

# The Hellenic Orthodox Echo

Volume 34 March 2025 No. 7

## *Holy Trinity's Mission Statement*

*To Worship and glorify God; by promoting the teachings of the Greek Orthodox Faith, to encourage all members' participation through our Greek culture, educational programs, community outreach and fundraising activities while serving God, our community and humanity with love.*



**Holy Trinity Greek Orthodox Cathedral**  
**740 Superior St. Toledo, Ohio 43604**  
**Telephone (419) 243-9189 Fax (419) 243-3799 Kitchen (419) 243-6836**

*Parish website:* [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com)  
*Email:* [holytrinitytoledo@gmail.com](mailto:holytrinitytoledo@gmail.com) *Festival website:* [www.toledogreekfest.com](http://www.toledogreekfest.com)

**Office Hours** Monday-Friday 9:00 am - 3:00 p.m.

**Sunday Services** Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Church School Following Holy Communion

**Weekday Divine Liturgy** Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.

**Evening Vesperal Divine Liturgy** 6:00 p.m. See Echo Calendar or Weekly Bulletin for times.

**Paraklesis** every third Friday 7:00 p.m. – See Echo Calendar or Weekly Bulletin for changes.

### **Clergy**

*Rev. Fr. Eleftherios (Larry) Legakis, cell (502)619-0800 home (419)517-9931*  
[priestholytrinity@gmail.com](mailto:priestholytrinity@gmail.com)

### **Support Staff**

**Ministry Coordinator** - Zachary Heller  
[ministryholytrinitytoledo@gmail.com](mailto:ministryholytrinitytoledo@gmail.com)

**Office Manager** - Carole Faoiz      **Grounds and Maintenance** - Terry Timmons

### **Parish Council Members**

Kathy Chaka (25) President; Debra Morris (25) Vice-President; Steven Papadimos (27) Recording Secretary; Kristin Zink (27) Corresponding Secretary; Gene Haberman (26) Treasurer; Paul G. Sieben (27) Assistant Treasurer; Andrew Cleaver (25); Dr. Dean Kopan (26); Peter Papadimos (25); Frank Reder (26); George Sares (27); Matt Simko (27); John Spillson (26) Maria Tzanakis (25); Emmanuel T. Yakumithis (26)

### **Parish Ministries**

**Philoptochos President:** Kelly Yakumithis  
**Church School Director:** Dr. Susan Sieben  
**Adult and Youth Greek School:** Dawn Anagnos  
**HOPE/JOY:** Presbytera Jenny Legakis  
**GOYA President:** Vasilgia Legakis  
**Youth:** Andrew Cleaver  
**Prosfora:** Zach Heller  
**Koliva:** Anthe Christides  
**Greek Dance Directors:** Jan Theodorou Bollin  
**Choir Director:** Sofia Vasileiadou  
**Young at Heart President:** Andy Petros  
**Organist:** Apostolos Konstantakis

**Warm Hands to Warm Hearts** – Maria Petros  
and Elena Perry  
**Greek Kitchen** – Nancy Liponoga  
**AHEPA President:** Dimitrios Rongakis  
**Daughters of Penelope President:** Nancy  
Rodgers  
**Men's Ministry** – Matthew Simko  
**Bookstore:** Marlene Thomas  
**Liturgical Reader (Greek):** Basil Apostolou  
**Cookbook** - Olives Feta Phyllo & More:  
Pam Martin  
**Website:** Gene Haberman

*Celebrating 100 Years 1915-2015*  
*"Honor The Past and Embrace The Future"*



**Holy Trinity Greek  
Orthodox Cathedral  
Metropolis of Detroit**

Fr. Larry Legakis, Cathedral Dean



740 N. Superior St. Toledo, Ohio 43604 Phone: 419 243-9189 Fax: 419 243-3799  
Web: [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com) E-mail: [htgoctol@sbcglobal.net](mailto:htgoctol@sbcglobal.net)  
Festival web: [www.toledogreekfest.com](http://www.toledogreekfest.com)

Dear Parish Family and Friends,

In reflections and in sermons I have mentioned some of my favorite movies. One that I was thinking about recently is Back to the Future. Back to the Future came out way back in the 1980's. It is, as the title suggests, about being able to go back into the future. One of the characters, Doc. Brown invented a time machine. Due to some unfortunate incidents the other main character, Marty McFly, was sent back in time. As you may remember, going back in time actually proved to be pretty dangerous and not a good idea. I got to thinking about this because it is important for us to remember that sometimes we go back in time as well. Sometimes we will think a lot about the past. We have to be careful if we think too much about past mistakes or people who have hurt us in the past. Like with the movie, going to the past can sometimes cause problems for us. The only thing for us to do is work on our present and we do this during Great and Holy Lent.

During the month of March, we enter into Great Lent. This is a time to evaluate where we are with regards to our relationship with Christ. It is a time where we think about what has caused distance between ourselves and God. Once we do that then we stay in the present and work on it. We sit with God, now, and work out our Salvation. We sit in the present with God through prayer. We sit in the present with God by setting aside distractions through fasting. We sit in the present with God by seeing Him in the other through our acts of charity and love to our neighbors.

My friends and family in Christ, as you look through the pages of our ECHO you will see different ways that you can live in the present with God. You will see areas where you can worship more. You will see ways that you can help others a little more. There are retreats for all ages to learn and grow. I urge you to take advantage of these wonderful opportunities. I look forward to our journey to the Lord's Resurrections together. A Blessed Lent!

