Vespers and Pot Luck	<b>9</b> Greek Kitchen Prep for Tiropita 6:00 PM Great Compline 7:00 PM Philoptochos Board Meeting	<b>10</b>	<b>11</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:00 PM Pre-Sanctified 6:30 PM Bible Study	<b>12</b> 6:00 PM Men's Bible study	<b>13</b> GOYA Outing after Salutations 6:00 PM 2nd Salutations Confession 7 pm Salutations	<b>14</b> Metropolis Goya Lenten Retreat
<b>15</b> G. Mulopulos Memorial Oratorical Festival 12:15 PM Greek School 6:00 PM Pan Orthodox Lenten Vespers and Pot Luck	<b>16</b> 6:00 PM Great Compline 7:00 PM philoptochos General Meeting	<b>17</b> 9:00 AM Hall Rental Noonan	<b>18</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:00 PM Pre-Sanctified 6:30 PM Bible Study	<b>19</b> 6:00 PM Young at Heart	<b>20</b> Philoptochos Sponsored Lenten Project 5:00 PM 3rd Salutations	<b>21</b> Galaktobouriko - Daughters
<b>22</b> Greek Independence Program Philoptochos Tray 4:00 PM GOYA Coffee Talk- Sip 6:00 PM Pan Orthodox	<b>23</b> 6:00 PM Great Compline	<b>24</b> Greek Kitchen	<b>25</b> 9:00 AM Annunciation Orthros Divine Liturgy 10 am 4:00 PM Greek School Children 6:00 PM Greek School	<b>26</b>	<b>27</b> Young Adult Taverna Talk 6:00 PM 4th Salutations Confession 7 pm Salutations	<b>28</b> Kourambiethes - Daughters Parents of Young Children Ministry
<b>29</b> General Assembly Independence Day Parade Loukomathes Sunday 12:15 PM Greek School 6:00 PM Pan Orthodox	<b>30</b> Greek Kitchen Prep for Baklava 6:00 PM Great Compline	<b>31</b>	<b>Apr 1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>Notes</b>				



# HOLY TRINITY GREEK ORTHODOX CATHEDRAL

## April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>29</b>	<b>30</b>	<b>Mar 31</b>	<b>1</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:00 PM Pre-Sanctified 6:30 PM Bible Study	<b>2</b> 6:00 PM AHEPA 6:00 PM Daughters - Offsite	<b>3</b> 6:00 PM Akathistos Confession 7 pm Akathistos 6:00 PM Dinner & Discussion (Adults)	<b>4</b>
<b>5</b> Hope and Joy Meeting 12:15 PM Greek School 6:00 PM Pan Orthodox Lenten Vespers and Pot Luck	<b>6</b> DOP Bake Sale Pre Orders 6:00 PM Great Compline 6:00 PM Parish Council	<b>7</b> Philoptochos Shut-in Boxes	<b>8</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:00 PM Pre-Sanctified 6:30 PM Bible Study	<b>9</b> DOP Pre Order Delivery 6:00 PM Men's Bible study	<b>10</b> Greek Kitchen Pick Up DOP Bake Sale	<b>11</b> 9:00 AM of Lazarus Orthros Divine Liturgy 10 am 12:00 PM Cathedral Clean up
<b>12</b> Greek Kitchen Pick Up Daughters of Penelope Bake Sale Palm Sunday 12:15 PM Greek School 7:00 PM Bridegroom	<b>13</b> Holy Monday 7:00 PM Bridegroom	<b>14</b> Holy Tuesday 7:00 PM Bridegroom	<b>15</b> Holy Wednesday 9:00 AM Pre-Sanctified Liturgy 4:00 PM Holy Unction 7:00 PM Holy Unction	<b>16</b> Dye Easter Eggs Holy Thursday 7:30 AM Divine Liturgy 7:00 PM Service of 12 Gospels	<b>17</b> GOYA Holy Friday Retreat Holy Friday 10:00 AM Royal Hours 2:00 PM Vespers of the Un-nailing 7:00 PM Lamentations	<b>18</b> (11:00 PM) Resurrection Service Holy Saturday Sun Rise Breakfast after Resurrection
<b>19</b> (11:00 PM) Resurrection Service Pascha 12:00 PM AGAPE Service	<b>20</b>	<b>21</b>	<b>22</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:30 PM Bible Study	<b>23</b> 9:00 AM Liturgy St. George 6:00 PM Young at Heart	<b>24</b> Young Adult Taverna Talk 9:00 AM Liturgy Life Giving Font	<b>25</b> Oratorical Festival Michigan District Finals Parents of Young Children Ministry
<b>26</b> 12:15 PM Greek School 4:00 PM GOYA Coffee Talk Sip	<b>27</b> 7:00 PM Philoptochos Board meeting	<b>28</b>	<b>29</b> 10:00 AM Bible Study 4:00 PM Greek School Children 6:00 PM Greek School Adults 6:30 PM Bible Study	<b>30</b> DOP Scholarship Applications Due	<b>May 1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>Notes</b>				