In Christ,

Father Larry Legakis

# HOLY TRINITY GREEK ORTHODOX CALENDAR

## March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	Feb 28	1
						9:00 AM 2nd of Souls Orthros 10 am Divine Liturgy 10:00 AM Greek School (Youth Class)
2	3	4	5	6	7	8
<b>Missions Sunday</b> 9:00 AM Veronie- Morris Memorial/Coffee 12:15 PM Hope and Joy Lenten Retreat 6:00 PM Forgiveness Vespers	<b>Lent Begins</b> 9:00 AM Greek Kitchen (Baklava) 6:00 PM Great Compline 7:00 PM Parish Council	10:00 AM Morning Bible Study 6:00 PM Greek School (Adult Beginners) 8:15 PM ECM Webinar	6:00 PM Greek School (Adult Intermediate) 6:30 PM Presanctified Liturgy at St. Elizabeth (Pan Orthodox) 7:00 PM Greek School (Adult Advanced)	6:00 PM Daughters of Penelope Meeting 6:30 PM AHEPA Meeting 6:30 PM YAL Core Group Zoom	6:00 PM Confession 7:00 PM 1 st Salutations	9:00 AM 3rd of the Souls Orthros 10 am Divine Liturgy 10:00 AM Greek School (Youth Class)
9	10	11	12	13	14	15
<b>Spring Parish Assembly</b> <b>Sunday of Orthodoxy</b> 8:30 AM Stathulis Memorial/Coffee 12:00 PM Monthly GOYA Meeting 6:00 PM Pan	9:00 AM Greek Kitchen (Tiropita) 6:00 PM Great Compline 6:00 PM Philoptochos Board meeting 7:15 PM Philoptochos	10:00 AM Morning Bible Study 6:00 PM Greek School (Adult Beginners)	6:00 PM Presanctified Liturgy 6:00 PM Greek School (Adult Intermediate) 7:00 PM Greek School (Adult Advanced)	<b>Jiggs Lunch</b> 6:30 PM Men's Ministry	6:00 PM Confession 7:00 PM 2nd Salutations 7pm	9:30 AM Philoptochos Lenten Retreat 10:00 AM Greek School (Youth Class)
16	17	18	19	20	21	22
9:00 AM Karabogias Memorial/Coffee 12:30 PM Holy Trinity Oratorical Festival 6:00 PM Pan Orthodox Vespers/Potluck @ St. George Antiochian	9:00 AM Greek Kitchen (Spanakopita) 6:00 PM Great Compline 8:15 PM ECM Team Meeting (No Coach)	10:00 AM Morning Bible Study 6:00 PM Greek School (Adult Beginners) 8:15 PM ECM Cohorts Meeting	6:00 PM Presanctified Liturgy 6:00 PM Greek School (Adult Intermediate) 7:00 PM Greek School (Adult Advanced)	6:00 PM Young at Heart	<b>ECM Coach Site Visit</b> 6:00 PM Confession 7:00 PM 3rd Salutations 8:00 PM ECM Coach & Team Dinner (Placeholder)	<b>Parents of Young Children Ministry</b> 10:00 AM ECM Coach & Team Retreat 10:00 AM GOYA Lenten Retreat (Saint 10:00 AM Greek
23	24	25	26	27	28	29
<b>ECM Coach Site Visit</b> <b>Greek Independence Day Program</b> 6:00 PM Pan Orthodox Vespers/Potluck @ Holy Trinity	9:00 AM Greek Kitchen (Galaktobouriko) 6:00 PM Great Compline 8:15 PM ECM Team Meeting with Coach	9:00 AM Annunciation of the Theotokos Orthros 10 am Divine Liturgy 10:00 AM Holy Trinity Food Pantry 1:00 PM Warm Hands +2 more	6:00 PM Presanctified Liturgy 6:00 PM Greek School (Adult Intermediate) 7:00 PM Greek School (Adult Advanced)	5:30 PM Aurora House Cooking Class (philoptochos)	6:00 PM Confession 7:00 PM 4th Salutations	<b>Lenten Retreat YAL</b> 10:00 AM Greek School (Youth Class)
30	31	<b>Notes</b>				
9:00 AM Stewardship Coffee Hour 4:00 PM GOYA Coffee Talk-Sip 6:00 PM Pan Orthodox Vespers/Potluck @ Saint Elizabeth	9:00 AM Greek Kitchen (Make-Up) 6:00 PM Great Compline 6:00 PM Philoptochos Board meeting +2 more					

# HOLY TRINITY GREEK ORTHODOX CALENDAR

## April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	Mar 31	1	2	3	4	5
		10:00 AM Morning Bible Study 6:00 PM Hellenic Dancers Practice 6:00 PM Greek School (Adult Beginners) 8:15 PM ECM Webinar	6:00 PM Presanctified Liturgy 6:00 PM Greek School (Adult Intermediate) 7:00 PM Greek School (Adult Advanced)	6:30 PM AHEPA Meeting	6:00 PM Confession 7:00 PM Akathistos 7pm	10:00 AM District Oratorical Festival (St. Demetrios, Saginaw) 10:00 AM Greek School (Youth Class)
6	7	8	9	10	11	12
6:00 PM Great Compline 3:00 PM Greek Independence Day Parade	6:00 PM Great Compline 7:00 PM Parish Council	10:00 AM Morning Bible Study 6:00 PM Greek School (Adult Beginners)	6:00 PM Presanctified Liturgy 6:00 PM Greek School (Adult Intermediate) 7:00 PM Greek School (Adult Advanced)	6:00 PM Daughters of Penelope Meeting 6:30 PM Men's Ministry	11:00 AM Greek Kitchen Pick-Up	Lazarus Saturday 10:00 AM Greek School (Youth Class) 11:00 AM Daughters of Penelope Bake Sale Pick-Up 11:00 AM Greek Kitchen Pick-Up
13	14	15	16	17	18	19
AHEPA Fish Lunch Cole/Hawkins Trisagion Palm Sunday 11:00 AM Daughters of Penelope Bake Sale Pick-Up +3 more	7:00 PM Bridegroom Service	Greek School Closed 10:00 AM Morning Bible Study 7:00 PM Bridegroom Service 8:15 PM ECM Cohorts Meeting	9:00 AM Pre-sanctified Liturgy 3:00 PM Unction 7:00 PM Unction	8:00 AM Holy Vespers Divine Liturgy 1:00 PM Easter Egg Dyeing 7:00 PM Service of the Twelve Gospels	9:00 AM Holy Service of the Royal Hours 3:00 PM Holy Friday Lenten Retreat 3:00 PM Service of the Un-nailing from +2 more	Easter egg hunt and Pancake breakfast after Liturgy 9:30 AM Holy Vespers Divine Liturgy (11:30 PM) Orthros of
20	21	22	23	24	25	26
Greek School Closed (11:30 PM) Orthros of Easter and Divine Liturgy Pascha 12:00 PM Holy Pascha Agape Vespers	7:00 PM ECM Team Meeting (No Coach) 8:15 PM ECM Team Meeting with Coach	10:00 AM Morning Bible Study 6:00 PM Greek School (Adult Beginners)	9:00 AM George the Great Martyr and Triumphant Orthros 10 am Divine Liturgy 6:00 PM Greek School (Adult Intermediate) 7:00 PM Bible Study 7:00 PM Greek School	5:30 PM Aurora House Cooking Class (philoptochos)	Young Adult Taverna Talk	10:00 AM Greek School (Youth Class)
27	28	29	30	May 1	2	3
4:00 PM GOYA Coffee Talk-Sip	7:00 PM Pan Orthodox Calendar Meeting	10:00 AM Holy Trinity Food Pantry 1:00 PM Warm Hands to Warm Hearts mtg 6:00 PM Orthodoxy 101 6:00 PM Greek School (Adult Beginners)	6:00 PM Greek School (Adult Intermediate) 7:00 PM Bible Study 7:00 PM Greek School (Adult Advanced)			
4	5	Notes				

CHURCH REGISTRY

HOSPITALIZED

Harry Dionyssiou, Georgia Rongakis,  
Tony Arvanitis, Angelo Gangas,  
John Yakumithis, and Bob Mynihan

MARCH ANNIVERSARIES

George & Margie Sares – 44 years  
Clyde & Carolyn Trumbull – 24 years  
Emmanuel T. & Kelly Yakumithis – 22 years

BIRTH

Baby Neoklis, born December 15, 2024 to  
parents, Anthony & Jenson Kamilaris

BAPTISMS

Kostas Angelo Harwood – February 1, 2025  
Parents: Anthony & Christine Harwood  
Sponsors: David & Stefanie Domanico

FUNERAL

Nondas Karabogias – February 21, 2025  
*May His Memory Be Eternal*

MEMORIAL SERVICES

Maria Irene Warner – 40 days  
Faye Grevis – 1 year  
George Mulopulos – 5 years  
Fotini Duka – 15 years  
Irene S. Scarvelis – 25 years  
*May Their Memory Be Eternal*

MEMORIAL GIFTS

IN MEMORY OF EFTILIA KOINIS  
Ms. Theodossia Hatzinikolis  
Dr. Tom & Mrs. Dorrie Mulopulos  
Papademetriou