## CHURCH REGISTRY

### HOSPITALIZED

Anthepe Jakubowski, John Veronie,  
Dora Kokolakis, Zenith Jakubowski  
and Alex Tokles

### BIRTH

*Baby Giovanna Grace*  
Born January 19, 2020 to parents  
Marc & Erin (Sarantou) Beechuk

### MARCH ANNIVERSARIES

*Congratulations to:*  
George & Margie Sares – 39 years  
Clyde & Carolyn Trumbull – 19 years  
Emmanuel T. & Kelly Yakumithis – 17 years

### FUNERALS

George Mulopulos  
February 15, 2020

Pete Spanoudis  
February 17, 2020

### MEMORIAL SERVICES

Maroulla Loizou – 6 months  
*May Her Memory Be Eternal*

### MEMORIAL GIFTS

#### IN MEMORY OF DEMETRA THEODOROU

Mrs. Evangelia Mihos  
Dr. & Mrs. Nikolaos Petousis  
Mr. & Mrs. Andreas Petros  
Mr. Sotiris Petros  
Mrs. Sophia Spillson  
Mr. & Mrs. Clyde Trumbull

#### IN MEMORY OF DEMETRA, SPIROS & CHRIS THEODOROU

Ms. Elaine Dobias

#### IN MEMORY OF MATINA NICHOLAS

Mr. & Mrs. Stephen Afendoulis

#### IN MEMORY OF ANGELA STYLIANIDES

Mr. & Mrs. Chris Diaz

#### IN MEMORY OF GOLDIE STRATOS

Dr. & Mrs. Wallace DePue

#### IN MEMORY OF ELENA YAKUMITHIS

Mr. & Mrs. Tom Ross

#### IN MEMORY OF IRENE HIMEBAUGH

Mr. & Mrs. Bert Carstensen  
Mr. & Mrs. Tom Ross

#### IN MEMORY OF TIMOTHY MCANINCH

Mr. & Mrs. Bert Carstensen  
Mr. Charles McAninch  
Mrs. Mary McAninch  
Mr. Steven McAninch

#### IN MEMORY OF GUS AFENDOULIS

The Deku Family

#### IN MEMORY OF VASILIKI ROSSOPOULOS

Mr. & Mrs. Richard Hartford

#### IN MEMORY OF THOMAS IRMEN

Mr. & Mrs. Andreas Petros

#### IN MEMORY OF NICK BARADOS

Ms. Catherine Geanopulos

*Dear fellow parishioners,*

*I would like to extend my sincere thank you to all  
of you who called, visited, and sent cards of  
condolences on the loss of George. It was very  
much appreciated at this very difficult time.*

*May His Memory Be Eternal  
-Ann Mulopulos and family*

## **PHILANTHROPY FOR GENERATIONS**

We are currently accepting stewardship for the fiscal year which began in January, 2020 and ends December, 2020. We invite you to join us and be a part of a legacy of good works. You would help make a difference in someone's life. "There is nothing more beautiful than someone who goes out of their way to make life beautiful for others." Please submit your stewardship to Presvytera Ann or Pattie Senerius by April 1st. Make checks payable to Philoptochos. Twenty one dollars of your stewardship is sent to National (\$15.00) and to the Metropolis (\$6.00). Anything above that stays with the chapter to support our ministries and charities. "There are two ways do spreading light: to be the candle or the mirror that reflects it."

Thank you to the following stewards as of February 17<sup>th</sup> for helping Philoptochos make a difference and to spread kindness. Thank you for your generosity. Jessica Adams, Dawn Anagnos, Joyce Anagnos, Kathy Andros, Despina Apostolou, Pauline Biernacki, Angie Bohland, Joann Cook, Mary Dedes, Elaine DePue, Linda Dionyssiou, Catherine Geanopulos, Presvytera Ann Hadgigeorge, Barbara Hartford, Maritsa Loizos, Pam Martin, Alfreda Morris, Debbie Morris, Ann Mulopulos, Olympia Ntakos, Debbie Paterakis, Sophie Paterakis, Pattie Senerius, Susan Sieben, Jeanette Stambolis, Yanula Stathulis, Marina Wade, Rane Wood, Ursula Xanthakos, Dorothy Yakumithis, Angie Vogiatzis, and Persilla Zervos.

We extend our sympathy to the George Mulopulos Family. George was a staunch supporter of Philoptochos and a dedicated volunteer for many years. He will be missed by all of us. May his Memory be Eternal!