IN MEMORY OF GEORGE & ANN  
MULOPULOS

Mr. & Mrs. Tony Duris  
Dr. Tom & Mrs. Dorrie Mulopulos  
Papademetriou

IN MEMORY OF IRENE VERONIE

Mrs. Eldora Brogan  
Ms. Maureen McJilton

IN MEMORY OF CONNIE MYNIHAN

Ms. Maureen McJilton

IN MEMORY OF PETE, JOHNNY,  
GEORGE, & GREG MORRIS

Mr. & Mrs. Tom Ross

IN MEMORY OF SOPHIE PATERAKIS

Mrs. Eldora Brogan

IN MEMORY OF ALFREDA MORRIS

Mrs. Despina Pelphrey

IN MEMORY OF JAMES VERONIE

Despina Pelphrey

IN MEMORY OF FAYE GREVIS

Mr. & Mrs. Tom Ross & Dan

IN MEMORY OF IRENE HIMEBAUGH

Mr. & Mrs. Tom Ross & Dan

IN MEMORY OF ANNA KALOGER

Mr. & Mrs. Tom Ross & Dan

IN MEMORY OF TIM MCANINCH

Mr. & Mrs. Beret Carstensen

IN MEMORY OF AL BROGAN

Ms. Theodossia Hatzinikolis

IN MEMORY OF FR. CHRIS

HADGIGEORGE

Mrs. Yanula Stathulis

IN MEMORY OF JOANNE ARVANITIS

Mr. Yanula Stathulis

IN MEMORY OF NICHOLAS & IRENE

(PAPPAS) PAPAMERIS

Mrs. Eldora Brogan

IN MEMORY OF ERIC BRADNER

Mr. & Mrs. George Sares

*DEATHS ELSEWHERE:*

Al Brogan of Hilliard, Ohio

*May His Memory Be Eternal*

*OTHER DONATION:*

IN HONOR OF JIM & PAM MARTIN'S 50<sup>TH</sup>  
WEDDING ANNIVERSARY

Mrs. Yanula Stathulis

### *President's Report by Kathy Chaka*

On Sunday, March 9th, I strongly encourage everyone to attend our Parish General Assembly after Church in the Educational Building. Parish General Assemblies happen only twice a year and in order to conduct business we need a quorum of at least 35 people to attend. Hopefully, our hall will be filled with many Parishioners that day. I can't stress how important it is that Stewards hear first-hand what is happening here at Holy Trinity, and give their input when decisions about our Church are being made. If you've never attended a General Assembly, we look forward to having you with us. You will hear many topics of interest discussed, including updates on the work that is in progress on our Priority Projects.

Speaking of Priority Projects, our main priority right now is that we are taking quotes on a whole new Freezer/Cooler system. As I have told you before, what we currently have is 47 years old and will not last through another Festival season. We are looking at doubling the size of our present freezer in order to avoid having to send all our grape leaves this year to Shorty's Back 40, who has so very graciously allowed us to store our grape leaves in their freezers for the past few years. Our goal is to be up and running with a new Freezer and Cooler prior to the start of our 2025 Festival Workshops.

I hope everyone enjoyed looking through all the old books that had been forgotten and jammed in the cupboards of our new Archival Library. Thank you to everyone who took some books home, because now we have room to store historic memorabilia from the many families that built Holy Trinity. If you have anything historic that you would like to share and have saved in our archives, please contact Chris Zervos and he will see that they are properly preserved.

As we begin this Lenten Season, let us give thanks for the many blessings that we have here at Holy Trinity. When I went this past year to San Diego to our Clergy Laity conference, I heard many Churches that were the same size as ours truly struggling with their Stewardship and with keeping their facilities open and running. However, here, because of all of you and the amazing support and love you have for Holy Trinity, our Church is not only experiencing beautiful Renovations, but we are growing our outreach programs and ministries and helping those in need all around us. In closing, may your Lenten journey bring you peace and fill your hearts with God's love.

### *Philoptochos News by Kelly Yakumithis*

The last few months for Philoptochos has been busy, and we aren't ready to stop! Vasilopita was an enormous success, and we are able to contribute to St. Basil's Academy as well as the National Philoptochos Children's fund. Thank you, once again to all the ladies of Philoptochos who worked so hard to make such a lovely event; from setting tables, to cleaning salt and pepper shakers, donating a Vasilopita (or two), coordinating and preparing salads, and hand PEELING potatoes! This event is a labor of love, and it takes many people to pull it off! I would be remiss to not mention the talented men that took up the task of feeding nearly 300 guests, and got us all home in time to watch the second half of the football game! Harry Dean Proestoes, Kyp Proestos, Frixos Stylianidis, Ted Voudouris, Monny Yakumithis and Mike Zink. Of course, every year Carole and Terry provide so much behind the scenes help.

Moving into the spring, we won't be stopping! Right now, Philoptochos is in the midst of our 2025 membership drive! To cover National and Metropolis commitments, the cost is \$22. The average donation we receive is \$50. The remaining money is then kept in the Philoptochos General Fund to continue our works. All 2025 membership is due on **APRIL 27, 2025**. Please turn your check or cash to Maria Kopan (or any Philoptochos Board Member) OR use our PayPal account! @ToledoPhiloptochos

This year's Lenten retreat will be held **March 15, 2025**, and will be a brunch-style event! This year Philoptochos is partnering with our neighbors at Salem Lutheran Church and the NORF - End Ladies group there to provide a baby shower for our sisters in the neighborhood. Presbyteria Jenny will be our keynote speaker on Peace and Repentance. Please watch your email for updates and a wish list for these mothers in need. See Phyllis Manton, Presbyteria Jenny or Debbie Morris if you would like to be part of this committee.

### *Daughters of Penelope News by Stacia Dimit*

Greetings from Dodona Chapter #24 Daughters of Penelope!

The February 2025 dinner meeting took place on Thursday, February 6<sup>th</sup> at the Veronie Community Hall. The AHEPANs joined us for a dinner of chicken, mac & cheese and salad followed by a dessert of Valentine's Day cookies. The AHEPA Family Palm Sunday (April 13<sup>th</sup>) Fish Dinner was discussed with the AHEPANs before conducting our separate meetings.

The Daughters sold Chocolate Treats handmade by DOP Cocoa Masters on Sunday, February 16<sup>th</sup> at the Veronie Community Hall. Offered for sale were heart shaped dark and milk chocolates, Buckeyes, fudge, chocolate covered pretzels, and Dukissa (chocolate wafer cake). The handmade treats were a great success and the proceeds of over \$400 benefited the DOP scholarship fund. Thank you to everyone who purchased treats or helped make them or sell them. Special thank yous to Sister Maria Tzanakis who provided her home kitchen for making the fudge and chocolate hearts, to Anthe Christides for making the delicious Dukissa and the buckeyes, Cheryl McAllister (sister JoAnn Cook's Mother-in-law) for her candy making expertise and guidance, and Sister Nancy Rodgers for making the chocolate covered pretzels. Thank you, Sister JoAnn Cook for chairing this event.