*"Every time we love, every time we give, we spread kindness that matters a lot!"*

### **Upcoming Events**

Philoptochos Service Scholarship Application - contact Stephanie Berardinelli, Due April 30th  
**[mrs.berardinelli0728@gmail.com](mailto:mrs.berardinelli0728@gmail.com)**

Metropolis of Detroit Philoptochos Florence G. Stefanou Memorial Scholarship - Due April 30th

**[https://www.detroit.goarch.org/uploads/6/5/2/9/65299921/scholarship\\_app.pdf](https://www.detroit.goarch.org/uploads/6/5/2/9/65299921/scholarship_app.pdf)**

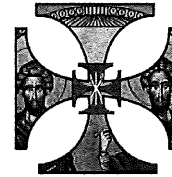
**Lent begins** - Monday, March 2nd

**Board Meeting** - Monday, March 9th, 7:00 P.M.

**General Meeting** - Monday, March 16th, 7:00 P.M.

**Lenten Project** - Friday, March 20th, after Salutation Services

**Loukoumathes Sunday** - March 29th, after church  
**Pan Orthodox Lenten Vespers and Potluck** at Holy Trinity - Sunday, March 29th, 6:00 P.M.



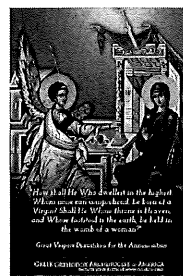
**FLORENCE G. STEFANOUE MEMORIAL SCHOLARSHIP  
SPONSORED BY THE STEFANOUE FAMILY  
AND  
THE METROPOLIS OF DETROIT PHILOPTOCHOS BOARD**

**FOR MORE INFORMATION AND SCHOLARSHIP  
APPLICATIONS PLEASE  
CONTACT YOUR LOCAL PHILOPTOCHOS CHAPTER OR  
THE METROPOLIS OF DETROIT PHILOPTOCHOS PAGE  
OF THE METROPOLIS OF DETROIT WEBSITE  
Applicants must be related to a Philoptochos member**

**[https://www.detroit.goarch.org/uploads/6/5/2/9/65299921/scholarship\\_app.pdf](https://www.detroit.goarch.org/uploads/6/5/2/9/65299921/scholarship_app.pdf)**

*Applications are due April 30<sup>th</sup>*

### ***KROGER COMMUNITY REWARDS UPDATE by Faye Haberman***



Philoptochos continues to participate in the Kroger Community Rewards fundraiser program. A quarterly cycle ended January 31, 2020. The total earnings for that cycle were \$523.38 with 133 households contributing.

If you currently participate in another Kroger Rewards program, please, consider switching to Philoptochos. It truly is a worthwhile cause and we provide assistance to needy families, our community including our lovely Cathedral.

**The web site to join is:**

**[www.krogercommunityrewards.com](http://www.krogercommunityrewards.com)** . Click on "Create an Account" and follow the prompts. Our name is Holy Trinity Greek Orthodox Philoptochos and our new ID# is CM658.

I can be reached at 419-865-4344 or at [fotini@bex.net](mailto:fotini@bex.net) and I will gladly assist you with any problems.

Please, make sure your phone number is listed under the **ALT ID** section. Also, make sure your account information is updated and "Philoptochos" appears at the bottom of your Kroger receipt.

Philoptochos thanks all of you for participating in this *Profitable, Painless, and Perpetual* fundraiser.

#### *Daughters of Penelope News by Stacia Dimit*

Greetings from Dodona Chapter #24 Daughters of Penelope!

The February meeting was a potluck dinner with the Ahepans and was held at the church Community Center. A good group attended even though the weather was cold and a bit snowy. Thank you to everyone who brought dishes to share.

The Daughters and the Ahepans co-hosted the pre-Lenten Apokreatiko luncheon following the church service on Sunday, February 23, 2020 with proceeds going to support our scholarship program. Next month's Echo will provide more results from this event.

As detailed in last month's February Echo, Ahepa Scholarship applications are available for graduating high school seniors. The applications are offered on the Holy Trinity Ahepa (Ypsilanti Chapter #118)/Daughters of Penelope (Dodona Chapter #24) website which is [www.toledo.buckeyedistrict11.org](http://www.toledo.buckeyedistrict11.org) Scholarships may be submitted on line and are due by March 31, 2020.

National AHEPA scholarships are also available at [AHEPA.org/education](http://AHEPA.org/education) and [Daughtersofpenelope.org](http://Daughtersofpenelope.org). Please refer to the February Echo pages 9 and 10 for detailed instructions and qualifications.

This year the proceeds from our March Madness fundraiser will support the Youth Camp Ministry to help offset the cost for children from our parish to attend the Metropolis of Detroit Summer Camp. The cost for each child to attend camp is \$425. Tickets are \$10 each and will be available during coffee hours after church. Contact Sister Marina Cooper, event Chairperson, for information.

In March, workshops will be held at the church Community Center to prepare delicious homemade Greek pastries for the annual Palm Sunday Bake Sale. The workshops are planned for March 10, 21, 24, 28, and 31. Connie Mynihan is the Bake Sale Chairperson and can be contacted for information at 419-250-4899. The Bake Sale will be held on Palm Sunday April 12, 2020 which is the same day as American Easter this year. Pastries can be pre-ordered to ensure that your favorite pastries are available. Order forms will be mailed and will also be available after church during coffee hour and are due April 5, 2020.