The annual Spring Bake Sale will be held on Palm Sunday, April 13<sup>th</sup>. Offered for sale will be traditional favorites: Baklava, Finikia, Galaktobureko, Koulourakia, Kourambietes, Paximathia, and Tsoureki (sweet bread). Pre-order forms will be in the mail soon. Payment will be accepted by cash, check or PayPal. Vice-President JoAnn Cook is the Chairperson.

The annual Mother's Day Luncheon is scheduled for Saturday, May 10<sup>th</sup> at Noon at Georgio's Cafe International in downtown Toledo. Invite all the special women in your life, Mothers, Sisters, Daughters, Cousins and Friends. All are welcome. A choice of entree will be offered. Games, prizes and fun times are included. Tickets will be on sale in advance. Look for details in the Sunday Bulletins. Any questions, please email Nancy Rodgers at [rodgers.nancy4@gmail.com](mailto:rodgers.nancy4@gmail.com).

The next monthly meeting will take place on Thursday, March 6, 2025 at 6 pm. An email will be sent with the details.

Membership dues for the current year are \$50 and can be sent to Treasurer Sophie Stathopoulos at 6535 Cornwall Court, Sylvania Ohio 43560. New members are welcome. Prior members who would like to start participating again or keep their membership active are always welcome as well. Only the current year's dues are required to reinstate.

### *AHEPA News by Tony Capranica*

Watch your email for information regarding the March meeting.

Congratulations to our Super Bowl Block winners – 1<sup>st</sup> quarter – Presbytera Jenny, Halftime – Pete Mulopoulos, 3<sup>rd</sup> quarter – Maria Cook, Final – George Veronie. Thank you to all those that participated in the fund raiser.

This year the Toledo AHEPA Family will be sponsoring a Palm Sunday Fish Luncheon on Palm Sunday. Plans are currently being finalized and there will be more news of the event to come in the next Echo and in the weekly bulletin. Right now, please save the date – Sunday, April 13 following The Divine Liturgy.

We are planning to raise the Greek flag again this year at One Government Center as we have the past few years. George Sarantou is working on approval by the city and what day would be best. Watch the Sunday bulletin, Father's daily reflection and other AHEPA communications for more information.

### **Notice to all high school seniors and college undergraduates...**

The District and National scholarships are now available for submission. The local scholarship application will be available soon.

The local AHEPA/Daughters scholarships use the same application to determine recipients. The application will be found at [www.toledo.buckeyedistrict11.org](http://www.toledo.buckeyedistrict11.org). Due date is April 19, 2025.

The District scholarship application is available online at [www.bsf.buckeyedistrict11.org](http://www.bsf.buckeyedistrict11.org) and is due March 31, 2025. As a reminder, the District scholarship does not have a minimum GPA requirement.

Please refer to [www.ahepa.org](http://www.ahepa.org) for details on the National scholarship.

As always, Ypsilanti #118 is looking for new members and encouraging former brothers to re-join. For more information, checkout [www.buckeyedistrict11.org](http://www.buckeyedistrict11.org) or [www.ahepa.org](http://www.ahepa.org).

### *Men's Ministry by Matthew Simko*

In February, the Men's Ministry met at Spicy Tuna to discuss God's plan for us, to what extent "it is all in God's hands" and where we fit in. Afterwards, we retired to our regular cigar lounge for continued discussion and comradery.

Our next meeting will be February 13, 2025, at 6:30 pm for dinner and discussion. Please look for an email closer to our meeting with our dinner location.

If you are interested in attending Men's Ministry, we normally meet the second Thursday of the month beginning at 6:30, usually at a West Toledo or Sylvania restaurant and then move to another location for drinks and/or cigars. Please email me, [matthewsimko@gmail.com](mailto:matthewsimko@gmail.com), and I will add you to our notices and reminders.



**School News by Dawn-Avgi Anagnos,  
Director & Instructor**

Greek School remains active during the 2024-2025 school year. To date there are 20 enrolled youth and adult students from around the country, and scheduled lessons are held via Zoom on Tuesdays (Adult Beginners), Wednesdays (Adult Intermediate and Advanced), Thursdays (Adult Intermediate), and Saturdays (Youth). On a rolling basis we receive inquiries from interested learners who discover the Greek School page on the church website, through social media, Greek Festival outreach, and word-of-mouth. Recently, Greek School proudly presented its second of three annual programs.

On Sunday, January 26, 2025, Greek School celebrated Greek Letters Day and the Feast of The Three Hierarchs, who were ecumenical teachers of our early church and are considered the patron saints of Greek Education and Culture: Saints Basil the Great, Gregory the Theologian, and John the Chrysostom. These Church Fathers lived in the fourth century and are rightly referred to as the Giants of our faith, courage, holiness and learning. They were among the first to recognize the importance of the Greek Language and Culture in developing and advancing Orthodoxy. They helped to develop the Christian Faith in the Greek Language and Thought. The program began with a rousing speech in Greek by advanced-level student Don Isenhath, and in English by intermediate-level student Melody Tsapranis. Then followed poems celebrating the Greek Letters and the Three Hierarchs, in Greek by advanced-level student Paul Belazis (“Υμνους Στους Τρεις Ιεράρχες”), by intermediate-level student Stephanie Birtsas-Schuppenies (“Τρανή Γιορτή Γιορτάζουμε”), by beginner-level student Mia Wiggins (“Η Προσευχή Μου”), and by intermediate-level student Olivia Heidebrink (“Προσευχή”). The program concluded with the Greek song “Πάει ο Παλιός ο Χρόνος” heralding the arrival of the New Year 2025. Thank you and warmest congratulations to all students. Additional thank yous go to Fr. Larry Legakis for his leadership of the program, to Gene Haberman for making the program available on YouTube and Facebook, to Kathy Andros for taking photos for the Echo, to Zachary Heller for his ministry coordination, and to Parish Council for supporting Greek School. Many thanks to Joyce Anagnos for helping out with Zoom for the classes and to George Anagnos for providing his computer knowledge.

The next Greek School program on March 23, 2025 will celebrate Greek Independence Day of March 25, 1821 and The Annunciation. God Bless you all, υγεία σε όλους (health to everyone), and wishing you a Healthy and Happy New Year 2025.

**Greek Kitchen by Nancy Liponoga**

Great and Holy Pascha, Sunday April 20th, graduations and get-togethers, will be here before we know it, please consider ordering as all proceeds are given to the church. Order now and have your baking needs ready. Order forms will be sent by email or Order online: <http://www.holytrinitytoledo.com/greek-kitchen/>

\$25.00 Spinach Pie\* 24 pieces in a tray  
\$20.00 Tiropita Cheese\* Pie 24 pieces in a tray  
\$15.00 Galaktobouriko\* 12 pieces  
\$35.00 Baklava (ready to eat) 24 pieces in a tray  
\$35.00 FROZEN Baklava\* 24 pieces in a tray  
\$35.00 Chocolate Baklava (ready to eat)  
24 pieces in a tray

(\*Baking instructions will be included)

Orders are due in by Sunday, March 17, 2025. Ready for pick up at the Veronie Community Hall between the hours of 11:00 am to 1:00 pm on Friday, April 11th, Saturday, April 12th or Sunday, April 13th.

The Greek Kitchen THANKS you  
for your support!!!

**Young at Heart News by Frank Reder**

Hello everyone! March is here, our Lenten journey is under way, St. Patrick's Day is coming, and our most important date: March 25th! ΖΗΤΩ Η ΕΛΛΑΣ!!

I couldn't attend the February meeting, but I heard that the gyro meals were amazing as always! Pete Kanios had a very interesting and informative program for us about scams. He spoke to us about a scam targeting the homes of seniors along with a program sponsored by the Lucas County Recorder that homeowners could sign up for online to combat this scam. The program is called AlertMe and for those at the meeting who weren't able to write down the website address, as well for others who may be interested in registering, the address is:  
[www.co.lucas.oh.us/3702/AlertMe](http://www.co.lucas.oh.us/3702/AlertMe).

For March, we will be back to dinner meetings at 6:00pm. It will be on the 20th in the Veronie Community Hall. Come on down for a great dinner with really the best people!

Your 2025 dues are due. Please see Kris Reder or mail her a check to 3237 Beachwood Oregon, Ohio 43616. They are still only \$10 per person per year.

***Parents of Young Children (POYC) by Leah Simko***

We had a wonderful turnout to kick off 2025 with our amazing parents on Saturday, January 25th at Koreana Asian Grill and Sushi Restaurant with over 15 attendees! Our discussion included Social Media Impact on the Family and centered around Orthodoxy and Technology. We dug into topics related to screen time and what is our relationship with technology, social media, and cellular phone usage for children. We shared books, podcasts, ideas, and experiences with each other. It was a great evening! As always, we welcome new members at any time.

Stay tuned for details on our upcoming name change and restructure for 2025!

Our next gathering will be taking place on **Saturday, March 22** at 5:00 pm at Spicy Tuna Sushi Bar & Grill (7130 Airport Hwy, Holland, OH). An event will be posted on our Facebook page “Holy Trinity Toledo POYC” and an email will be sent out to parents with details and topic discussion. RSVP's are always appreciated. If you need to confirm your email address is on file, please reach out to Leah at [Rongakis@gmail.com](mailto:Rongakis@gmail.com).

***Warm Hands to Warm Hearts by Elena Perry***

**Happy March to one and all from Warm Hands to Warm Hearts (WHWH)!** Spring is in the air, and the birds will soon be singing their happy songs. We can hardly wait!

**We are pleased to report that our year is off to a great start.** Our **January** meeting was well attended and productive. We had a first-time attendee along with some returning faces. Because of more warm hands, we accomplished much. Our inventory has grown. **We have over 100 lap blankets made with love ready for a 2025 distribution.** How exciting! If you have any suggestions for a senior community or a local organization in need, please let us know. Since our inventory is so large, we might be able to donate to two worthy groups. This is one of the items up for further discussion during our **February** meeting. Stay tuned for more information on this coming soon.

**When our stock increases, our yarn supply decreases.** So, we kindly request donations of lively, bright, happy colors of 4-ply yarn. Let the spring flowers inspire you when making your selections. Thank you in advance. **Remember, 4-ply yarn works best for creating the 7x9 inch rectangles.** Sticking as closely as possible to the measurements is **very important.** **Twenty-five uniform rectangles** are needed to make a one-of-a-kind lap blanket made with love. You can turn in completed rectangles at any time. If possible, please bring us whatever you have completed **BEFORE** our end-of-the-month meeting. All

pieces are collected and sorted before the design process begins; therefore, no set number is required.

**Our cheer for the year is “Help us thrive in 2025!”** So far, so good! You can be a part of this by joining us for our next meeting on **Tuesday, March 25, 2025 from 1:00 to 3:00 pm in the Veronie Community Hall.** We look forward to celebrating **Greek Independence Day** together as we complete our monthly tasks. **Let’s wear colors of the Greek flag to honor our heritage.** For more information or questions, please contact **Maria Petros** at 419.473.2387 or **Elena Perry** at 419.265.6275.