Again this year, we are offering Holy Friday Luminary Jars to honor our deceased loved ones. Each jar will display the name of one or two loved ones at a cost of \$5.00 per name. The beautiful candle lit luminary jars will be displayed on the church solea on Good Friday evening. Order forms will be mailed to church members or can be obtained during coffee hours after church. Please order by Palm Sunday April 12, 2020. Proceeds will be split between Holy Trinity Greek Orthodox Cathedral and the Daughters of Penelope Scholarship Fund.

The March meeting will be held on Thursday, March 5, 2020 at 6 pm with the location to be determined.

Dues for 2020 and any past dues may be paid to our Treasurer, Sophie Stathopoulos.

#### *Holy Trinity Greek Kitchen by Connie Mynihan*

Easter, graduations, showers and get-togethers are just around the corner. Order now and have your baking needs ready. **Twenty-four pieces of delicious Baklava - \$30.00, Spanakopita - \$20.00 or Tiropita - \$20.00 are available.**

Order forms are being sent by email, mail and will be available Sundays, during coffee hour. Orders are due in by Friday, April 3rd, 2020. Pick up is at Holy Trinity Community Center on Friday, April 10<sup>th</sup>, Saturday April 11<sup>th</sup>, or Sunday April 12<sup>th</sup> between 11:00 am to 1:00 pm.

Please be generous as all proceeds are given to the church.

If you need further information or have any questions, please contact Connie Mynihan at 419-250-4899 or email: [cmynihan5@gmail.com](mailto:cmynihan5@gmail.com).

#### *Greek School News by Dawn-Avgi Anagnos, Instructor & Director*

On Sunday, January 26<sup>th</sup> 2020, at the end of the Divine Liturgy, in our Community Center, our Greek School celebrated the Greek Letters Day and the Three Great Hierarchs, Ecumenical Teachers of our early church, Saints, Basil the Great, Gregory the Theologian and John the Chrysostom. These church fathers lived in the fourth century and rightly referred to as 'Giants' of faith, courage, holiness and learning. They were among the first to recognize the importance of the Greek Language and culture in developing and advancing Orthodoxy. They helped to develop the Christian Faith in the Greek Language and Thought. The Three Hierarchs are considered the Patron Saints of Education and Culture. They used the art education and the Greek Classics to teach about God and that is why we have the week around the 30<sup>th</sup> of January as the week of Greek Letters and Culture.

The main speakers for the day were in Greek Mrs. Elena Xenofontos first year teacher in the first grade and a first year student in the adult class in English Mr. Belazis Polyvios –Paul- who gave us an informative and interesting speech. The Greek School program followed with prayers, poems and songs. The students who participated were Jessica Williams, Vasilia and Lukia Legakis, Alexandra, Mariam and Andreana Xenofontos, Electra Hickman, Nikkos Theodorou, Kalli McCullough, and Amalia and Zoe Bollin. Warmest congratulations to all of them and our wonderful speakers. Warmest congratulations also to two wonderful students of our Adult Class who passed the Ellinomatheia test Number 2 with ‘Arista’ Distinction Level. Bravo kai eis Antoera to Don Isenhath and Gary Varney, hopefully others will follow their steps. Gary is teaching now in Charter Schools Latin and will include Greek Don is teaching at the University of Toledo. Many thanks also to our photographers Maria Tzanakis, Joyce and George Anagnos who took and developed the pictures. Many thanks also for their support towards Greek School go to Fr. Larry Legakis, the president of our church Emmanuel Yakumithis, the Church Board, the parents, grandparents, all the students, friends of Greek School and those who helped in every way.

On Sunday, March 22<sup>nd</sup> 2020, our Greek School will celebrate the Greek Independence Day of the 25<sup>th</sup> of March 1821. See you then, God Bless you all and Happy New Year 2020. The Greek Independence Day Parade in Greek Town, Detroit will be March 29<sup>th</sup>, 3:00 p.m. We will talk more about it at the March 22<sup>nd</sup> presentation.

### ***AHEPA Chapter 118 News by Tony Capranica***

Our regular meetings are held September thru June on the first Thursday of each month. Several meetings will be held jointly with the Daughters chapter. The March meeting will be held on March 5, 2020 at 6:30 P.M. at Michael’s Restaurant downtown.

Congratulations to the following winners of the Super Bowl Raffle. Thank you to all who participated.

1 <sup>st</sup> Quarter	George Arvanitis
Halftime	Bob Jenkins
3 <sup>rd</sup> Quarter	Chris Zervos
Final	Fr. Larry

Notice to all high school seniors and college undergraduates... The local, District and National scholarships are now available for submission. The local scholarship can be accessed at [www.toledo.buckeyedistrict11.org](http://www.toledo.buckeyedistrict11.org) and has a due date of April 19. The District scholarship application is available at [www.bsf.buckeyedistrict11.org](http://www.bsf.buckeyedistrict11.org) and is due April 15. As a reminder, the District scholarship DOES

NOT have a minimum GPA requirement. Please refer to [www.ahepa.org](http://www.ahepa.org) for details on the National scholarship.