***Stewardship Update by Matthew Simko***

It is hard to believe but we are entering the final month of the first quarter of Holy Trinity’s Stewardship Campaign. February’s report showed that we were slightly behind last year’s number of Stewards and amount pledged.

As the Stewardship Committee has written before, a pledge and contribution at any time is a blessing and truly valued. But a pledge early in the campaign allows the Committee and Parish Council to be more effective. That is, your Stewardship contributions will go further if your pledge is made early.

Making a pledge has never been easier. In addition to all the ways the Committee has offered you to make a pledge, we remind you of one more:



Above is a QR code that takes you directly to Holy Trinity’s Stewardship Pledge Form. Using your smartphone, open the camera function and hold the camera over the above box. You will see the website [www.holytrinitytoledo.com](http://www.holytrinitytoledo.com) appear and a click with your finger on the link will take you to our Form where you can enter your pledged amount.

A pledge is the amount you, after prayer and consideration of God and His generosity, feel you can contribute. Using the same steps described above, a pledge can be modified later in the year if you feel you can increase your contribution or need to decrease your contribution. But good Stewardship begins with a pledge. For all those that have made their pledge, thank you! For those that have not yet made their pledge, but intend to do so, we ask that you take the time to make it today.

**2025 Stewardship Update through February 26, 2025 – Our Stewardship goal for 2025 is \$300,000**

**So far 130 Stewards have pledged for a total of \$189,828**

**Thank you for all your support of Stewardship 2025!**

Mr & Mrs George Anagnos  
Ms Joyce Anagnos  
Mr & Mrs Kenneth Anderson  
Ms Kathy Andros  
Mr & Mrs John Andujar  
Dr. Dr. Paula Apostolou & Kelley Rowe  
Mrs. Lisa Arvanitis  
Mr Ted Arvanitis  
Mr Constantine Ballas  
Mr. & Mrs. Harry Barlos  
Mr & Mrs Evan Batsakes  
Mr & Mrs Thomas Bohland  
Mr & Mrs Gregory Brown  
Mr Carl Brubaker  
Mr & Mrs Tony Capranica  
Mr Shawn Carr & Nicole Petros  
Mr & Mrs Bryan Chaka  
Mr. Samuel Chipps  
Mr & Mrs Nick Chirgott  
Mr. & Mrs. Constantine Chrysochoos  
Mr. Andrew Cleaver  
Mr & Mrs Greg Cook  
Ms Maria Cook  
Mr Peter Cook  
Ms Marina Cooper & John Kwiatkowski  
Mr & Mrs Richard Dashner  
Mr & Mrs Erich Deason  
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Mr Angelo Gangas  
Mr Michael George  
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Ms. Sultana Grether  
Dr. Michael & Dr. Melanie Grillis  
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# "Let the Children Come to Me"

HSGOC Monthly Youth Update



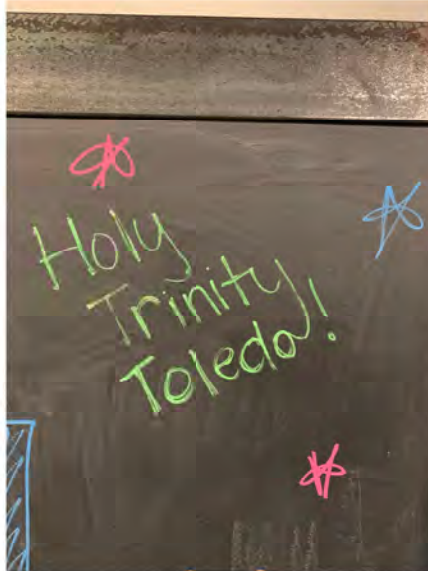
March 2025

Dear Parents,

A Blessed March!

I pray this message finds you well. Lent is right around the corner and we are excited to begin the journey to Pascha with you. Watch your emails and text messages for upcoming events. Glory to God for all things and thank you for all that you do!

In Christ,  
Zachary Heller



### Important Dates:

#### GOYA:

- Mar. 9-GOYA Meeting
- Mar. 16-Oratorical Festival
- Mar. 22-Metropolis Lenten Retreat
- Mar. 30-Coffee Talk

#### Hope and Joy:

- Mar. 2-Lenten Retreat

#### Greek School

- Mar. 23-Independence Day Program

### Upcoming-April

#### GOYA:

- Apr. 13-GOYA Meeting
- Apr. 18-Holy Friday Lenten Retreat
- Apr. 27-Coffee Talk

#### Hope and Joy:

- Apr. 18-Lenten Retreat



**GOYA:** In February, our GOYAnS not only had their monthly coffee talk, but they participated in their first movie night!! We enjoyed *The Social Network* and talked about how the film represented social media relationships. They are looking forward to beginning Lent together and challenging themselves to grow in their faith!

**Hope and Joy:** Hope and Joy had a different type of gathering in February, where we integrated our new Greek School instructor, Sofia, into the lesson!. They also were taught how Christ sanctified Creation with His Baptism. Next, they will have a gathering on March 2nd!

**Sunday School:** Sunday School will soon begin preparing for the Oratorical Festival! More details will be coming, but please have your children prepared to participate.