This year’s Ypsilanti #118 Golf Memorial will be honoring Fr. Chris Hadgigeorge, with the proceeds going to Hellenic College Holy Cross in Boston, MA. We have secured Brandywine Country Club on Saturday June 27. Registration will begin at 12:00 noon with a shotgun start at 2:00 PM and a dinner following the golf at 7:00 PM. The format is a 4-person scramble. Not a golfer, no problem. You are welcome to support the event by attending the dinner. Complete details are available at [www.ypsigolfgolfmemorial.com](http://www.ypsigolfgolfmemorial.com) where you can register for golf and/or take advantage of the many different ways to sponsor the event. **See you on the course!** As always, Ypsilanti #118 is looking for new members and encouraging former brothers to re-join. For more information, checkout [www.buckeyedistrict11.org](http://www.buckeyedistrict11.org) or [www.ahepa.org](http://www.ahepa.org).

### ***Young At Heart News by Becky Skiadas***

YAH met on Thursday, February 20<sup>th</sup>. We enjoyed a delicious meal of spaghetti and meat sauce, salad, and garlic bread prepared by Daisy.

We had a moment of silence in honor of two YAH members who recently passed away. They were George Mulopulos and Pete Spanoudis. George had been honored at our November meeting when we honored our Veterans.

George was one of the founders of YAH and was a very active volunteer at the summer workshops helping wherever he was needed. He will be greatly missed by all of us. *May Their Memory Be Eternal.*

On January 21<sup>st</sup> the YAH went on our annual trip to the Hollywood Casino where we enjoyed a buffet and fellowship then we all scattered to try our luck on a \$10.00 voucher we were given as a group. I do not believe we had any major winners. But we had fun.

Tina Papalekas is planning a trip to Niagara Falls and Toronto in the fall. Anyone who cares to join us get your passports ready.

YAH welcomed a new member - Henrietta Galyas. We are so happy to have her with us.

YAH played a fun game of Left Right Center with quarters. We had 3 tables going and we had some lucky winners.

Come join us for a fun evening and great food.

Next meeting is March 19<sup>th</sup>. Just come on down we welcome new people with open arms.

### ***Byzantine Music Fellowship by Elaine Lillios***



As Byzantine Music Fellowship launches into its fifth year, it welcomes all those interested in learning to chant Paraklesis (third Fridays of each month except during Great Lent) and the Akathist Hymn

(Fridays during Great Lent.) The group rehearses various Tuesdays each month. Talk to Elaine Lillios if interested to find out the current schedule. Join us!

### ***Community Cookbook by Phyllis Manton***

Greetings in our Lord. We have begun our Lenten journey toward Christ's Glorious Resurrection. We have dietary restrictions, but I would argue we have so many food options. Food is not the sole focus of Great Lent, far from it, prayer, charity, and introspection are the crux of our path. We are blessed with abundance as we have food available to us at supermarkets and we have wonderful recipes to share with our loved ones. It seems that what's old is new again or as many folks on TV say, "on trend". Vegetarian and plant-based foods are huge buzz words. We have always been on trend. One of my favorite recipes, and I am biased, is Presvytera Toni Paterakis Wozniak's Barley Lentil Soup (p 128). It is so hearty and full of flavor. Of course, we have the more traditional lentil soup on page 126. Beans and legumes are abundant fare. Baked Lima beans, Yiyantes, on page 188 are delicious. Peas and Artichokes with lots of herbs are aromatic and flavorful. (p 191) There is no shortage of choices for delicious dishes.

We are taught that more than anything it is what comes out of our mouths not what goes in that causes trouble. Food is not our only focus and some people, because of health concerns cannot abstain from animal protein. We shouldn't fret about food. Focus on the Lord and look for little ways to help someone. Have a Blessed Lent.

### ***Stewardship Update by Kathy Chaka***

#### ***A Time for Every Purpose Under Heaven -Ecclesiastes 3***

**By now, hopefully everyone has heard the good news that not only did we reach our 2019 Stewardship Campaign goal of \$250,000, but we surpassed it by \$10,000 for a final total of \$260,000!** We would like to thank all of the Stewards who made this blessing a reality! Without your generosity and commitment to Holy Trinity Cathedral, none of this would have been possible. We also hope that everyone enjoyed the wonderful cupcakes provided by your Stewardship Committee and Parish Council on "Souper

Bowl" Sunday. It was a way of thanking everyone for the success of the 2019 Stewardship Campaign.

Now it would be very easy at a time like this to sit back and rest on our accomplishments. We worked hard, we gave more, and we achieved a number in Stewardship that we had only dreamed of... However, it is important at a time like this to ask ourselves, "Why is it so vital that each year we strive to increase our Stewardship here at Holy Trinity?" Unfortunately, the reality is that our Stewardship still doesn't cover our everyday yearly expenses and we are still relying on our festival to cover what our Stewardship does not. Our festival needs to do what it was originally intended to do, which is to fund repairs, improvements, and expansions to this over 100-year-old Cathedral. As we prepare in the coming months to have discussions and make decisions about the future renovations to the Cathedral, let us not forget that our Stewardship Campaign for 2020 must not take a step backward. It must stay strong!

As your Stewardship Chairman these past years, I truly have discovered that the parishioners of Holy Trinity are a very special, hardworking, loving and caring community. We come together whenever we are called to do so for the good of this Church. We consistently believe in and strongly support all of our ministries. We embrace our mission to spread the word of God and Orthodoxy, and we do this through all of our many outreach programs. We believe in uplifting and supporting our youth as the hope and the future of this community. And finally, we truly believe that a thriving Stewardship program, where people are encouraged to give in accordance with the blessings they have received, is essential to building and maintaining a solid foundation on which we will continue to grow.

#### **Simply stated, "What we are doing at Holy Trinity Cathedral is working!"**

Currently, we have begun our 2020 Stewardship Campaign and as of the end of February, we have 158 Stewards pledging \$191,201. Thank you to everyone who has already submitted their 2020 pledge card! For those many stewards who are still prayerfully considering how to fill out their new 2020 Stewardship Commitment Card, we encourage you to consider God's many bountiful blessings to your family. We are challenging everyone to increase their financial commitment to Holy Trinity Cathedral. To make your giving as easy and convenient as possible, we offer a variety of payment methods including on-line giving. Simply go to our website [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com)

Again, thank you for all that you do for Holy Trinity and **let's keep the momentum going!!!** We will continue to Soar in 2020!!!

As we enter this time of Great Lent, your Stewardship Committee prays that your Lenten journey will be a very personal and rewarding one!



**2020 Stewardship Update through February 21<sup>st</sup>, 2020 - Our Stewardship goal for 2019 is \$250,000**

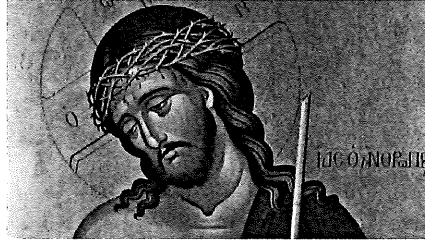
**So far 158 Stewards have pledged \$191,201**

**Please prayerfully consider the needs of our Parish and do your best to give in 2020  
at least the same in Stewardship as last year!**

Mr & Mrs Jack Adams  
Mr & Mrs George Anagnos  
Ms Joyce Anagnos  
Mrs Mildred Andrews  
Ms Kathy Andros  
Mr & Mrs Basil Apostolou  
Mr & Mrs George Arvanitis  
Mr & Mrs Ted Arvanitis  
Mrs Irene Bacalis  
Mr & Mrs Charles Bailey  
Mr Constantine Ballas  
Mr. & Mrs. Harry Barlos  
Mr & Mrs Phillip Batianis  
Mr & Mrs Evan Batsakes  
Mr & Mrs Anthony Berardinelli  
Dr & Mrs Gerald J. Biernacki  
Mr & Mrs Jacob Blevins  
Mr & Mrs Thomas Bohland  
Mr & Mrs Randall Bollin  
Mrs Mary Brandburg  
Mr & Mrs Carl Brubaker  
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Mr & Mrs Tony Capranica  
Mr & Mrs Bryan Chaka  
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Mr & Mrs Nick Chirgott  
Mrs. Alexandra Chrysochoos  
Ms Irene Chrysochoos  
Mr. Andrew Cleaver  
Mrs Maria Cole  
Mr & Mrs Andreas Constantinou  
Mr & Mrs Greg Cook  
Ms Marina Cooper  
Mr & Mrs Erich Deason  
Mr & Mrs George A. Dedes  
Mr. & Mrs. John Deku  
Dr & Mrs Wallace DePue  
Ms Stacia Dimit  
Mr & Mrs Phillip Dionyssiou  
Mr & Mrs Peter Diver  
Ms Elaine Dobias  
Mr & Mrs Gust Elmer  
Mr. & Mrs. Robert Fotoplos  
Mr & Mrs Sam Frantzis  
Mr Angelo Gangas  
Ms. Daisy Garcia  
Mr & Mrs Gus Georgakopoulos  
Mr & Mrs Chris George  
Mr & Mrs Michael George  
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Mrs Faye Grevis  
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Mr & Mrs John Hall  
Mr & Mrs Richard Hartford  
Mr Steve Hartford  
Mr & Mrs Edwin Harwood  
Mrs. Pamela Harwood  
Ms Theodossia Hatzinikolis  
Mr & Mrs Jason Hickman  
Ms Soteria Houles  
Mr. & Mrs. Terry Irmen  
Mr Michael & Dr Natalie Jackson  
Mr & Mrs Steven Jenkins  
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Mr Gregory J. Matthews  
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Mr. Emmanuel Melas  
Mrs Maria Melas  
Dr & Mrs Anthony Melonakos  
Mrs Evangelia Mihos  
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Mrs. Ann Mulopulos  
Mr & Mrs Robert Mynihan  
Mrs. Olympia Ntakos  
Mr Takie Ntakos  
Mr Peter J. Papadimos  
Mr Steve Papadimos & Dr. Chris Kanios  
Dr & Mrs Thomas Papadimos  
Mrs Tina Papalekas