**Greek School:** Dawn and Joyce Anagnos, along with Sofia Vasileiadou, continue their wonderful efforts of teaching the Greek language and culture to their intranational students! If you are interested in enrolling, please contact Dawn and Joyce at [dawn.avgi.anagnos@gmail.com](mailto:dawn.avgi.anagnos@gmail.com)

# March Happenings

## GOYA Olympics



## Greek Letters Program



## Food Pantry



## Hope and Joy



## Young at Heart



## Dinner and Discussion



## Souper Bowl



## Greek School



# Lenten Education Opportunities

## BEING PRESENT ON OUR LENTEN JOURNEY



Please Join Father Larry and Zach  
Wednesdays during Lent

Come and Journey with us through Great Lent

Presanctified Liturgy begins at 6pm  
Potluck and discussion to follow

March 12th Father Larry "What it means to be Present"

March 19th Zach "Being Present with prayer and worship"

March 26th Zach "Being present with fasting"

April 2nd Father Larry "Being present in alms giving"

April 9th Father Larry "Being present in repentance"



Morning Bible Study  
Will continue Tuesday 10 am  
during Lent



SAVE  
THE DATE!

## KEEP THE PATH

2025 GOYA LENTEN RETREAT  
GREEK ORTHODOX METROPOLIS OF DETROIT

WHERE: ST. GEORGE, BLOOMFIELD HILLS, MI

WHEN: SATURDAY, MARCH 22, 2025

REGISTRATION: INFORMATION FORTHCOMING

✉ Questions? [youth@detroit.goarch.org](mailto:youth@detroit.goarch.org)



REGISTER TODAY!

## THE PROPHET JONAH:

A CALL TO TRANSFORMATION

2025 Young Adult Lenten Retreat

SCHEDULE:

11:00 AM-CHECK IN

11:30 AM-SESSION 1: FATHER MARK SIETSEMA

12:30 PM-ICEBREAKERS

1:00 PM-LUNCH

2:00 PM-SESSION 2: FATHER LARRY LEGAKIS

3:00 PM-SESSION 3: FATHER MARK SIETSEMA

4:15 PM-VESPERS

MARCH 29, 2025

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REGISTRATION FEE: \$10



[tinyurl.com/2025petroillentenYA](http://tinyurl.com/2025petroillentenYA)

Questions? [ministryholyltrinitytoledo@gmail.com](mailto:ministryholyltrinitytoledo@gmail.com)

# Lenten Worship At The Cathedral

## Pan-Orthodox Toledo Lenten Services Schedule

### March

5 - Pre-sanctified Liturgy @ St. Elizabeth & Lenten potluck. 6:30pm.

9 - Lenten Vespers commemorating the Sunday of Orthodoxy @ St. Elias & Lenten potluck. 6pm.

16 - Lenten Vespers @ St. George & Lenten potluck. 6pm.

23 - Lenten Vespers @ Holy Trinity & Lenten potluck. 6pm.

30 - Lenten Vespers @ St. Elizabeth & Lenten potluck. 6pm.

FOR MORE INFORMATION: PAN ORTHODOX  
TOLEDO ON FACEBOOK

## Lenten Worship At The Cathedral

**Each Monday in Lent**

**Great Compline 6 pm**

**Each Wednesday in Lent**

**Pre-Sanctified Liturgy 6 pm**

**Each Friday in Lent**

**Confession 6 pm Salutations 7 pm**



**LENTEN PSALM  
GROUP**  
*Holy Trinity*

**40 DAY PSALM  
READING  
CHALLENGE**

Please contact Pres. Jenny by March 2nd  
jlegakis75@gmail.com

A poster for the Lenten Psalm Group. The top half features a silhouette of a cross hanging from a chain against a bright sunset sky. The text is centered and includes the group name, the challenge details, and contact information. Small decorative crosses are scattered at the bottom.



# Holy Trinity Cathedral Philoptochos Lenten Retreat & Service Project “Peace & Repentence”

Saturday, March 15, 2025

For our Lenten Service Project this year we will be partnering with our friends from and donating baby items to four of our neighbors in need!



Neighbors means community.

Everyone is welcome to this **FREE** event!

## Lenten Retreat Program:

9:30 a.m. – 10:00 a.m.	Registration/Light Refreshments
10:00 a.m. – 10:15 a.m.	Lenten Retreat Service
10:30 a.m. – 11:00 a.m.	Guest Speaker: <ul style="list-style-type: none"> <li>• Presbytera Jennifer Legakis</li> </ul>
11:00 a.m. – 11:45 a.m.	Small Group Discussion on Presentation
12:00 p.m. – 1:15 p.m.	Lenten Luncheon <ul style="list-style-type: none"> <li>• Norf-End Neighbors Mission</li> <li>• Presentation of Gifts</li> </ul>
1:15 p.m. – 2:00 p.m.	Questions/Reflections/Dismissal

## Items Requested and Number Needed

Diapers – (4 of each size) <i>Newborn and Sizes 3 and 4</i>	Bottle Cleansers (4)	Mommy Journal (4)	First Aid Kit (4)
Walker (2)	Unscented Wipes (4)	Baby Oil (4)	Teething Rings (4)
Bathtub (3)	Bibs Various Sizes (4)	Washcloths (4)	Baby Wash (4)
Baby Gate (3)	Socks Various Sizes (4)	Baby-Proofing Set (4)	Diaper Rash Ointment (4)
Water Filter (3)	Blankets (4)	Bottles (4)	Booties (4)
Baby Monitors (2)			Onesies Various Sizes (4)
Baby Wash (4)			

To register please click on the following link:

<https://www.holytrinitytoledo.com/2025-lenten-retreat-signup/>



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