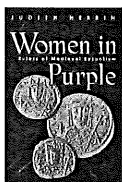
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Mrs Sophie Paterakis  
Mr. & Mrs. Robert Payeff  
Mr & Mrs Mark Pechlivanos  
Mrs Despina Pelphrey  
Mr. & Mrs. Jeff Perry  
Mr Soterios Petros  
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## **Lenten Services 2020**

**Monday March 2<sup>nd</sup>: Great Compline 6 pm**  
**Wednesday March 4<sup>th</sup>: Presanctified Liturgy and Pot-Luck 6 pm**  
**Friday March 6<sup>th</sup>: Confession 6 pm Salutations 7 pm**  
**Saturday March 7<sup>th</sup>: Saturday of the Souls Orthros 9 am**  
**Sunday March 8<sup>th</sup>: Lenten Vespers 6 pm St. George Woodley**  
**Monday March 9<sup>th</sup>: Great Compline 6 pm**  
**Wednesday March 11<sup>th</sup>: Presanctified Liturgy and Pot-Luck 6 pm**  
**Friday March 13<sup>th</sup>: Confession 6 pm Salutations 7 pm**  
**Sunday March 15<sup>th</sup>: Lenten Vespers 6 pm St. Elias**  
**Monday March 16<sup>th</sup>: Great Compline 6 pm**  
**Wednesday March 18<sup>th</sup>: Presanctified Liturgy and Pot-Luck 6 pm**  
**Friday March 20<sup>th</sup>: Parish Wide Lenten Retreat and Project**  
**Salutations 5 pm**  
**Sunday March 22<sup>nd</sup>: Lenten Vespers 6 pm St. George Rossford**  
**Monday March 23<sup>rd</sup>: Great Compline 6 pm**  
**Wednesday March 25<sup>th</sup>: Annunciation 9 am Orthros 10 am Divine Liturgy**  
**Friday March 27<sup>th</sup>: Confession 6 pm Salutations 7 pm**  
**Sunday March 29<sup>th</sup>: Lenten Vespers 6 pm Holy Trinity**  
**Monday March 30<sup>th</sup>: Great Compline 6 pm**  
**Wednesday April 1<sup>st</sup>: Presanctified Liturgy and Pot-Luck 6 pm**  
**Friday April 3<sup>rd</sup>: Akathist 7 pm**  
**Sunday April 5<sup>th</sup>: Lenten Vespers 6 pm St. George Monroe**  
**Monday April 6<sup>th</sup>: Great Compline 6 pm**  
**Wednesday April 8<sup>th</sup>: Presanctified Liturgy and Pot-Luck 6 pm**  
**Friday April 9<sup>th</sup>: Presanctified Liturgy 6 pm**

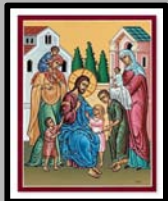
**Come and join us we worship together and Journey together to receive our risen Lord!**  
**A blessed Lent!**



## **Cathedral Book Club**

**We are currently reading "Women In Purple: Rulers of Medieval Byzantium"**

**Our next gathering will be April 4<sup>th</sup> 6 pm at the Legakis home**  
**We will be discussing chapter 4 on Empress Theodora**



# "Let the Children Come to Me"

## HTGOC Monthly Youth Update



**March 2020**

### 2020 St. John Chrysostom Oratorical Festival

Introduced in 1983, the St. John Chrysostom Oratorical Festival provides Greek Orthodox youth the opportunity to write and talk about their faith. The Oratorical Festival Program begins at the parish level and for some students (grades 7-12) extends to district and national levels.

At Holy Trinity, we believe in the importance of providing children of all ages developmentally appropriate opportunities to begin sharing knowledge about their faith in a safe environment, our own church community. Our goal is to prepare our youth over time to have the confidence to more widely spread the knowledge and love of their faith with others.

Our Parish Oratorical Festival will take place Sunday, March 15. Expressions of Greek Orthodox Faith will decorate our Educational Building in the form of our students' art, poetry, skits, videos, and essays. For weeks leading up to our local festival, Sunday School teachers will support and prepare their classes in creating pieces that will be showcased at the local oratorical festival. Below is more detailed information about specific grade-level participation.

Regardless of the child's age-level, we hope that families will join us in supporting our youth by encouraging their participation in this community event. Ask children about their work, provide them with positive support, mentor them with their piece of work, and join us on March 15 as we celebrate our youth and our faith.

Sincerely, Paula Apostolou Oratorical Festival Chairperson

### Important Dates

#### Hope and Joy

3/1-Lenten Retreat

3/8-Sunday of Orthodoxy

3/15-Oratorical Festival

#### GOYA

3/14- Metropolis of Detroit  
Lenten Retreat

3/15-Oratorical Festival

3/22-Coffee Talk

#### Greek School

3/22-Independence Day  
Program

### Looking Ahead

#### Hope and Joy

4/5-HOPE and JOY Meeting

4/11-Lazarus Saturday and  
Cathedral Clean up

4/16- Holy Friday Retreat  
GOYA

4/26-Coffee Talk





Holy Trinity Happenings





## **HOLY TRINITY COMMUNITY LENTEN EVENT SPONSORED BY PHILOPTOCHOS**

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**Friday, March 20, 2020  
Salutation Service 5:00 P.M.  
Lenten Dinner 6:00 P.M.**

**Speaker: Father William Bartz**



Father Bartz is a retired Navy Chaplain and has recently retired from active service from the Metropolis of Detroit. During his last five years on active duty, he was the most senior Orthodox Priest in the US military. He retired with the rank of Captain. Father has served as chancellor of the Metropolis, parish priest in Carmel, Indiana and is currently the interim priest at St. Nicholas Greek Orthodox Church in Troy, Michigan. He is married with children and grandchildren and currently lives in the Richmond, Virginia area.

**Lenten Project: Collecting and Assembling Care Packages for Veterans**

**Items Needed: Please bring your donations to the Community Center  
by Sunday, March 15th**

**Individual hand sanitizer  
Toothbrushes  
Small package of wipes  
Hot/Cold tumbler with lid**

**Individual tissues  
Toothpaste  
Deodorant  
Shampoo**

**Individual sunscreen  
Chapstick  
Bath sponge/poof  
Conditioner**



"THAT THEY MAY ALL BE ONE...JUST AS YOU, FATHER, ARE IN ME, AND I IN YOU.

## **PAN-ORTHODOX FELLOWSHIP OF TOLEDO**

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# **SUNDAY OF ORTHODOXY PAN-ORTHODOX VESPERS**

**Sunday, March 8th at 6:00 PM  
St. George Cathedral, Woodley Road**

March 15th  
St. Elias Church,  
Sylvania

March 22nd  
St. George Cathedral,  
Rossford

March 29th  
Holy Trinity Cathedral,  
Toledo



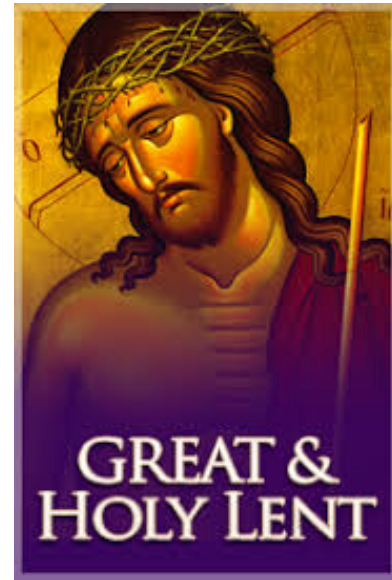
April 5th  
St. George Church,  
Monroe



# HOLY TRINITY PRESENTS



**The Lenten Speakers  
Bureau  
Will meet every  
Wednesday after the  
6 pm Presanctified  
Liturgy in the AHEPA  
room. There will be a  
Pot-Luck dinner. For  
more information please  
call the church office  
419-243-9189**



## **A Lenten GPS Presenters**

Father Nick Kotsis

March 4th

"Adam Where Are You"

Knowing your location before you  
leave for your Lenten Journey

Father Anthony Cook

March 11th

Re-Calculating make a legal U-  
turn when it is safe.

Repentance

Father Teodor Petrutiu

March 18th

"Heavy Traffic Ahead"

Lenten transformation in our  
every day lives

Father Larry Legakis

April 1st

"You have arrived"

The joy of the resurrection



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## TELEPHONE CAREGIVER SUPPORT GROUP FOR ORTHODOX CHRISTIANS



*Are you caring for a loved one who is elderly, has a chronic or life-threatening health condition or who is disabled? Do you wish you could talk to others who are facing the same challenges as you? Do you wish you had someone with whom to share your thoughts, concerns and questions and who understands our faith, our culture and community? Are you so overwhelmed you're not even sure what or who could help?*

If you answered yes to some or all and would like more information, please join the  
**PHILOPTOCHOS TELEPHONE CAREGIVER SUPPORT GROUP**

Facilitated by professionals knowledgeable in caregiving and aging services, the support group will "meet" over the telephone on seven consecutive Thursday evenings. Access will be available to Orthodox Christians throughout the Archdiocese.

In a **confidential and safe environment**, we will discuss best practices to help you manage the physical needs of your loved one; dealing with stress, guilt and exhaustion; the importance of self-care; financial concerns; family dynamics and decision-making; resources to help you cope; long-distance caregiving; preparing for the future; spiritual resources to help you find strength and build resilience; and more.

Seven consecutive Thursday evenings:

Dates: FEBRUARY 27<sup>th</sup> to APRIL 9<sup>th</sup>, 2020

Time: 7:00 pm – 8:00 pm • Eastern Standard Time

**Pre-registration Required**

Call-In phone number will be provided upon registration

For more information and to pre-register, email [supportgroup@philoptochos.org](mailto:supportgroup@philoptochos.org)

**SPACE IS LIMITED – PLEASE DON'T HESITATE! EMAIL US TODAY.**

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